



The National Federation of Business & Professional Women's Clubs, Inc.

September 2017
Newsletter

In This Issue

Upcoming Events	1
About NFBPWC	2
Green News: I'm Curious by Laurie Dameron	3
Advocacy News by Linda Wilson	4
Advocacy News by Sharon Simmons	5
United Nations Corner by Elizabeth Vanarden	6
BPW International Congress Meet Our Keynote Speaker	6
Happy 87th BPW Day: Showing our #BPWPrice	7
NFBPWC South Florida Chapter	8

Upcoming Events

XXIX BPW International Congress

23-27 October 2017 | Mena House Hotel in Cairo, Egypt
The International Federation of Business and Professional Women International or "BPW International", will held its 29th BPW International Congress at Mena House Hotel in Cairo, Egypt on 23-27 October 2017.

Register here: <http://cairocongress.bpw-international.org/>

The Congress theme is "Making a Difference through Leadership and Action"

This Congress will gather business and professional women from 110 member countries of BPW to attend this Congress. Leaders from various sectors world-wide world are invite to be speakers at this Congress.

See [Announcement](#) announcing the Keynote Speaker.

NFBPWC 2018 General Assembly

20 July 2018 | Orlando, Florida

XXX BPW International Congress

21 August 2020 | [Hilton Buena Vista Hotel](#), Orlando, Florida

About NFBPWC

Develops the business, professional and leadership potential of women.

Our Mission

The National Federation of Business and Professional Women's clubs (NFBPWC) develops the business, professional and leadership potential of women on all levels through education, advocacy, networking, mentoring, skill building and economic empowerment programs and projects.

The National Federation of Business and Professional Women's Clubs (NFBPWC) of the United States of America is an affiliate of the International Federation of Business and Professional Women, which spans across five regions and over 110 countries of the world. In 2017 we celebrated 98 years of empowering women through our mission which is to develop the business, professional and leadership potential of women on all levels through education, advocacy, mentoring, networking, skill building and economic empowerment programs and projects.



President Elizabeth Benham

Contacting your NFBPWC Executive Committee:

Elizabeth Benham, President
Megan Shellman, VP Membership
Linda Wilson, VP Advocacy
Sandra Thompson, Secretary
Gloria Flores, Treasurer

president@epw-usa.org
membership@epw-usa.org
advocacy@epw-usa.org
secretary@epw-usa.org
treasurer@epw-usa.org

Advocacy - Linda Wilson,
Business - Manjul Batra
Bylaws and Resolutions - Sandra Thompson
Environment - Laurie Dameron
Finance - Gloria Flores, El Paso
Health - Maria DeSousa
International Liaison - Bessie Hironimus
Membership - Megan Shellman
PR and Social Media - Chanel Heerman
United Nations - Elizabeth Vanardenne
Young EPW - Sarah Matthews

advocacy@epw-usa.org
manjulm@aol.com
info@epw-usa.org
ldameron@bpwcolorado.org
treasurer@epw-usa.org
mcdesousa1@gmail.com
bessie.hironimus@bpw-international.org
membership@epw-usa.org
chanelh@gmail.com
evanarden27@gmail.com
smatthews0580@gmail.com

By: Laurie Dameron, BPW Boulder Member
Chair of BPW Colorado Environment and
Sustainable Development Committee
Chair NFBPW Environmental and Sustainable Development
Committee
USA Representative for the International Environmental and
Sustainable Development Committee

Green News: I'm Curious

I'm Curious!

I don't profess to be a writer. When I started doing these "Green News" articles in 2010, my intention was and is always to help creatures, the planet and us humans. Also I have a curious mind and enjoy doing the research and learning things in the process!

For example, on my recent road trip to Michigan and back, I saw a really long train. And it was carrying coal. I thought to myself, "There's a soon-to-be ancient method for creating energy." Have you ever wondered how long a train can be and how powerful those locomotives are to be able to pull them? It depends on many factors: weight, grade and speed, for instance. I learned the average train is 6,600 feet, which is equal to 1.25 miles. That's over 100 rail cars and requires at least two locomotives. Trains can be two to three times that long!

One rail car of coal can power 21 homes for a year. Trains transport enough coal per year to power 78 percent of homes in the U.S.A.

If you've done a road trip in the last several years, have you been curious about the lack of bugs hitting the windshield? I remember in the 1990s, I had to scrub the windshield every time I'd stop for gas! Could it be pesticides? They were using them back in the 80's and 90's. Aerodynamics? Climate Change?

I could not find a concrete answer! But here's a link to an informative article:

<http://www.sciencemag.org/news/2017/05/where-have-all-insects-gone>

Neonicotinoid pesticides, already implicated in the widespread crash of bee populations, are another prime suspect. Birds are on a decline because of their disappearing food. Consider that everything in nature is connected!

As I drove through Iowa I became very curious of some wind farms that were built right into cornfields and wondered how much money the farmers get paid for leasing the energy companies space. Initially they are paid a price per acre, but after the turbines begin producing energy they are paid a portion of how much electricity is made which is generally around \$4000 - \$8000 per year per turbine. This could be a whole other article.

Of course I was curious when everywhere I gassed up or stopped at a rest area there were no recycle bins. I'm glad I caught myself starting

to throw my food scraps, yogurt containers, and other recyclables in the trash, and instead made a mini

zero-waste station in my car to dispose of properly upon getting back home to Boulder, Colorado.

On the way home I passed a big dairy farm. I noted the huge structure covering the space and the tiny little compartments that each of the hundreds of cows were cramped into. Some of those cows are stuck in those tiny spaces 24 hours a day hooked up to the automated milking machines! I have cut down on dairy a lot over the last several years, but now I think I should stop completely; my friend suggested finding a local farm that has kinder practices!

Speaking of local farms, I also considered how hard farmers work to put the food on our tables.

As I neared Boulder, I listened in to a couple of videos for the Local Food Summit. (You can learn about this great event at <http://www.thelocalfoodsummit.com/>). Something about earthworms caught my curiosity. On industrial farms, frequent tilling of the land cuts up worms and disrupts their colonies. Also, manures and acidic soils harm the worms, which are very important in nourishing soil. This is yet another reason to buy local.

I also heard that vitamins in produce are depleted after 14 days. The food we buy at our average grocery is often older than that. Some orange juice is stored in million-gallon tanks for up to a year before it's bottled and sent to grocery stores! Pasteurized milk typically arrives at the grocery within 48 hours, but depending on the state rules it can sit there from 12 to 21 days. Spinach begins to lose its vitamins in 48 hours.

I viewed a presentation by Chef Daniel Asher. He was very passionate as he described how 40 percent of the food we produce in the U.S.A. is wasted, and no one should go hungry in America! Chef Daniel is the chef at the new River and Woods in Boulder where I am providing music the second Thursdays of the month. Find out more at <http://riverandwoodsdenver.com/> and come on out Thursday September 14th between 6 and 8 p.m. for some delicious Farm to Table cuisine and tasty tunes!

YOU ARE A PART OF THE SOLUTION!!!

To sign up for Laurie's monthly music and "Green News," write to WindchimeL@aol.com

Or visit www.LaurieDameron.com

Please visit and LIKE

<https://www.facebook.com/WhatCanIDoSpaceshipEarth>

Advocacy News from NFBPWC 2nd Vice President, Linda Wilson

By: Linda Wilson
NFBPWC, 2nd Vice President of Advocacy

Equal Rights Amendment (ERA)

NFBPW supports the Alice Paul's Equal Rights Amendment, which states "Section 1: Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex. Section 2: The Congress shall have the power to enforce, by appropriate legislation, the provisions of this article. Section 3: This amendment shall take effect two years after the date of ratification." It is the number one item on the NFBPWC's Advocacy Platform. It seems the best shot that we have to make the ratification happen is to get two more States to ratify ERA and to have Congress remove the deadline on passage of ERA. On March 22, 2017, 45 years to the day after Congress passed the ERA, Nevada became the 36th State to ratify it so we have two more States to go. What can NFBPWC do to help get ERA ratified in North Carolina, Florida and Illinois? We have Clubs in those States. We also have a Club starting up in Atlanta, Georgia. September 17th is Constitution Day. Wouldn't it be nice if the ERA were part of the Constitution? Kamala Lopez, the moderator and producer of the film EQUAL MEANS EQUAL plans to have the film shown in colleges around the country and especially in North Carolina during the Constitution Week. Can we help make these showings possible?

Business & Professional Women of Colorado showed EQUAL MEANS EQUAL on Sunday, August 27th, and sold 55 tickets. Ladies from the community and Zonta joined, as far away as Cheyenne, Wyoming!

Remember what Margaret Mead said, "Never doubt that a small group of thoughtful, committed, citizens can change the world. It is the only thing that ever has." So let's do it so we can celebrate the passage of ERA on the 100th anniversary of women getting the right to vote – August 26, 2020 and make it Women's Equality Day.

There is nothing new on HJ Res. 53 Speier (CA-D) and SJ Res.5 Cardin (MD-D), which would remove the deadline for ratification of the Equal Rights Amendment except that other organizations want everyone to call Representative Steve King for the House Subcommittee on the Constitution and Civil Justice (202) 225-4426 and Senator Chuck Grassley for the Senate Judiciary Committee (202) 224-3744 or visit them in their offices to urge them to have hearings on the bills.

CEDAW

Sharon Simmons, President of Boulder BPW, has a tool kit to help other Clubs and Cities pass resolutions and ordinances in support of CEDAW. If you would like a copy of the tool kit, contact Sharon at [SSimmons@BPWColorado.org](mailto:ssimmons@BPWColorado.org). The Presidents of the Federations and Affiliates received this information and additional materials on CEDAW via an E-mail from NFBPWC Secretary Sandy Thompson.



EQUAL PAY

There is nothing further to report on HR 2418 Pay Equity for All Act which was introduced by Representatives Eleanor Holmes Norton (D-DC), Rosa DeLauro (D-CT), Jerrold Nadler (D-NY), and Jackie Speier (D-CA). This Act would prohibit employers from asking job applicants for their salary history before making a job or salary offer. It still has thirteen co-sponsors – all Democrats. For anything to happen with this bill, it needs to have more co-sponsors and a hearing. It has been referred to the Health, Education and Workforce Committee. Massachusetts, New York City, San Francisco and Philadelphia passed similar bills during the past year.

Paycheck Fairness Act HR1869 would make it mandatory for employers to show the reason behind any pay differences and how they are not based on gender. The bill would also keep employers from punishing employees for seeking equal pay. It has 198 co-sponsors – 197 Democrats and 1 Republican. The Senate version S.819 has 43 co-sponsors – 42 Democrats and 1 Independent.



The Institute for Women's Public Policy Research estimates that, "it will take until 2059 for women to finally reach equal pay (2056 for White women, 2124 for Black women and 2248 for Hispanic women). Black women participate in the labor force at higher rates than White, Hispanic, Asian and Native American women with 62.2 percent of Black women in the workforce. With the support of unions, Black women earn 32 percent more than their nonunionized counterparts. Closing the gender wage gap would increase women's earnings and add billions of dollars in wage and salary income to each State's economy and \$512.6 billion to the national economy. Approximately 25.8 million children in the United States would benefit from the increased earnings of their mothers with equal pay."

WOMEN'S EQUALITY DAY

August 26th was Women's Equality Day." This is the day in 1920 when women finally got the right to vote because the 19th Amendment was certified as having been ratified. What did everyone do for this day? The members at the Fall Board meeting of the California Federation wore white to commemorate the suffragists. There also was a march of members into the meeting room with signs advocating the Equal Rights Amendment, Votes for Women, Pay Equity, etc. August 27th the Colorado Federation showed the film EQUAL MEANS EQUAL. This showing was followed by the short film EQUAL RIGHTS AMENDMENT: UNFINISHED BUSINESS FOR THE CONSTITUTION.

Clubs and affiliates let me (lindalwilson@juno.com) know what you are doing so it can be shared in eNews.

Advocacy News from BPW Colorado, 2nd Vice President, Sharon Simmons

By: Sharon Simmons
2nd Vice President of Advocacy for BPW Colorado (2016-2018)
President, BPW Boulder Chapter (2016-2018)



Status on CEDAW (Convention on the Elimination of All Forms of Discrimination Against Women)

City of Boulder, Colorado: We will bring forth our resolution/ordinance in the Fall of 2017; possibly send to Council in October for their decision.

City of Longmont, Colorado: Joann of HR and City Manager stated that they are on board, but too much going on due to SMUCKERS moving to Longmont. We are on the agenda for early 2018 to sign a document.

City of Westminster, Colorado: After the project was returned to my leadership, I contacted Shannon Bird; with Evie Hudak, of BPW Colorado, assisting. I re-sent all documents to Shannon and one other Council member. My inquiry was responded to, but nothing further lately.

The balance of the cities in Colorado are in the pipeline.

For up to date information on the status and our supporting organizations and companies, please visit our site at: www.CEDAW-Colorado.org. If you wish to add your company or organization to the supporting list, please email Sharon Simmons at: ssimmons@BPWColorado.org.

Other Advocacy platform items:

I attended kick-off campaigns for Mary Young and Sam Weaver of the City of Boulder, Colorado, and have invited them to our Vista Village Park BBQ on September 2, 2017, to discuss issues with women's rights and affordable housing. We also have Colorado State Representatives Evie Hooten and KC Becker stopping in for a bit to chat with us.

I spoke on a panel for GENDER EQUALITY for U.S. Representative Jared Polis. Deb Fisher and Karen McGee (both of BPW Colorado) attended the event. It went well. I did not get to talk to Jared, personally, as he left after the first of the three panel discussions. His assistant said that he had 9 events that day (August 23, 2017). However, we did receive some connections for possibly creating a BPW Fort Collins chapter while we were in town. Great venue at the brewery and we were told that they are very helpful with volunteer groups and non-profits.

Evie Hudak of BPW Colorado starts her Advocacy Chair meetings on September 5, 2017; probably at her home. We are in the process on how to get the word out very soon! She has been very busy. Having a ZOOM meeting is also a possibility. In December 2017, she will start the Bills for Women Subcommittee meetings, as well.

Jen Bancroft and BPW Boulder's Executive Committee and members are attending the Pride Fest in Boulder, Colorado, and have a sponsor table for education regarding BPW. On September 10, at the band shell on Canyon and Broadway, we are meeting for the parade at 10:30 a.m. ALL are welcome. We will be displaying our banner and will post pictures. We do need table help for the entire day. Jen had to commit for 8:00 a.m. to 7:00 p.m. and BPW Boulder paid for part of the table. So, if you are in the area and wish to help out, let me know.

I was on the National Federation of BPW Chapters call this month and, again, offered assistance with anyone who wants to talk to their city about Cities for CEDAW. I sent out the toolkit and annexes to the Secretary of NFBPWC on August 24 and it is being sent to the State Presidents for consideration. All are welcome to use it, with my help!

United Nations Corner



By: Elizabeth Vanarden
NFBPWC United Nations Liaison

The opening of the 72nd Session of the UN General Assembly will be on September 12. The ambassadors of the 193 Member States and the Permanent Observers of the Holy See and the State of Palestine will be in action on many, many items.

Keep in mind and watch the 17 SDG's, especially #5(Gender Equality) and #6(Clean Water and Sanitation). More detailed information will come next month.

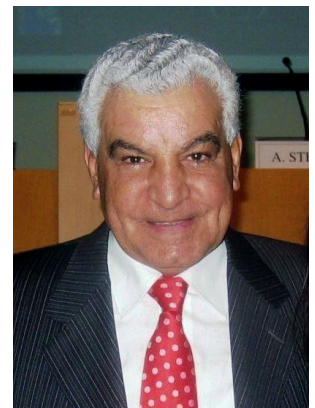
In line with the Secretary-General's pledge that the UN will put the rights and dignity of victims at the forefront of its prevention and response efforts, the S-G has appointed Jane Connors, an Australian law professional and long-time human rights advocate, as the FIRST United Nations advocate for the rights of victims of sexual exploitation and abuse. An important step forward.

29th BPW International Congress (Cairo, Egypt)

(Source: Facebook Post, 9/5/2017, BPW International)

Meet our Keynote Speaker....Dr. Zahi Hawass

Dr. Zahi is the Famous Egyptian archaeologist, an Egyptologist, and the first Minister of State for Antiquities Affairs of Egypt. He wrote numerous number of books about Ancient Egypt. One of his early award is for the restoration of the Sphinx. In 2006, he was chosen as one of the world's 100 most influential people by Time Magazines.



Just one more reason to attend the 29th BPW International Congress in Egypt!

Standard registration rate deadline of 10 Sept 2017 is approaching.
Register Now at: CairoCongress.bpw-international.org!!!

(Source: Facebook Post, 9/2/2017, The 29th BPW International Congress)

It is a great honour that the XXIX BPW International Congress is now under the Patronage of His Excellency Abdel Fattah Al Sisi, President of Arab Republic of Egypt

Participants from over 55 countries already register to attend this World Conference for Business and Professional Women in Cairo, Egypt on 23-27 October 2017.

Happy 87th BPW Day - Showing our #BPWPride Around the World (August 26, 2017)

NOTE: These photos were taken from the Facebook Private Photos.

BPW Korea



BPW Belgium



BPW Kyrenia



BPW Uganda



BPW Egypt

Photo credits to Rasha Shelbaya



NFBPWC - South Florida Chapter

Stands up for Women in Pompano Beach!

Pompano Beach, FL August 26, 2017

By: Leila Moavera, Vice President, NFBPWC Florida

Many members of the South Florida Chapter of the National Federation of Business and Professional Women's Clubs met on August 26, 2017 to Stand Up for Women. August 26 is Women's Equality Day. This is the day in 1920 that the 19th Amendment to the Constitution giving women the right to vote was finally ratified 72 years after the first major women's rights conference in Seneca, New York in 1848. This is the only place in the Constitution where women are mentioned.



According to the National Women's History Project, "The woman suffrage amendment was introduced for the first time to the United States Congress on January 10, 1878. It was re-submitted numerous times until finally in June 1919 the amendment received approval from both the House of Representatives and the Senate. Over the following year, the suffragists spent their time lobbying states in order to have the amendment ratified by the required two-thirds of the states. On August 24th, Tennessee, the final state needed for ratification, narrowly signed the approval by one vote. The vote belonged to Harry Burn, who heeded the words of his mother when she urged him to vote yes on suffrage. The U.S. Secretary of State Bainbridge Colby signed the amendment into law on August 26, 1920." The suffragists did more than regular lobbying to get the amendment passed in Congress. They demonstrated in front of the White House. They were arrested and went on hunger strikes. They were forced fed when they refused to eat. All this went into passing the Amendment so make sure you register to vote and vote. Do not give up the right that was fought for by these women and men.



Please send any Chapter or Committee News to Michele Guarino at: MGuarino@BPWColorado.org to be added to next month's newsletter.