Upcoming Events

Lifelong Leadership Monthly Webinars
“History and Benefits of BPW - 100 Years in One Hour”
6:00 PM Pacific | 7:00 PM Mountain | 8:00 PM Central | 9:00 PM Eastern
6 August 2019: REGISTRATION REQUIRED
https://zoom.us/meeting/register/b6b21d9b72e992807510d14dfea9e911

NFBPWC Board of Directors’ Meeting
17 September 2019
5:00 PM Pacific | 6:00 PM Mountain | 7:00 PM Central | 8:00 PM Eastern
Board reports are due September 1st to Marsha Riibner-Cady romarsci@gmail.com

National Women’s Day
August 9th (South Africa)
https://nationaltoday.com/national-womens-day/

World Humanitarian Day
August 19th (United Nations)
https://nationaltoday.com/world-humanitarian-day/

National Breastfeeding Month

National Eye Exam Month

Submission Deadline for the September eNewsletter is Friday, August 23rd at 5:00 pm Mountain Time
About NFBPWC

Develops the business, professional and leadership potential of women.

Our Mission
The National Federation of Business and Professional Women’s clubs (NFBPWC) develops the business, professional and leadership potential of women on all levels through education, advocacy, networking, mentoring, skill building and economic empowerment programs and projects.

Focus Issue
Elimination of Sexual Harassment and Sexual Abuse Against Working Women

The National Federation of Business and Professional Women’s Clubs (NFBPWC) of the United States of America is an affiliate of the International Federation of Business and Professional Women, which spans across five regions and over 110 countries of the world. In 2017 we celebrated 98 years of empowering women through our mission which is to develop the business, professional and leadership potential of women on all levels through education, advocacy, mentoring, networking, skill building and economic empowerment programs and projects.

Contacting your NFBPWC Executive Committee (2018-2020):

Sandy Thompson, President  president.bpw@nfbpwc.org
Megan Shellman, VP Membership  vpmembership@nfbpwc.org
Nancy Werner, VP Advocacy  vpadvocacy@nfbpwc.org
Marsha Ribner-Cady, Secretary  secretary.bpw@nfbpwc.org
Gloria Flores, Treasurer  treasurer.bpw@nfbpwc.org
Liz Benham, Immediate Past President

Standing Committees:
Membership, Megan Shellman, Colorado  vpmembership@nfbpwc.org
Advocacy, Nancy Werner, Pennsylvania  vpadvocacy@nfbpwc.org
United Nations, Elizabeth Vanardenne, Virtual  evanarden27@gmail.com
Environment, Laurie Dameron, Colorado  ldameron@bpwcolorado.org
Finance, Lourdes Reyna, Paso del Norte  lulureyna23@gmail.com
Health, Marion Waclhli, Pennsylvania  leomarion2@zoominternet.net
Mentoring Taskforce Chair, Titilola Adisa, Momentum  tytyadisa@yahoo.com
International Liaison, Bessie Hironimus, California  Bessie.hironimus@bpw-international.org
Leadership & Learning, Kathy Kelly, Colorado  kathy@ppiadvantage.com
Public Relations, Daneene Rusnak, Virtual  daneene1124@gmail.com
Young BPW Chair, Ashley Maria, California  ash@ashley-maria.com

Special Committees:
Military Affiliated Women, Barbara Bozeman, North Carolina  Barbara.bozeman@ymail.com
Newsletter, Michele Guarino, Colorado  michele@asecondoffice.com
Nominations, Manjul Batra  manjulm@aol.com

Taskforce:
Elimination of Sexual Harassment, Jackie Melvin  jamelvin@pacbell.net
Rapid Response – Linda Wilson  lindalwilson@juno.com
Greetings!

I hope you have all been having a lovely summer with time to spend with family and friends and doing lots of fun things.

DON’T FORGET you can still sign up for our Celebratory Cruise in November. Please see the website for full information. Hurray as rooms are going fast. We will have lots of fun, a brief meeting with a showing of Pioneers in Skirts and a gala dinner.

This month I will be off to Montreal, Canada to attend the North American and Caribbean Regional President’s meeting. I am looking forward to not only getting to get together with BPW Sisters from our region but visiting Montreal for the first time. I will report on the meeting next month.

Hopefully all of you are working on at least one of the United Nations Sustainable Goals listed later in this newsletter. Please send this officer your progress on your sustainable goal. Please include which goal you are working on, your efforts and your successes. Your successes will be shared with International.

On to our history – we officially celebrated 100 years of Women Helping Women on July 15th. What an amazing legacy we have and with all of your hard work we will continue to have for future generations. In the 1990s discussions on "comparable worth" are expanded to include enforcement and strengthening of existing Equal Pay legislation. The Pay Equity Employment Act of 1994, followed by the Equal Pay Act (introduced in 1994) and the Paycheck Fairness Act (introduced in 1997) became BPW’s focus legislation through the ‘90s.

Workplace equity issues including sexual harassment, the glass ceiling, health care reform, dependent care, tort reform, increasing the minimum wage, lifetime economic security and pay equity continued to be BPW’s targeted issues.

Social Security Reform became a front-burner issue for BPW in 1999 and continues to be an issue BPW follows closely. The wage gap contributes to a $200,000 loss in social security benefits to the average woman.

As you can see, we still have much work to do.

If you have not already done so, please consider contributing to the Rose Float. You can go to our website and contribute there.

Enjoy the rest of your summer!
Alyce Daly/Elizabeth “Liz” Benham Sisterhood Fund

Last year at our Biennial Conference we passed the Alyce Daly/Elizabeth “Liz” Benham Sisterhood Fund. The purpose of this fund is to provide funds to assist members in attending National and International Conferences. Since we will be having these conferences coming up next year, we would like to remind you that you make contribute to this fund at any time. Donations may be made to NFBPWC and sent to Treasurer Gloria Flores. Just mark your check for this fund. We want to make it possible for all members who would like to attend these conferences to be able to do so. So please support your BPW Sisters and make a contribution. Any amount would be of help.

Alyce Daly

Alyce Daly/Elizabeth “Liz” Benham Sisterhood Fund

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Alyce M. Daly was one of the pioneers in women’s rights for equal pay for equal work and past President of Brookhaven Business & Professional Women International (BPW). She considered one of her greatest accomplishments in her life helping one of her granddaughters become a doctor and showing the world that women can do anything that they put their minds to. Alyce passed at the age of 85 on August 27, 2016. (Source: https://www.bnl.gov/bera/activities/brea/PDFobit-names/Daly-Alyce.pdf)
NATIONAL FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN'S CLUB'S (NFBPWC) ADVOCACY PLATFORM 2018–2020

NFBPWC will employ several education, advocacy, monitoring and tracking strategies to meet the following priorities:

The Alice Paul Equal Rights Amendment shall stand first and foremost above all other items of the advocacy platform until Equal Rights have been guaranteed in the United States Constitution – i.e. “Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

**Economic Equity and Justice**
- Access to pay equity and retirement equity
- Access to education, training and promotional opportunities
- Access to equal opportunities in the workplace and corporate boards
- Access to women business enterprise procurement process
- Access to quality, affordable dependent care (child, elderly or disabled)
- Access to funding and capital for entrepreneurial activity
- Access to affordable and attainable housing

**Health Equity and Justice**
- Access to affordable care
- Reproductive choice
- Paid sick leave
- Family and medical leave
- Equal research funding for women’s and girl’s health issues
- Health education funding for women’s and girl’s health issues
- Health education funding for women and girls
- Prevention of pregnancy and infant care discrimination in the workplace (reasonable accommodations for breast feeding/breast pumping and pregnancy related conditions)
- Ensure workplace safety
- Expansion of mental health coverage and services

**Human Rights** – recognition that women’s rights are human rights
- Ratification of the Equal Rights Amendment (ERA)
- Passage of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)
- Eradicate Domestic Violence and the Electronic and Physical stalking, sexual harassment, sexual abuse and discrimination
- Oppose human trafficking, sexual exploitation and slavery
- Equal education opportunity
- Support equal rights for LGBTQ+ persons
- Support equal treatment of and end discrimination against minority women
- Support policies and practices that promote environmental sustainability
- Support the endeavors of and improve conditions for military-affiliated women
Membership News

By: Megan Shellman
1st Vice President of Membership, NFBPW

Momentum Club:

The National Federation Business and Professional Women's Momentum Club (NFBPW Momentum Club) is a closed group that operates as a platform from which new BPW clubs/chapters, affiliates, and federations will launch. Current members of NFBPW who wish to help open a new club or want to connect and support membership growth are welcome to attend. Individuals who would like to start a club in their area are welcome to attend and are invited to join the NFBPW Momentum Club.

Learn more about the Momentum Club and help us grow and thrive by attending the next meeting. Topics for the Momentum Club meetings are designed to help the members start their own club and continue the growth of this vibrant organization. Find and register for the next meeting at: https://www.nfbpwc.org/events.

NFBPW Virtual:

We welcome all members and individuals to participate in this club and to learn more about growing our organization. If you do not have access to a local affiliation or federation, please consider starting a new club in your area or joining our NFBPW Virtual. The Virtual club meets monthly and provides a variety of incredible topics with dynamic speakers. (Membership dues to NFBPW Virtual start at $60 annually – January to December - for members not associated with another NFBPW organization.) Click here for more information: NFBPW Virtual.

Which NFBPW Benefit is most valuable to you?

As our organization continues to grow, we are often asked what value there is to be a part of NFBPW as a member. The $45 from your annual membership fee that goes to NFBPW provides you with many tangible and intangible benefits. From marketing opportunities and formal programs to friendships with women from all over the world, the advantages of being a member are immeasurable when you take advantage of what is offered.

Please email Megan Shellman, 1st VP of Membership, with any questions about the opportunities available to all members and share with us which membership opportunity holds the most value to you: mshellman@bpwcolorado.org.

NFBPW members can support their business and professions by utilizing the following benefits:

- Grow through NFBPW’s formal Leadership and Learning Program.
- Share your successes on the NFBPW Showcase: https://www.nfbpwc.org/Our-Showcase.
- The Business Network, https://www.nfbpwc.org/Business-Network, to market business and professional services in a public area of the website. Discover an international platform of intercultural understanding, languages and travel while establishing connections with women around the world.
- Partake in business opportunities for partnering and procurement, nationally and globally through BPW.
- Member Spotlight in the newsletter, e-alerts, website, and social media platforms (Email mshellman@bpwcolorado.org to apply for this opportunity.)
- Formal Mentoring Program for mentees and mentors.
Are you passionate about women’s issues? You can participate and explore benefits only available to members:

- Private discussion forums on issues relating to women hosted on the website.
- Members’ only information related to NFBPWC and women’s issues.
- Private Membership Directory supporting members and their organizations.
- Participate in the United Nations System worldwide through CSW and other programs annually.
- Annual Ms. Magazine subscription.
- Advocate for women’s issues on a national and international level and cultivate worldwide friendships in one of the original women’s networking organizations!

FROM THE DESK OF THE SECRETARY

By: Marsha Riibner-Cady
Secretary, NFBPWC 2018-2020

Do you need help with your profile on the website? I am delighted to help you update your look. Please contact me at romarsci@gmail.com.

When your club elects its new officers for the 2019-20 BPW year, please send me the list with emails so that I can update our records.

There are no interim actions to report at this time.

Our next Board of Director’s meeting is September 17, 2019 at 5:00PM Pacific Time /6:00 Mountain Time/7:00 PM Central/8:00 PM – (US/Eastern)

Call in information will be available on the nfbpwc.org website. All board reports are due by September 1, 2019 to Marsha Riibner-Cady at romarsci@gmail.com

Looking forward to “seeing” you soon!
Member Spotlight – Barbara Bozeman

NFBPWC is proud to recognize Barbara Bozeman of NFBPWC North Carolina for the August Member Spotlight. Ms. Bozeman currently serves as the Chair of Military Affiliated Women for NFBPWC and joined her local BPW organization in 2011.

Born in Owego, New York, Barbara Bozeman was raised in Upstate New York and Rhode Island. Barbara entered the US Air Force in April of 1989. For twenty years and twenty-two days, Barbara served her country as an Aircrew Life Support specialist. Along with taking care of safety and survival equipment for flyers, she provided survival training to flyers, and trained over 1,000 new members of her career field.

She is a recipient of two Meritorious Service Medals, multiple commendations and was honored as the top member of her career field by receiving the Aircrew Life Support Airman of the Year Award. Barbara retired from the United States Air Force at the rank of Master Sergeant in 2009.

Barbara Bozeman is the chief photographer and owner of Sights & Hounds Photography, which she began after retiring from a career in the US Air Force.

Barbara’s relationship with the BPW began at the tender age of 46, while she was a Junior at Mount Olive College. The mentor of her Ethics Team was a long-time member and brought Barbara to her first meeting in Mount Olive, North Carolina. Since that time, Barbara has served as a Vice President and President at the local level, and on the state level, she has served as chair of Women Joining Forces, Editor of the Tar Heel Woman Magazine, and State Vice President. Barbara and as the President of the North Carolina Federation of Business & Professional Women’s Clubs. NFBPWC is grateful that she is currently serving our organization in a leadership position as the Chair of Military Affiliated Women.

Living in Goldsboro, North Carolina since 2000, She is never one to sit still for too long. In addition to her activities with her business and with the BPW. Barbara is an avid crafter and enjoys travelling. In the past few years, she has achieved a number of her professional and personal goals, to include photographing the covers for two magazines, as well purchasing a vintage 1974 Shasta camper, which she uses for both work and leisure. The latter purchase brought her closer to another dream fulfilled. Barbara is a proud member of Sisters on the Fly (Sister #8523).

Please send a note of thanks to Barbara Bozeman at barbara.bozeman@ymail.com for all of her hard work and dedication to this organization and the success of women worldwide.
*Please share your success stories with our members. To be in a future NFBPWC Member Spotlight, please email Megan Shellman at mshellman@bwpcolorado.org.

Advocacy News by Nancy Werner

By: Nancy Werner, NFBPWC, 2nd Vice President of Advocacy

Advocacy - Equal Rights Amendment. WE, NFBPWC, WERE THERE! Yes, the very first Equal Rights Amendment Day was held on June 30, 2019 at the Alice Paul Home in Mt. Laurel, New Jersey. It is the day in history of June 30, 1982 that the ERA failed to ratify.

Ginny Bailey and I, Nancy Werner, took the short trip from Montgomery County, PA across the Delaware River. We were welcomed by Lucy Beard, the Director of the Alice Paul House, and her many staff members. We were given a spot on the wrap around porch and enjoyed every minute of greeting and meeting the many visitors and vendors who came to share their work on helping to get the ERA passed. We were most proud to be able to distribute the NFBPWC brochures and NFBPWC bookmarks. We also brought packets on the 75 Suffragists that helped women attain the right to vote. There were over 150 people in attendance with over 50% never visiting Paulsdale. The event raised over $3,000 to support our continued ERA advocacy and educational efforts.

The highlight of the day was the panel discussion that spoke to the audience. We heard from Linda Wharton, J.D. of Stockton University, Bettina Hager of the ERA Coalition, Laura Dunn, Esq., of SurvJustice and Roberta Francis, long time ERA activist. They each presented what they believe has and will happen with the Equal Rights Amendment in the coming months. The one sentence- "Equality of rights under the law shall not be denied or abridged by the United States or any State on account of sex" needs to be placed into our Constitution. While most states have laws prohibiting discrimination of any kind based on sex, proponents of the ERA say laws can be reversed or eliminated. Having a Constitutional Amendment would cement those rights.

There were over 15 organizations present that are working for the rights of women and girls and voters. Ginny and I were most proud that we were there representing the NFBPWC.

But our story does not end there with this visit. Just yesterday, July 25 from 9:30 a.m. to 10:30 a.m. there was a briefing on the Equal Rights Amendment Deadline Removal in the Russell Senate Office Building. Senator Cardin and Senator Murkowski were presenting their bill
(SJRes 6) to remove the deadline on the Equal Rights Amendment. Carol Jenkins of the ERA Coalition moderated a post briefing panel with Linda Coberly of the law firm Winston & Strawn and Virginia Delegate Carol Foy to discuss the urgency of the ERA ratification as both a legal tool and a statement of principle.

**LEADERSHIP & LEARNING COMMITTEE REPORT (INDIVIDUAL DEVELOPMENT PROGRAM OR IDP)**

By: Kathy Kelly  
Committee Chair, Leadership & Learning Committee, NFBPWC

In support of our Mission Statement, the Lifelong Leadership & Learning Committee is in the process of creating instructional modules (approximately 15 modules, 1-2 hours each) that will empower our members with knowledge, communication skills, leadership techniques, business etiquette, and confidence. The project is under the working title: Lifelong Leadership & Learning Program, or L3P.

Our first segment, Module 1: History and Benefits of BPW – 100 Years in One Hour (Local, National and International levels) is available for member use. We will also be offering this webinar every FIRST TUESDAY of the month and hope you will encourage your new members to join us. No cost, registration required.

The following Modules have completed Committee review and are also available for member use:

- Module 1: History and Benefits of BPW
- Module 2: Discovering your Strengths (DISC personality assessment)
- Module 3: Enhancing your Profile: Interpersonal and Transferable Skills for the Workplace
- Module 4: Taming your Tension: Creating Presentations
- Module 5: (in review) The Art of Public Speaking: Speeches and Presentations
- Module 6: Engage and Shine: Networking – A Skill for Life
- Module 7: Interviewing Skills

For more information or to receive the PPT and Facilitator’s Script, please contact the L3P Chair, Kathy Kelly, at kathy@ppiadvantage.com, Cell: 303-517-6399.

Be sure to check out the IFBPW Leadership Webinars beginning June 12: The History of BPW: Knowing our Roots. The webinars will be delivered via ZOOM and registration is required. You can find more information on Facebook: Leadership in BPW: Webinar Training Series.

**LIFELONG LEADERSHIP MONTHLY WEBINARS**

The Lifelong Leadership & Learning Committee is pleased to offer a regular monthly webinar, “History and Benefits of BPW – 100 Years in One Hour.” Check your calendars for the first Tuesday of every month. FREE to all members and guests. REGISTRATION IS REQUIRED.

AUGUST 6, 7 PM MDT: [https://zoom.us/meeting/register/b6b21d9b72e992807510d14dfea9e911](https://zoom.us/meeting/register/b6b21d9b72e992807510d14dfea9e911)

SEPT 3, 7 PM MDT: [https://zoom.us/meeting/register/a3d2054e9c7d931bd746f627e8486654](https://zoom.us/meeting/register/a3d2054e9c7d931bd746f627e8486654)
GREEN NEWS

By: Laurie Dameron, BPW Boulder Member
Chair BPW Colorado Environment and Sustainable Development Committee
Chair NFBPW Environmental and Sustainable Development Committee

Bugs on the Windshield

Interesting in this paragraph below, Pope Francis talks about bugs and microorganisms being important playing a role in this magical life. When I used to drive across the country, which I did several times through Nebraska, Iowa and Illinois to Michigan, every time I filled with gas I had to scrub the windshield of my car to get all the bugs off. I noted that in the summer of 2017, when I drove the same route, I hardly had any bugs to clean off! The Pope reminds us that all life is precious!

III. LOSS OF BIODIVERSITY

34. It may well disturb us to learn of the extinction of mammals or birds, since they are more visible. But the good functioning of ecosystems also requires fungi, algae, worms, insects, reptiles and an innumerable variety of microorganisms. Some less numerous species, although generally unseen, nonetheless play a critical role in maintaining the equilibrium of a particular place. Human beings must intervene when a geosystem reaches a critical state. But nowadays, such intervention in nature has become more and more frequent. As a consequence, serious problems arise, leading to further interventions; human activity becomes ubiquitous, with all the risks which this entails. Often a vicious circle results, as human intervention to resolve a problem further aggravates the situation. For example, many birds and insects which disappear due to synthetic agrotoxins are helpful for agriculture: their disappearance will have to be compensated for by yet other techniques which may well prove harmful. We must be grateful for the praiseworthy efforts being made by scientists and engineers dedicated to finding solutions to man-made problems. But a sober look at our world shows that the degree of human intervention, often in the service of business interests and consumerism, is actually making our earth less rich and beautiful, ever more limited and grey, even as technological advances and consumer goods continue to abound limitlessly. We seem to think that we can substitute an irreplaceable and irretrievable beauty with something which we have created ourselves.

Read the entire encyclical: POPE FRANCIS  https://laudatosi.com/watch

YOU ARE A PART OF THE SOLUTION!!!
To sign up for Laurie’s monthly music and “Green News,”
write to WindchimeL@aol.com
Or visit www.LaurieDameron.com
Please visit and LIKE
https://www.facebook.com/WhatCanIDoSpaceshipEarth

HEALTH COMMITTEE REPORT BY MARION WAELSCHLI

By: Marion Waelschli
NFBPW Health Committee Chair

Food safety: always rinse "pre-wash" fruit and veggies. Cutting and peeling unwashed produce can transfer germs. Freezing food last forever, no, it will pick strange flavor, and lowers the quality of the food. Cheese: if it's moldy, even cutting off the mold there may be toxins through the rest of the cheese.

Chicken: don't rinse chicken before cooking; may cause cross-contamination. Be ever vigilant, especially in hot weather but all the time.
You're kidding, right?

I guess I came late to the party. I had not heard of the “Billy Graham rule” though I was alive and kicking during much of his lifetime, more than six decades as one of the nation’s most prominent Christian evangelists, and certainly during his prominence, as pastor to presidents. I understand the BGR became rebranded the “Pence rule”, and that I had heard of, but just wrote it off as Mr. Peculiar.

The Billy Graham Rule [BGR] is that a man should never be alone in a room with a woman who was not his wife.

You've got to be kidding...right?

In February of 2018, an online survey on the effects of #MeToo by LeanIn, an organization spearheaded by Facebook’s CEO Sheryl Sandberg, found that “60% of male managers said they were uncomfortable mentoring, socializing with or working alone with women in the workplace.” Bloomberg reported, after interviewing more than 30 senior executives in 2018 that many men across Wall Street have adopted the controversial strategy. “Women are grasping for ideas on how to deal with it, because it is affecting our careers,” says Karen Elinski, senior VP at Wells, Fargo & Co.

And, allegedly, as a result, the BGR or the Pence rule, has informally seeped into workplace culture, so says Suhauna Hussain, July 15, 2019, L.A. Times. Mississippi state rep Robert Foster, who is running for governor, refused to allow a female reporter on a campaign trip – unless a male reporter came along – citing BGR.

You're not kidding, right? And so we advance toward the Stone Age.

Kim Elsesser, in her book Sex and the Office: Women, Men, and the Sex Partition That’s Dividing the Workplace focuses on gender issues in the workplace. The “sex partition” is her term for invisible barriers between men and women at work.

“Research”, she notes, “suggests that the more powerful networks one has, the more one has the opportunity to advance in his or her career. If women don’t have the same access to one-on-one interactions with superiors, they are less likely to be assigned an important task or receive a promotion when opportunities arise.”

“If women don’t have access to those same leaders they’re not going to have the same opportunities at work...It is sexism – it is discrimination if you allow access to someone because of their gender or deny access to someone because of their gender.”

“Moreover,” notes Anita Raj, director of U.C. San Diego’s Center of Gender Equity and Health, “sexual harassment in the workplace doesn’t require closed doors to take place. Solutions that serve to isolate
women from men don’t address the root cause of sexual harassment in the workplace. Someone who is going to sexually harass is going to do so regardless. Only changing the culture and increasing accountability are going to fix it.” [Emphasis is mine.]

Professor Sara Moslener of Central Michigan University in her essay for Religion Dispatches states “The Billy Graham rule functions primarily in service to a man’s own reputation, thinly veiled by a condescending veneer of chivalry. What Graham, Pence and their ilk fail to understand is that neither women nor sexual desire are the problem; the problem is the abuse of male power. It’s easier to claim that sexual desire is inherently dangerous than to hold powerful men accountable.”

[Do you recall that old movie “When Harry Met Sally” with the premise that men and women could not be friends? That’s the one where Carl Reiner’s mother said “I’ll have what she’s having.” Hahaha. Check it out on On Demand, youngsters.]

I favor the Letter to the Editor writer who reacted “These men who profess to follow the BGR know themselves better than I do, but do they really believe all women are that duplicitous or they are so studly that women cannot keep their hands off them?” Amen to that.
By: Rosemary Enzer, President, NFBPWC California

Summer has been a time for planning for the California Federation. Districts and clubs have held social events, as well as including planning sessions for fall meetings.

The California Federation Fall Board meeting will be held in Sacramento on September 14-15 and will feature the authors of a new book, Paving the Way: Women’s Struggle for Political Equality in California, as the luncheon speakers. The meeting agenda will also include training sessions and updates on goals set for 2019-2020.

Southern California will be the location of the second Day of Issues, Awards, and Expo, sponsored by Valley Sunset District BPW. The agenda includes speakers on women’s issues, along with the District and clubs’ 2019 Women of Achievement. Vendors and non-profits are invited to have tables at the event.

The Federation, districts, clubs and individual members are contributing funds for the 2020 Rose Parade float, celebrating the 100th anniversary of the 19th Amendment. Women all over the United States are encouraged to donate. This is a wonderful opportunity to honor the women who won our right to vote!

And, finally, HAPPY 100TH BIRTHDAY TO THE NATIONAL FEDERATION OF BUSINESS ANDS PROFESSIONAL WOMEN’S CLUBS! May we continue to growth in membership and in strength!
NFBPWC COLORADO FEDERATION

Executive Committee 2019-2020:

Kathryn Wallace  President
Evie Hudak  Vice-President of Advocacy
Cheryl Rotkovich  Treasurer
Teresa McEldowney  Secretary
Deborah Fischer  Immediate Past President

For more information about this club, go to:  https://www.BPWColorado.org

By:  Kathryn Wallace, President, NFBPWC Colorado (2019-2020)
president@BPWColorado.org

NFBPWC FLORIDA

Interim Executive Committee 2018-2019:

Liz Benham  Interim President
Colleen Kelly  Interim Treasurer
Lynne Hale  Secretary
Patty Harris  VP of Membership
Dawne Richards  Interim Vice President of Advocacy

For more information about this club, go to:  https://www.nfbpwc.org/Florida

By:  Liz Benham

NFBPWC - South Florida members enjoyed a Sunset Garden Party as our summer social on July 19th, 2019.

Wonderful food and fun enjoyed by all. Summer is happy times!!
We will return to regular meetings August 21st and our annual Membership Drive on September 9th, 2019

**NFBPWC La Grange–Chicago**

**Executive Committee 2019-2020:**

Kathleen Ray  
President  
Barbara Yong  
Vice President  
Barbara Miller  
Secretary  
Mary Lou Lowery  
Treasurer

For more information about this club, go to: [https://www.nfbpwc.org/LaGrange-Chicago](https://www.nfbpwc.org/LaGrange-Chicago)

**NFBPWC New York City**

**Executive Committee:**

Francesca Burack  
President  
Harriet Friedlander  
Vice-President of Membership  
Julia Forman  
Secretary  
Isabella Hutchinson  
Young NFBPWC  
Michelle Kawka  
Webmistress

For more information about this club, go to: [www.NFBPWC-NYC.org](http://www.nfbpwc.org)
Executive Committee 2018-2019:

Marsha Riibner-Cady       President
Barbara Bozeman           NBPWC-NC Momentum Club Liaison
Lea-Ann Berst             NFBPWC-NC Webpage Master and Facebook page

For more information about this club, go to: https://www.nfbpwc.org/NorthCarolina

By: Marsha Riibner-Cady, President, NFBPWC North Carolina

Our new Chatham county chapter purchased Red Totes (See picture to the Right). They are talking about equal pay and raising money by selling the totes for their high school scholarship fund. They are selling the bags at their meetings and plan a Facebook and Instagram roll out in September. To learn more about the Chatham County Club, go to www.chathamcountybpw.com.

We anticipate several new members in the next month. Until then we hope everyone enjoys their summer. Stay safe in the heat and drink plenty of water!

Welcome Chatham County Chapter!

Officers:
Jean MacDonald       President
Pamela Keene         Vice President
Angela Demuinck      VP of Membership Co-Chair
Wendy Tomblin        VP of Membership Co-Chair
Faith Nager          Treasurer
Barbara Millikan     Secretary
Marie Pierce         Legislative
Maria Wright         Social Media Marketing
Hillary Graves       Photographer
Pennsylvania Affiliate Chapter

Executive Committee:

Nancy Werner  President
Cathy Collins  Vice-President
Marion Waelchli  Recording Secretary
Nancy Thomas  Treasurer
Laura Whetstone  Parliamentarian
Cathy Collins  Membership
Lilly Gioia  Advocacy/Public Policy

For more information about this club, go to:  https://www.nfbpwc.org/Pennsylvania

By:  Nancy Werner
President, NFBPWC Pennsylvania

The Pennsylvania Affiliate Chapter of the NFBPWC is proud to report the following for the month.

• We are presently 16 members.
• As reported previously, we honored Lena Madison Phillips at our June State Convention with a dedicated table to her life. (Below are some creative photos from the PA BPW Foundation Gala.)

• Ginny Baily and myself participated in the First ever ERA Day at the famous Alice Paul House on Sunday, June 30. (See the Advocacy Report)

• Our Annual Meeting will be held on August 9, 2019 in conjunction with the Summer Board of the BPW/PA.

• The plans to visit the Alice Paul House on September 7 and 8, 2019 are all in place and we are waiting for reservations to arrive during the next 3 weeks. We are limited to 100 people but we are excited for this opportunity to bring focus on the Suffragist Movement.

• We are planning a lottery fundraiser for the month of October. We will be using the PA evening lottery number and our tickets will have 4 numbers.

• We have two members planning to board the 100th Anniversary NFBPWC Cruise Ship on November 2. Denice Robinson, and myself, can’t wait to take our very first cruise and meet BPW members across the nation and perhaps some International members.

• We are busy as always as “Women Helping Women.”

First row: Ginny Bailey, Nancy Thomas, Nancy Werner, Marion Waelchli;
Second row: Diane Lewis, Cathy Collins, Emily Holgash, Laura Whetstone, Susan Vladika
We were gathering for the Saturday Night Banquet and had a group photo taken. Missing is Denise Robinson. She was the Installing Officer that evening and was very busy.

Catherine (Cathy) Collins was named 2019 BPW/PA Woman of the Year

Catherine (Cathy) Collins was named 2019 BPW/PA Woman of the Year at the June 2019 BPW/PA Convention. Cathy was awarded this honor by the Pennsylvania Federation of Business and Professional Women’s Clubs, Inc., in recognition of her contribution to the advancement of the objectives and ideals of the Pennsylvania Federation. Ms. Collins is currently the Vice-President of the Pennsylvania Affiliate Chapter of the NFBPWC.

Ms. Collins has been an active member of the Cresson BPW, District 5, since 1978. She has served in numerous capacities on the local, district, and state levels. At the local level she has served as President as well as other offices and has chaired many committees.

Cathy is currently serving as District 5 Director (2018-20), and previously served in many capacities at the District level to include District 5 Director (1991-93 and 2014-15), as well as Assistant Director and District Recording Secretary. She has also served as District Parliamentarian on numerous occasions over the past years. Ms. Collins recently served as District 5 ID Chair and conducted District IDP Courses (with two other facilitators) on October 29, 2016, and February 24, 2018.

At the state level Cathy served as BPW/PA State President (1997-98), as well as State President Elect and Vice President. She recently served as BPW/PA Parliamentarian (2015-2016 and 2016-2017). She was the 1983 BPW/PA Young Careerist winner and 1984 BPW/PA ID winner.

She completed ID training and train the trainers training (most recently completed the train the trainers training in November 2013). Other service has included serving on the BPW/PA District Restructuring Task Force and Membership Marketing Task Force. Additionally, she served as the 2015 BPW/PA Convention Chair.

Prior to the merging of BPW/USA with the National BPW Foundation, Cathy served as BPW/USA Finance Chair. She also served on the BPW/USA Membership and Foundation Committees. Throughout her BPW
career she has provided Leadership, ID, and other BPW related Workshops and training at the Local, District, State, and National levels.

Cathy was one of the Founding mothers of the PA BPW Foundation. In 2006 she served on a task force with R. Maureen Myers and Nancy Werner to develop a plan for establishing a PA BPW Foundation. She previously served two 3-year terms on the PA BPW Foundation Board of Directors (2007-2013) and again from 2014 – 2018. She served in all offices on the PA BPW Foundation Board during her 10 years of service to include Chair, Vice-Chair, Secretary, Treasurer, and Finance Chair. In June 2019, Ms. Collins was elected to serve on the PA BPW Foundation Board of Directors for an additional three-year term.

Ms. Collins is a retired Correctional Treatment Specialist from the Federal Bureau of Prisons. While employed for the Federal Bureau of Prisons in Loretto, PA, she also held the collateral duty of Federal Women’s Program Manager. In 2005, she was named Federal Program Woman of the Year.

Other employment included Director of the Cambria County Law Enforcement Assistance Program (4 years), Assistant Director of the Cambria County Employment and Training Program (3 ½ years), Coordinator/Trainer of the Pre-Employment Skills Program, Johnstown Affirmative Action (1 ½ years).

Previously, she was an Instructor of Administration of Justice, at Penn State Altoona Campus (part-time) and an Instructor of Criminal Justice and Sociology, at Saint Francis University, Loretto, PA (part-time)

Cathy’s educational background includes the following degrees:

- Behavioral Science (Sociology), BA, Saint Francis University, Loretto, PA
- Accounting, BS, Saint Francis University, Loretto, PA
- Criminal Justice, MA, Indiana University, Indiana, PA

Ms. Collins is also a member of the Saint Francis University Alumni Association and is a member of the Cresson American Legion Auxiliary.

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**NFBPWC El Paso Texas West**

**Executive Committee:**

- Rocío González  
  President
- Minerva Villareal  
  Vice President
- Virginia Chacón  
  Treasurer
- Laura Jurado  
  Secretary
- Gloria Flores  
  Past President

El Paso West meets the second Tuesday of every month at 11:00 a.m. at member’s homes and sometimes at La Madeleine Restaurant.

Whether you are in the area and would like to attend, just contact Laura Jurado (El Paso West secretary) for the address at laurajuradoa@yahoo.com (don’t miss the ‘a’ after jurado). We’ll be delighted to see you!
NFBPWC HOUSTON

Executive Committee:

Paola Ferrari  President
Simin Banister  1st Vice President of Membership
Desyre Morgan  Vice President At Large
Sheryl Tuttle  Treasurer
Maya Ford  Recording Secretary
Soheila (Sue) Nawamooz  Events Chair

For more information about this club, go to:  https://www.nfbpwc.org/Texas-Houston

NFBPWC PASO DEL NORTE

For more information about this club, go to:  https://www.nfbpwc.org/Texas-Paso-del-Norte

NFBPWC VIRTUAL CLUB

For more information, you can visit the website at:  https://www.nfbpwc.org/Virtual
Or email:  ccbpw@aol.com

Executive Committee:

Daneene Monroe Rusnak  President
Sue Oser  Secretary
Leona Phillips  Treasurer

By:  Daneene Monroe Rusnak
President, NFBPWC Virtual Chapter

Be sure to stop by the Virtual Chapter page on the NFBPWC website. We’ve added a few “bells and whistles,” including a calendar and some of our “open to the public” webinars.

Stay tuned for more updates soon!
NFBPWC Young BPW

By: Ashley Maria
Young BPW Chair, NFBPWC
Contact: YoungBPW@NFBPWC.org

Join Young BPW!

Let's work together to build up Young BPW in the USA! Members of Young BPW (18 - 35 years old) have the opportunity today to create a new community of support.

Ashley Maria, Young BPW Chair pictured to the right, had the honor of representing North America at the United Nations this year as a Young BPW Delegate. Let's create more opportunities like this for our Young BPW members!

If you qualify for Young BPW, please fill out our survey (https://www.surveymonkey.com/r/CSYGSC) and tell us what you'd like to get out of this new community of support. Thank you for jumping in to support Young BPW!

Link to Young BPW Website: https://www.nfbpwc.org/Young-BPW

• Photos, poems, collages, and creative writings are welcome for submissions for future newsletters.
• State and Local Chapters - Have you reached a milestone or an accomplishment that you would like to share? Toot your own Horn!
   Send your submissions to Michele Guarino at: Michele@ASecondOffice.com

Submission Deadline for the September eNewsletter is Friday, August 23rd at 5:00 pm Mountain Time

DISCLAIMER: We reserve the right to reject any submissions that are not in line with the mission statement of The National Federation of Business and Professional Women’s Clubs.
Engage with NFBPWC on Social Media

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