



## The National Federation of Business & Professional Women's Clubs, Inc.

### July 2019 Newsletter

## Upcoming Events

### Lifelong Leadership Monthly Webinars

"History and Benefits of BPW - 100 Years in One Hour"

6:00 PM Pacific | 7:00 PM Mountain | 8:00 PM Central | 9:00 PM Eastern

2 July 2019: REGISTRATION REQUIRED

<https://zoom.us/meeting/register/70001a1afce67c24cde7dc3c8da9331e>

### NFBPWC Momentum Club: "Celebrating 100 Years Together"

16 July 2019

8:00 AM Pacific | 9:00 AM Mountain | 10:00 AM Central | 11:00 AM Eastern

<https://www.nfbpwc.org/event-3463952>

### Regional Presidents' Meeting

9 August 2019

Montreal, Canada

### XXX BPW International Congress (2020)

21 August 2020 to 26 August 2020

[Hilton Buena Vista Hotel](#), Orlando, Florida

## In This Issue

Upcoming Events	1
About NFBPWC	2
<a href="#">President's Letter</a> – Sandy Thompson	3
NFBPWC <a href="#">Advocacy Platform</a> (18-20)	4
<a href="#">Membership News</a> – Megan Shellman	5
NFBPWC <a href="#">Secretary Letter</a> – Marsha Riibner-Cady	6
<a href="#">Member Spotlight</a> Susan E Oser	6
<a href="#">Advocacy News</a> – Nancy Werner	8
<a href="#">United Nations Corner</a> – Elizabeth Vanardenne	9
<a href="#">Leadership &amp; Learning</a> – Kathy Kelly	12
<a href="#">Monthly Webinars</a>	12
<a href="#">Green News</a> – Laurie Dameron	13
<a href="#">Health Report</a> – Marion Waelschli	15
<a href="#">Sexual Harassment</a> Committee Report – Jackie Melvin	15
State Federation & Club News	16
NFBPWC <a href="#">California</a> Federation	16
NFBPWC <a href="#">Colorado</a> Federation	17
<a href="#">Colorado Advocacy</a> News – Sharon Simmons	17
NFBPWC <a href="#">Florida</a> Affiliate	18
NFBPWC <a href="#">La Grange Chicago</a>	19
NFBPWC <a href="#">New York City</a>	19
NFBPWC <a href="#">North Carolina</a>	20
<a href="#">Pennsylvania</a> Affiliate Chapter	21
NFBPWC <a href="#">El Paso Texas West</a>	22
NFBPWC <a href="#">Houston</a>	23
NFBPWC <a href="#">Paso Del Norte</a>	23
NFBPWC <a href="#">Virtual Club</a>	23
NFBPWC <a href="#">Young BPW</a>	24

**Submission Deadline for the August eNewsletter is Wednesday, July 24<sup>th</sup> at 5:00 pm Mountain Time**

Independence Day  
July 4<sup>th</sup>

World Population Day  
July 11<sup>th</sup>

<https://nationaltoday.com/world-population-day/>

National Parents' Day  
July 28<sup>th</sup>

Clean Beaches Day July 1<sup>st</sup>-7<sup>th</sup>

## ABOUT NFBPWC

**Develops the business, professional and leadership potential of women.**

### **Our Mission**

*The National Federation of Business and Professional Women's clubs (NFBPWC) develops the business, professional and leadership potential of women on all levels through education, advocacy, networking, mentoring, skill building and economic empowerment programs and projects.*

### **Focus Issue**

*Elimination of Sexual Harassment and Sexual Abuse Against Working Women*

The National Federation of Business and Professional Women's Clubs (NFBPWC) of the United States of America is an affiliate of the International Federation of Business and Professional Women, which spans across five regions and over 110 countries of the world. In 2017 we celebrated 98 years of empowering women through our mission which is to develop the business, professional and leadership potential of women on all levels through education, advocacy, mentoring, networking, skill building and economic empowerment programs and projects.

### **Contacting your NFBPWC Executive Committee (2018-2020):**

Sandy Thompson, President  
Megan Shellman, VP Membership  
Nancy Werner, VP Advocacy  
Marsha Riibner-Cady, Secretary  
Gloria Flores, Treasurer  
Liz Benham, Immediate Past President

president.bpw@nfbpwc.org  
vpmembership@nfbpwc.org  
vpadvocacy@nfbpwc.org  
secretary.bpw@nfbpwc.org  
treasurer.bpw@nfbpwc.org

### **Standing Committees:**

Membership, Megan Shellman, Colorado  
Advocacy, Nancy Werner, Pennsylvania  
United Nations, Elizabeth Vanardenne, Virtual  
Environment, Laurie Dameron, Colorado  
Finance, Lourdes Reyna, Paso del Norte  
Health, Marion Waelchli, Pennsylvania  
Mentoring Taskforce Chair, Titilola Adisa, Momentum  
International Liaison, Bessie Hironimus, California  
Leadership & Learning, Kathy Kelly, Colorado  
Public Relations, Daneene Rusnak, Virtual  
Young BPW Chair, Ashley Maria, California

vpmembership@nfbpwc.org  
vpadvocacy@nfbpwc.org  
evanarden27@gmail.com  
ldameron@bpwcolorado.org  
lulureyna23@gmail.com  
leomarion2@zoominternet.net  
tytyadisa@yahoo.com  
Bessie.hironimus@bpw-international.org  
kathy@ppiadvantage.com  
daneene1124@gmail.com  
ash@ashley-maria.com

### **Special Committees:**

Military Affiliated Women, Barbara Bozeman, North Carolina  
Newsletter, Michele Guarino, Colorado  
Nominations, Manjul Batra

Barbara.bozeman@ymail.com  
michele@asecondoffice.com  
manjulum@aol.com

### **Taskforce:**

Elimination of Sexual Harassment, Jackie Melvin  
Rapid Response – Linda Wilson

jamelvin@pacbell.net  
lindalwilson@juno.com

## PRESIDENT'S MESSAGE



By: Sandy Thompson  
President, NFBPWC

Greetings!

Another busy month for BPW. I was privileged to attend Colorado's Centinela Jubilee in mid-June. They had a wonderful day of celebrating 100 years of BPW. I thank them for asking me to be a part of the celebration by speaking. Also, their Woman of the Year, Therese Szczurek, was truly inspiring. Congratulations to Deb Fischer on two years of serving as President of the Colorado Federation and doing a wonderful job in chairing their Jubilee. Also, congratulations to incoming Colorado President, Katheryn Wallace. I also had the honor of meeting Past National President, Ann Steinbeck 1985-1986. What a great lady!

I then hit the road to North Carolina for their State Convention. National member, Barbara Bozeman completed her term as President with an exciting day of programming that included hearing from Vice President Advocacy Nancy Werner and a showing of *Pioneers in Skirts* and documentary by Ashley Maria and Lea-Ann Berst. It was an interesting time in North Carolina, and I was glad to have the opportunity to visit some of their beautiful countryside.



Don't forget the cruise is coming up. It is not too late to join us, please go to the National website and sign up soon.

To continue our history into the 1980's The Red Purse campaign of 1988 drew national attention to wage disparity. Using the "BPW" letters to represent Better Pay for Women, BPW capitalized on the national media attention focused on the red purse. BPW continued its focus on workplace issues lobbying Congress for passage of the Family and Medical Leave Act. After nearly a decade the FMLA was passed in 1993.



July Fourth Past-Celebrations of Independence: July Fourth celebrations can be traced all the way back to the 18th century. The first celebration of Independence occurred in Philadelphia on July 4th, 1777. Pre-Revolutionary Fourth of July celebrations included the ringing of bells, bonfires, processions and speechmaking. As we celebrate this year with barbecues, fireworks and partying please remember those who fought to give us the freedom that we have today.

I wish all of you a very Happy Fourth of July and a wonderful month!



## NATIONAL FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN'S CLUB'S (NFBPWC) ADVOCACY PLATFORM 2018-2020

NFBPWC will employ several education, advocacy, monitoring and tracking strategies to meet the following priorities:

The Alice Paul Equal Rights Amendment shall stand first and foremost above all other items of the advocacy platform until Equal Rights have been guaranteed in the United States Constitution – i.e. “Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

### Economic Equity and Justice

- Access to pay equity and retirement equity
- Access to education, training and promotional opportunities
- Access to equal opportunities in the workplace and corporate boards
- Access to women business enterprise procurement process
- Access to quality, affordable dependent care (child, elderly or disabled)
- Access to funding and capital for entrepreneurial activity
- Access to affordable and attainable housing

### Health Equity and Justice

- Access to affordable care
- Reproductive choice
- Paid sick leave
- Family and medical leave
- Equal research funding for women's and girl's health issues
- Health education funding for women's and girl's health issues
- Health education funding for women and girls
- Prevention of pregnancy and infant care discrimination in the workplace (reasonable accommodations for breast feeding/breast pumping and pregnancy related conditions)
- Ensure workplace safety
- Expansion of mental health coverage and services

### Human Rights – recognition that women's rights are human rights

- Ratification of the Equal Rights Amendment (ERA)
- Passage of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)
- Eradicate Domestic Violence and the Electronic and Physical stalking, sexual harassment, sexual abuse and discrimination
- Oppose human trafficking, sexual exploitation and slavery
- Equal education opportunity
- Support equal rights for LGBTQ+ persons
- Support equal treatment of and end discrimination against minority women
- Support policies and practices that promote environmental sustainability
- Support the endeavors of and improve conditions for military-affiliated women

## MEMBERSHIP NEWS

By: Megan Shellman  
1<sup>st</sup> Vice President of Membership, NFBPWC

### Which NFBPWC Benefit is most valuable to you?

As our organization continues to grow, we are often asked what value there is to be a part of NFBPWC as a member. The \$45 from your annual membership fee that goes to NFBPWC provides you with many tangible and intangible benefits. From marketing opportunities and formal programs to friendships with women from all over the world, the advantages of being a member are immeasurable when you take advantage of what is offered.

Please email Megan Shellman, 1<sup>st</sup> VP of Membership, with any questions about the opportunities available to all members and share with us which membership opportunity holds the most value to you: [mshellman@bpwcolorado.org](mailto:mshellman@bpwcolorado.org).

NFBPWC members can support their business and professions by utilizing the following benefits:

- Grow through NFBPWC's formal **Leadership and Learning Program**.
- Share your successes on the **NFBPWC Showcase**: <https://www.nfbpwc.org/Our-Showcase>.
- **The Business Network**, <https://www.nfbpwc.org/Business-Network>, to market business and professional services in a public area of the website. Discover an international platform of intercultural understanding, languages and travel while establishing connections with women around the world.
- Partake in **business opportunities** for partnering and procurement, nationally and globally through BPW.
- **Member Spotlight** in the newsletter, e-alerts, website, and social media platforms (Email [mshellman@bpwcolorado.org](mailto:mshellman@bpwcolorado.org) to apply for this opportunity.)
- Formal **Mentoring Program** for mentees and mentors.

Are you passionate about women's issues? You can participate and explore benefits only available to members:

- Private **discussion forums** on issues relating to women hosted on the website.
- **Members' only information** related to NFBPWC and women's issues.
- **Private Membership Directory** supporting members and their organizations.
- Participate in the **United Nations System** worldwide through CSW and other programs annually.
- Annual **Ms. Magazine** subscription.
- **Advocate for women's issues** on a national and international level and **cultivate worldwide friendships** in one of the original women's networking organizations!

### Momentum Club:

The National Federation Business and Professional Women's Momentum Club (NFBPW Momentum Club) is a closed group that operates as a platform from which new BPW clubs/chapters, affiliates, and federations will launch. Current members of NFBPWC who wish to help open a new club or want to connect and support membership growth are welcome to attend. Individuals who would like to start a club in their area are welcome to attend and are invited to join the NFBPWC Momentum Club. Our next meeting is July 16th, 2019 9 AM **Mountain Time** (US and Canada), 8AM Pacific, 10AM Central, 11AM Eastern and the topic will be: Celebrating 100 Years Together!



<https://www.nfbpwc.org/event-3463952>

Learn more about the Momentum Club and help us grow and thrive by attending the next meeting. Topics for the Momentum Club meetings are designed to help the members start their own club and continue the growth of this vibrant organization. Find and register for the next meeting at: <https://www.nfbpwc.org/events>.

## NFBPWC Virtual:

We welcome all members and individuals to participate in this club and to learn more about growing our organization. If you do not have access to a local affiliation or federation, please consider starting a new club in your area or joining our NFBPWC Virtual. The Virtual club meets monthly and provides a variety of incredible topics with dynamic speakers. (Membership dues to NFBPWC Virtual start at \$60 annually - January to December - for members not associated with another NFBPWC organization.) Click here for more information: [NFBPWC Virtual](#).

## FROM THE DESK OF THE SECRETARY

By: Marsha Riibner-Cady  
Secretary, NFBPWC 2018-2020

Do you need help with your profile on the website? I am delighted to help you update your look. Please contact me at [romarsci@gmail.com](mailto:romarsci@gmail.com).

When your club elects its new officers for the 2019-20 BPW year, please send me the list with emails so that I can update our records.

Looking forward to “seeing” you soon!

## MEMBER SPOTLIGHT – SUSAN E. OSER



Susan E. Oser has been a part of BPW all her life. Her aunt Clara Oser was a very active member locally, state-wide, nationally and internationally until her passing several years ago. She encouraged Susan to join and learn. Little did she know that Susan would thrive in the organization.

Susan was a Young Careerist, chair of social media/PR, and by-laws in Michigan. She then went up the BPW/MI EC ladder starting as secretary for 3 years, vice president, and then eventually president for 2017-2019. She is now the Past State President and current editor of the BPW/MI newsletter.

PICTURED LEFT: SUSAN'S GRAPHIC  
PORTRAIT MADE BY TYLER OAKLEY

On the national level, Susan has had strong connections since her first BPW/USA National Convention in Philadelphia in the early 2000s. She's been an active member of NFBPWC Virtual Club currently serving as secretary as well as a past president. She is also helping formulate the new Michigan NFPBWC affiliate as well as work on the new IDP program called Lifelong, Leadership, and Learning (L3P).

Outside of her BPW life, Susan works as an online English as a Second Language Teacher for Carrot Global, a company based in South Korea. She is into her 5th year as a teacher and has received several teachers of the month recognitions for her hard work as well as a recent article written to help mentor new and current teachers within the company. In addition, her experience working in South Korea from 2000-2003, her MA in Korean Studies, a TESOL Certificate, and BA in Japanese Studies have helped in this job as well as others throughout her life.

As a side hussle, Susan works as a writer for Vape News Magazine and hopes to expand in other publications and elsewhere with her writing into the future. Her freelancing background has helped her in this year. In addition, she hopes to republish at least one or two poetry books that were once on the Lulu.com website.



SHIRLEY ZELLER GIVING SUSAN A GIFT AT BPW/MI CONVENTION FOR PAST STATE PRESIDENTS



Pictured Left: Susan and members from the Westland City Council after declaring National Businesswomen's week in 2018.

(Left to Right: President James Godbout, Westland Mayor William Wild, and City Clerk Richard LeBlanc)

A few of her writings and writing examples can be found on her website: <http://www.angelwritercreations.com>. It not only serves as a portal for her writings but a bit of an online resume where her writings and other contributions are highlighted.

Susan also hosts a one hours show on VapeTV Live where she talks about her article writing and other topics with chatters who vape or use e-cigarettes. She's done her own podcasting shows before along with her YouTube videos and is researching other outlets.



SUSAN AND HER BOYFRIEND NORMAN HYNES TAKEN AT THE 2017 BPW/CONVENTION WHERE SHE WAS FIRST INSTALLED AS PRESIDENT.

Creative hobbies are what Susan loves to do in her free time. They include adult coloring, knitting, other crafting, and most recently cooking. She would gladly make something on commission (or as a gift) if you ask her. Hopefully, into the future, she can make this a goal of hers as one of her personal goals is to get back in touch with who she is and do what she loves to do.

Personally, Susan lives with her boyfriend in Westland, Michigan. Her boyfriend is a currently a shift manager at Arby's food chains.

Susan's personal motto is simple: Live the creative life and live it creatively.

To learn more about Susan, make sure you connect with her on her website (as mentioned above) and her social media platforms:



SUSAN WITH NFBPWC PSP LIZ BENHAM AT THE 2018 REGIONAL CONFERENCE AND GENERAL ASSEMBLY

Facebook – <https://www.facebook.com/Angelwriter78>; <https://www.facebook.com/angelwritercreations/>

Twitter – <https://twitter.com/angelwriter78>

Instagram – <https://www.instagram.com/angelwriter78/>

Minds – <https://www.minds.com/Angelwriter>

LinkedIN – <https://www.linkedin.com/in/susan-e-oser-99395140/>

NFBPWC would like to congratulate Susan E. Oser as the July Spotlight Member.

*\*Please share your success stories with our members. To be in a future NFBPWC Member Spotlight, please email Megan Shellman at [mshellman@bpwcolorado.org](mailto:mshellman@bpwcolorado.org).*

## ADVOCACY NEWS BY NANCY WERNER

By: Nancy Werner, NFBPWC, 2nd Vice President of Advocacy

### News Alert - A Coin to Commemorate Women's History - The 19<sup>th</sup> Amendment (REVISED)

HUGE ERROR on the H.R. Bill number, it is 1923 not 1023. Please consider supporting the Centennial Quarter Dollar Coin Program Act under the H.R. Bill number of 1923. Send an email or letter to your Representative and ask for their support and even cosponsoring this important partisan-neutral legislation.

Just a brief overview again - The legislation is a bipartisan measure to honor women in every state across the country by proposing a series of quarters beginning in 2021, that would feature a 19th Amendment icon on one side and on the other side a noteworthy woman, now deceased. Each state and all the U.S. territories would select one of its outstanding women to be honored in this series.

Again, this information is coming from the League of Women Voters and their President Chris Carson. Thank you for your support to move this partisan-neutral legislation forward. We can honor the women who fought so hard to ensure the rights to vote and celebrate the work that others continue to do include the inclusion of women.

### Equal Rights Amendment

Have you ever received a text telling you to turn on the TV and listen to a personality named John Oliver, the comedian? Now, I have turned the TV to hear him before but today he was talking about the Equal Rights Amendment. I wondered what he had to share. I listened intently as I knew that I had another article coming up for the E News. But I was spellbound. He knew his information. He did his homework.

He started with how rough these past few years have been for the women of this nation. Here it was June 4th which marked the 100th anniversary of Congress passing the 19th amendment, securing women's right to vote. But the landmark date only highlighted the absurdity of failing to achieve another crucial milestone: the ERA which states that "equality of rights under the law shall not be denied or abridged by the ERA Mission drafted by Alice Paul in 1923.

He cited the 2015 survey of the ERA Coalition/Fund for Women's Equality who shared that 80 percent of us already believe that it is in the Constitution. Now back in 1972 the amendment passed Congress and all that was





needed was 38 states to ratify. Well, Oliver put it on the line how tantalizing close we are at 37 states. You would think that one of the 13 remaining states would want to make "history."

Oliver also discussed laws can be rolled back by an act of Congress. Policy guidelines can go away based on who's in charge. That is happening right now with Congress letting the Violence Against Women Act expire and the Trump Administration has rescinded more than 20 policy guidelines on the Title IX anti-discrimination laws. A Constitutional amendment like the ERA is more stable because constitutional amendments are safe. The 14th Amendment guarantees individuals equal protection under the law, and since the 1970's the Supreme Court has interpreted it to cover gender discrimination. But not all justices prevail to agree with this finding.

He also discussed the ERA deadline that passed in 1982 but bills have been introduced this year in the House and the Senate. All with bipartisan co-sponsors aiming to change or remove the timetable. He gave kudos to Nevada and Illinois for stepping up and ratifying the ERA in the past few years, but he really let the remaining 13 states know that they are on "notice." What an honor it would be to be recognized in the history books as being the 38th state that ratified the ERA. I was impressed with John Oliver's delivery and his passion and purpose to showcase this important issue on his TV show. BRAVO!

## Added information on the ERA

It will be 100 years this month since Congress passed the 19th Amendment securing a woman's right to vote. Then it was approved by Congress in 1972 and needed ratification by 38 states. During the past two years, we saw the E.R.A. passed in Nevada (36th) and then in Illinois (37th). We all got excited when we learned that Virginia was really taking on the battle to see it pass from January to February of 2019 but then it didn't. We have been reading about Arizona and the path that they are traveling. Florida is posting on the Internet their message to the Citrus County League of Women Voters. All agree that we will NOT have equal standing without the ERA being part of the Constitution. The one sentence- "Equality of rights under the law shall not be denied or abridged by the United States or any State on account of sex" needs to be placed into our Constitution. While most states have laws prohibiting discrimination of any kind based on sex, proponents of the ERA say laws can be reversed or eliminated. Having a Constitutional Amendment would cement those rights.

Now being the 38th State to ratify the ERA would surely bring that state a place in our history books. We must keep listening and helping those states who are still pursuing this important goal. Let's see, we have the following 13 states-Arkansas, Louisiana, Virginia, North Carolina, South Carolina, Georgia, Florida, Alabama, Mississippi, Arizona, Utah, Missouri and Oklahoma.

If you have any connections in any of these 13 states, please contact them.

## UNITED NATIONS CORNER BY ELIZABETH VANARDENNE

By: Elizabeth Vanardenne  
NFBPWC United Nations Liaison



No matter which season we are in, CLIMATE CHANGE is and will be playing havoc globally, causing severe damage everywhere.

Last year the intergovernmental Panel on Climate Change stated that global warming is an urgent worldwide problem. We have a plan in place: the 2030 Agenda and its 17 Sustainable Development Goals. The SDG's are our blueprint for building a better world that works for both people and the environment.

## THE FUTURE OF OUR PLANET IS IN OUR HANDS! LET US LISTEN!

### UN HAPPENINGS

**July 30** - International Day of Friendship

**July 30** - WORLD DAY AGAINST TRAFFICKING IN PERSONS

**August 12** - INTERNATIONAL YOUTH DAY

**August 29** - INTERNATIONAL DAY AGAINST NUCLEAR TESTING

On **June 25** - the UN Women's flagship report, Progress of the World's Women, was launched. The theme: "Families in a changing world", exploring how laws, policies and public action can support families in ways that enable women's rights to resources, bodily integrity and voice, to accelerate women's empowerment. The 2019 edition proposes a comprehensive agenda for laws, economic and social policies, migration, income and employment and many others. The Report was started in 2000 and is available in English, French and Spanish.

<http://www.unwomen.org/en/digital-library/progress-of-the-worlds-women>.



**June 12** - Had the Holocaust never happened, Anne Frank could have turned 90 on June 12. To honor the occasion, a marathon reading of her well-known diary took place in Campo di Ghetto Novo, the main square of Venice's Ghetto.

Ninety people took turns reading the whole volume in the Italian translation over several hours. The participants included religious and political leaders, prominent scholars, athletes, artists, reading 5 to 6 pages of the book, representing a wish, a dream, the aspiration for a happy future. The reading was broadcast live by the Italian public radio, Radio Rai.

### News from our global sisters

**CANADA** - on June 14, Prime Minister, Justin Trudeau, appointed Jacqueline O'Neill as Canada's first Ambassador for Women, Peace and Security. The Prime Minister mentioned that when women play an active role in conflict prevention and when their rights are respected, they are better able to achieve sustainable peace. Ms. O'Neill will help advance Canada's feminist foreign policy by championing peace and security in Canada and around the world. Will also recommend actions we can take to protect the rights of women and promote meaningful participation in peace and security efforts around the globe.

*Welcome Ms. O'Neill!! We are with you.*

**SWEDEN** - Has introduced the first Mental Health Ambulance. Over 1,500 suicides and 15,000 suicide attempts are reported annually in Sweden. In order to tackle this, Stockholm's care services have introduced the Psychiatric

Emergency Response Team, an ambulance dedicated only to mental health care. It is the first of its kind in the world. It looks like the conventional ambulance, but inside comfortable seats have replaced stretchers and the bright lights have a warmer glow. The response team includes 2 mental health nurses and a paramedic.

What a great idea! It is catching on country wide. Other countries?

**SWITZERLAND** - on June 14 women across Switzerland begun a day of demonstrations against what they say is the country's unacceptable slow pace to equality. This protest came 28 years after a similar action in 1991 and the Swiss women have long campaigned to accelerate the pace of gender equality, wanting more money, time, respect. (They are still earning on average 20% less than men). Way to go!!!

## Last but not least

The brave women of **IRAN**.

Women's bodies have long been a site of cultural, religious, legal and political struggles. For 40 years, Iranian women have resisted compulsory veiling, a major ideological pillar of the Islamic Republic. From street protests to sit - ins and an insistent gnawing away at the idea of the veil as modest dressing, they have adopted colorful veils, fashionably worn, and alternative fashion, insisting on their own right to bodily autonomy.

There is a great book, called "CHIC RESISTANCE", Women, Fashion and Politics in Iran. The writer, SHIRIN ABDMOLAEI, helps us to view the politics of women's clothing and women's rights through a historical and transnational lens, especially through the history of dress reform in the Middle East and the politics of compulsory veiling women's clothing in the Islamic Republic of Iran since 1979. This book gives us a recognition of the everyday politics of the ordinary women of Iran.

Thank you, Shirin,!!



## LEADERSHIP & LEARNING COMMITTEE REPORT (INDIVIDUAL DEVELOPMENT PROGRAM OR IDP)

By: Kathy Kelly  
Committee Chair, Leadership & Learning Committee, NFBPWC

In support of our Mission Statement, the Lifelong Leadership & Learning Committee is in the process of creating instructional modules (approximately 15 modules, 1-2 hours each) that will empower our members with knowledge, communication skills, leadership techniques, business etiquette, and confidence. The project is under the working title: Lifelong Leadership & Learning Program, or L3P.

Our first segment, **Module 1: History and Benefits of BPW – 100 Years in One Hour** (Local, National and International levels) is available for member use. We will also be offering this webinar **every FIRST TUESDAY** of the month and hope you will encourage your new members to join us. No cost, registration required.

The following Modules have completed Committee review and are also available for member use:

- Module 1: History and Benefits of BPW
- Module 2: Discovering your Strengths (DISC personality assessment)
- Module 3: Enhancing your Profile: Interpersonal and Transferable Skills for the Workplace
- Module 4: Taming your Tension: Creating Presentations
- Module 5: (in review) The Art of Public Speaking: Speeches and Presentations
- Module 6: Engage and Shine: Networking – A Skill for Life
- Module 7: Interviewing Skills

For more information or to receive the PPT and Facilitator's Script, please contact the L3P Chair, Kathy Kelly, at [kathy@ppiadvantage.com](mailto:kathy@ppiadvantage.com), Cell: 303-517-6399.

Be sure to check out the IFBPW Leadership Webinars beginning June 12: The History of BPW: Knowing our Roots. The webinars will be delivered via ZOOM and registration is required. You can find more information on Facebook: Leadership in BPW: Webinar Training Series.

## LIFELONG LEADERSHIP MONTHLY WEBINARS

The Lifelong Leadership & Learning Committee is pleased to offer a regular monthly webinar, "History and Benefits of BPW – 100 Years in One Hour." Check your calendars for the first Tuesday of every month. FREE to all members and guests. REGISTRATION IS REQUIRED.

JULY 2, 7 PM MDT: <https://zoom.us/meeting/register/70001a1afce67c24cde7dc3c8da9331e>

AUGUST 6, 7 PM MDT: <https://zoom.us/meeting/register/b6b21d9b72e992807510d14dfea9e911>

SEPT 3, 7 PM MDT: <https://zoom.us/meeting/register/a3d2054e9c7d931bd746f627e8486654>



## GREEN NEWS

By: Laurie Dameron, BPW Boulder Member

Chair BPW Colorado Environment and Sustainable Development Committee

Chair NFBPW Environmental and Sustainable Development Committee

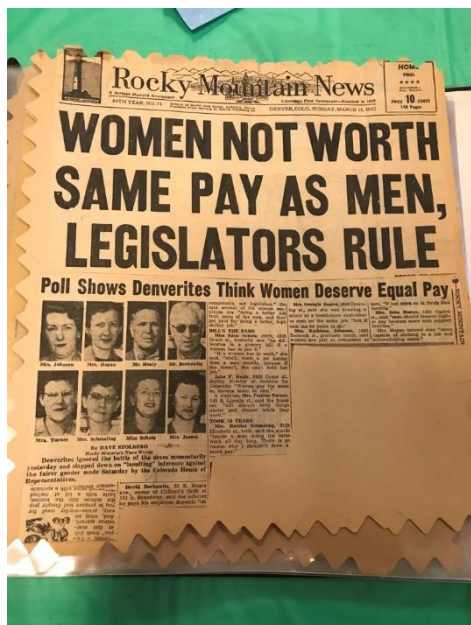
Time got away from me and June has been busy. I was going to write about “divesting” or list some great links and resources for recycling and composting beyond Boulder. So, stay tuned for August and September.

I did want to mention, Business and Professional Women Colorado and our National Federation BPW Clubs supported the petitions to ban polystyrene to go products or better known as Styrofoam. Maine became the first state to pass a law to ban it and also Maryland. There are a lot of cities that have banned Styrofoam. Here’s an article from Story of Stuff, one of my favorite organizations. <https://storyofstuff.org/blog/styrofoam-bans-are-sweeping-across-the-nation/>

I know a lot of my awesome colleagues in BPW Colorado and NFBPWC signed the petitions, so I want to thank you! I was sure the ban on Styrofoam would pass here in Colorado but did not. So, we’ll try again next year! But Colorado had great successes and Governor Polis is signing into law several laws on environmental issues, you can read about it at <https://www.cpr.org/news/story/colorado-is-entering-a-new-environmental-era-maybe>

Speaking of our new awesome Governor of Colorado. It was announced at our BPW Colorado 100 Year Jubilee Celebration a couple weeks back, that Governor Jared Polis declared June 15th to be BPW Colorado Day! Our event was SO exciting, and I am so proud to be a member of an organization that has been working on women’s issues, and now environmental issues as well, for 100 years!

Please see a few photos here.



We left off with Pope Francis's Encyclical: *Praise Be to You Laudato Si': On Care for Our Common Home*:

## II. The Issue of Water

31. Greater scarcity of water will lead to an increase in the cost of food and the various products which depend on its use. Some studies warn that an acute water shortage may occur within a few decades unless urgent action is taken. The environmental repercussions could affect billions of people; it is also conceivable that the control of water by large multinational businesses may become a major source of conflict in this century.[23]

## III. LOSS OF BIODIVERSITY

32. The earth's resources are also being plundered because of short-sighted approaches to the economy, commerce and production. The loss of forests and woodlands entails the loss of species which may constitute extremely important resources in the future, not only for food but also for curing disease and other uses. Different species contain genes which could be key resources in years ahead for meeting human needs and regulating environmental problems.

33. It is not enough, however, to think of different species merely as potential "resources" to be exploited, while overlooking the fact that they have value in themselves. Each year sees the disappearance of thousands of plant and animal species which we will never know, which our children will never see, because they have been lost for ever. The great majority become extinct for reasons related to human activity. Because of us, thousands of species will no longer give glory to God by their very existence, nor convey their message to us. We have no such right.

Read the entire encyclical: [POPE FRANCIS https://laudatosi.com/watch](https://laudatosi.com/watch)

**YOU ARE A PART OF THE SOLUTION!!!**

To sign up for Laurie's monthly music and "Green News,"

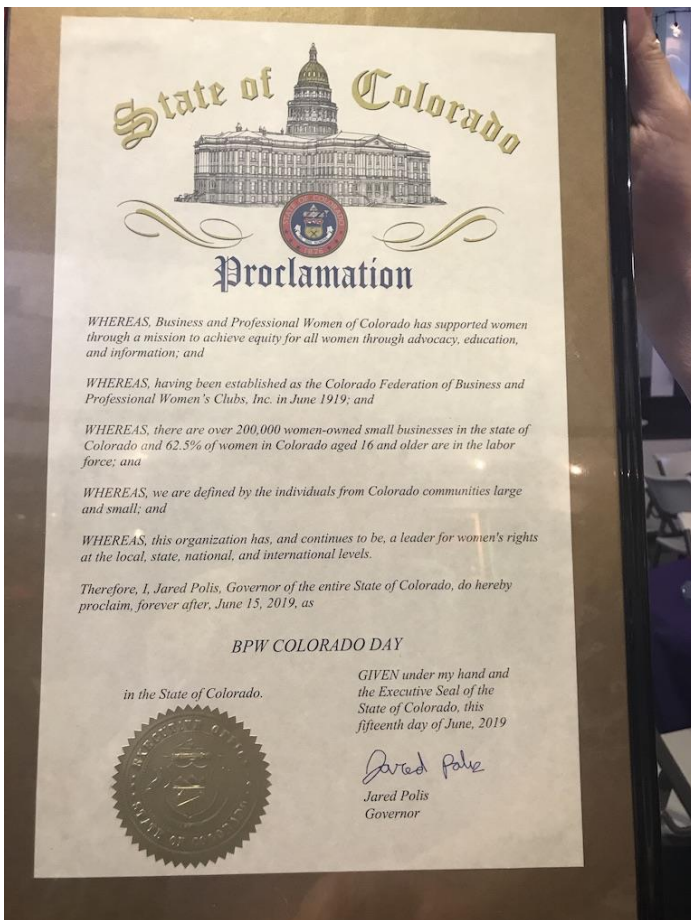
write to [WindchimeL@aol.com](mailto:WindchimeL@aol.com)

Or visit [www.LaurieDameron.com](http://www.LaurieDameron.com)

Please visit and LIKE

<https://www.facebook.com/WhatCanIDoSpaceshipEarth>

## State of Colorado Proclamation June 15<sup>th</sup> is BPW Colorado Day





## HEALTH COMMITTEE REPORT BY MARION WAELSCHLI

By: Marion Waelschli  
NFBPW Health Committee Chair

Summer is here. Enjoy the outdoors. Wear eye protection, sunscreen. Remember to drink lots of water, sodas and alcohol aid in making you thirstier, water helps your body stay hydrated and keep your skin from becoming more wrinkled. Always check for ticks if you spend time outside, on you and your pets. Have a safe 4th of July.

## SEXUAL HARASSMENT AND SEXUAL ABUSE AGAINST WORKING WOMEN COMMITTEE

By: Jackie Melvin, NFBPWC Task Force Chair  
[jamelvin@pacbell.net](mailto:jamelvin@pacbell.net)

I admit it. I am an unabashedly shameless lifetime Anglophile. I am captivated by British royalty, and mourned the death of Princess Diana as deeply as that of Jackie Kennedy. Oscar Wilde and Noel Coward, Maggie Smith and Judi Dench - oh, Lord, love them. And currently, I am intrigued by the British actress portraying a female host of a late night talk show [of whom there is a dearth] in the new motion picture "Late Night". EMMA THOMPSON is funny and a wonderful talent - and quite opinionated about women in our society.

"Men", she says, "have a huge motorway to power, with lots of lanes in it, which makes it easy for them to aid other men along the same path. Women, on the other hand, have a kind of rutted track, on which there are many boulders. You can't even get a bicycle down it; you have to get off the bike and lift it over things."

The English talk that way.

In an interview in June, Mary McNamara, culture columnist and critic of the Los Angeles Times, noted "Thompson is not a woman who is afraid to show anger. During a wide ranging conversation, her voice rises when she talks about the complaint that increased attention to sexual harassment has left men unsure of how to behave." 'Get a grip, guys, it's not rocket science. You just behave with respect and courtesy. Now shut up and get on with it. And please don't make this your...problem. I'm so fed up with that I just want to smack them.'"

And about pay equity, "I've had people say, 'Well it's more complicated than that.' No, it's not. It's work that has to be done, and you pay someone to do it and you don't pay them less because she's a woman."

And about confidence, "Men will say they can do things they can't and women will say they can't do things that they can do. They will be offered a job that they are absolutely perfect for and they'll say, 'Oh, I can't do that,' and some bloke who can't do it will stand up and say, 'I'll do it, it'll be great.'"

The English talk that way.

Oh, and she isn't quite sure why she has never been afraid to say what she is thinking, including, when she was a young comedian, "GET YOUR HANDS OFF ME."



# State Federation & Clubs News

## NFBPWC CALIFORNIA FEDERATION

### Executive Committee 2019-2020:

Rosemary Enzer	President
Lynn Brandstater	President-Elect
Sally McMahon	Vice President
Maryann Wesson	Secretary
Elaine Wakeham	Treasurer
Trudy Waldroop	Parliamentarian

For more information about this club, go to:

<https://www.nfbpwc.org/California>

By: Rosemary Enzer, President, NFBPWC California



### Meet the 2019-2020 Officers of the California Federation:

Pictured Left to Right: Sally McMahon, Vice President; Lynn Brandstater, President Elect; Rosemary Enzer President; Trudy Waldroop, Parliamentarian; Maryann Wesson, Secretary; Elaine Wakeham, Treasurer.





## NFBPWC COLORADO FEDERATION

### Executive Committee 2019-2020:

Kathryn Wallace	President
Evie Hudak	Vice-President of Advocacy
Cheryl Rotkovich	Treasurer
Teresa McEldowney	Secretary
Deborah Fischer	Immediate Past President

For more information about this club, go to: <https://www.BPWColorado.org>



By: Kathryn Wallace, President, NFBPWC Colorado (2019-2020)  
[president@BPWColorado.org](mailto:president@BPWColorado.org)

Dear BPW Colorado Friends:

It is with anticipation, excitement and joy that I begin my term as President of BPW Colorado. My theme for my presidency is “Be Here Now.” This is a philosophy I try to apply in my personal and professional life. This 100 year old organization has seen a lot of change. We are not the organization we used to be. We may not be the organization we wish to be. We are what we are. And we are powerful and committed. Let us revel in what we are, celebrate what we are and work from what we are to continue to be a meaningful part of so many women’s lives.

What can you do? You can do a lot. What is the most powerful thing that BPW does for you? Are you willing to foster that throughout the organization? I am actively recruiting people to chair and serve on committees. I would love to include you. Many hands make light work. If there is something in particular that brings you excitement about BPW, there’s probably a committee that supports it. If not, we can create one. Please consider this a personal invitation to join the leadership of BPW and help usher in another amazing 100 years.

Coming to you from the present.

## NFBPWC Colorado Federation - Advocacy News

By: Sharon Simmons, 2<sup>nd</sup> VP of Advocacy, NFBPWC Colorado

Happy Summer solstice all you wonderful BPW women!!

At the 100th Jubilee we were honored to have our NFBPW President, Sandy Thompson, join us for our celebration! Thank you that was so fun Madam Pres. We also had wonderful roundtable discussions, hosted by BPW Boulder. I sat at two GREAT tables with super subjects. One was Rita Smith, talking about Domestic Violence. EVERYONE needs to get involved in this issue. We still don’t have the National Violence Against Women Act passed at the national level. Did you know that the House passed the Act (which comes up every 5 years and holds money for many nonprofit groups supporting women), but is stalled at the Senate. The Senate leader has it on his desk and has not introduced it. We can’t imagine why! Rita suggested we all write our representatives that go to DC on our behalf—SEE BELOW. If this goes to December without being passed, it is dead. Then we lose our funding. This affects Safehouse, Planned Parenthood and domestic violence programs all over the country. There is no political reason to stall it. Write here:

Contact the Whitehouse: [www.whitehouse.gov/contact/](http://www.whitehouse.gov/contact/) (for the president-let him know!)

Contact the Congress:

US House of Representatives – [www.house.gov/](http://www.house.gov/)

US Senate – [www.senate.gov/](http://www.senate.gov/)

Link to find all federal, state and local elected officials: [www.ballotpedia.org/who\\_represents\\_me](http://www.ballotpedia.org/who_represents_me)

Rita presented these facts from the National Domestic Violence Hotline-[www.thehotline.org](http://www.thehotline.org): **SEE ACTION ITEM AT THE END OF THIS ARTICLE!!!!**

- 24 people per minute are victims of rape, physical violence or stalking by an intimate partner in the United States, more than 12 million women and men over the course of a year.
- Females ages 18-24 and 25-34 generally experience the highest rates of this violence.
- From 1994-2010 about 4 in 5 victims of partner violence were FEMALE.
- Nearly 1 in 5 women (18.3%) and 1 in 71 men (1.4%) have been raped by an intimate partner in their lifetime.
- Nearly 1 in 10 women in the United States (9.4%) have been raped by an intimate partner in her lifetime.
- 81% of women who experience rape, stalking or physical violence by an intimate partner reported significant short- or long-term impact such as PTSD symptoms and/or injury.
- There is a common link between domestic violence and child abuse. Among victims of child abuse, 40% report domestic violence in the home (from a WORLD REPORT).
- One in ten high school students have experienced physical violence from a dating partner in the past year.
- Nearly 33% of women killed in US workplaces between 2003-2008 were killed by a current or former intimate partner! **Let that sink in.**
- More than 70% of United States workplaces do not have a formal program or policy that addresses workplace violence.

### ACTION ITEM:

The Violence Against Women Act, first passed in 1994, has been reauthorized every 5 years until present. The House passed the current version of VAWA Reauthorization, but the Senate has failed to do so. As a result, the funding portion of the bill has EXPIRED, leaving programs servicing victims of domestic violence, sexual assault and stalking at risk. It is important that the Senate Majority Leader, Mitch McConnell bring the bill to the floor for a vote. Critical funding must be restarted to ensure victims have a safe place to go to escape violence and get supportive services. WRITE YOUR REPRESENTATIVES IN THE SENATE TODAY! There is no time to waste ladies and gentlemen reading this article.

Thanks all my BPW sisters all over the USA and internationally, if this goes that far!

## NFBPWC FLORIDA

### Interim Executive Committee 2018-2019:

Liz Benham	Interim President
Colleen Kelly	Interim Treasurer
Lynne Hale	Secretary
Patty Harris	VP of Membership
Dawne Richards	Interim Vice President of Advocacy

For more information about this club, go to: <https://www.nfbpwc.org/Florida>

By: Liz Benham



NFBPWC South Florida will not be meeting in July.

Instead we will have a summer gathering with a "Sunset Garden Party " social.

Wishing all our national sisters a wonderful summer!

May the sun glow on your cheeks and the sweet delights of summer bring you much joy and happiness!

## NFBPWC LA GRANGE-CHICAGO

### Executive Committee 2019-2020:

Kathleen Ray	President
Barbara Yong	Vice President
Barbara Miller	Secretary
Mary Lou Lowery	Treasurer

For more information about this club, go to: <https://www.nfbpwc.org/LaGrange-Chicago>

## NFBPWC NEW YORK CITY

### Executive Committee:

Francesca Burack	President
Harriet Friedlander	Vice-President of Membership
Julia Forman	Secretary
Isabella Hutchinson	Young NFBPWC
Michelle Kawka	Webmistress

For more information about this club, go to: [www.NFBPWC-NYC.org](http://www.NFBPWC-NYC.org)

## NFBPWC NORTH CAROLINA

### Executive Committee 2018-2019:

Marsha Riibner-Cady      President  
Barbara Bozeman      NBPWC-NC President and Momentum Club Liaison  
Lea-Ann Berst      NFBPWC-NC Webpage Master and Facebook page

For more information about this club, go to: <https://www.nfbpwc.org/NorthCarolina>



By: Marsha Riibner-Cady, President, NFBPWC North Carolina

We had our state convention last weekend. NC would like to thank President Sandy Thompson, VP of Advocacy Nancy Werner, and NYC President Francesca Burack to attending conference and making the event so special. We also want to thank the director of "Pioneers in Skirts", Ashley Maria (also of the California Club) for showing the movie with her Mother Lea-Ann

Berst who is the producer. We also thank Liz Benham and the South Florida NFBPWC for placing an ad in our convention book.

More news from BPW/NC soon, meanwhile we stand strong with 12 members.



PIONEERS IN SKIRTS PRODUCER LEA-ANN BERST, MARSHA RIIIBNER-CADY, AND ASHLEY MARIA



NANCY WERNER DURING HER PRESENTATION AT NFBPWC.ORG



THE PHOTO IS OF THE DISPLAY THAT WE HAD FOR NATIONAL AT CONVENTION



## PENNSYLVANIA AFFILIATE CHAPTER

### Executive Committee:

Nancy Werner	President
Cathy Collins	Vice-President
Marion Waelchli	Recording Secretary
Nancy Thomas	Treasurer
Laura Whetstone	Parliamentarian
Cathy Collins	Membership
Lilly Gioia	Advocacy/Public Policy



For more information about this club, go to: <https://www.nfbpwc.org/Pennsylvania>

By: Nancy Werner  
President, NFBPWC Pennsylvania

The Pennsylvania Affiliate Chapter of the NFBPWC is proud to report the following for the year 2018-2019:

- We are presently 16 members.
- As President, I have been given the opportunity to address the BPW/PA State Convention body on June 8, 2019. Our new NFBPWC brochures and membership applications were distributed to all 200 members in attendance. We were celebrating the BPW/PA 100th Anniversary as the PA Federation was a charter member in St. Louis, MO.
- We held our PA Affiliate Chapter Meeting. The 100th Commemorative NFBPWC pins were distributed and worn by the members throughout the Convention. Everyone wanted one but I had only enough for my members.
- The PA BPW Foundation Gala on Friday featured, "Women of History." Our table featured Lena Madisen Phillips, with her photo, pearls, hat, gloves, fan, hatbox, shoes and lace. We gave away favors of old fashioned handkerchiefs, yellow linen clothes, and small jars of the delicious Godiva pearl chocolate. Bookmarkers were given to everyone in the room with the photo of Lena and her quote. Many did not know anything about this very special woman. Little did they know about her being our first Executive Secretary at the 1919 Conference in St. Louis or that she was our fourth National President or how she founded the International BPW in 1930.
- From the Pittsburgh area, we have member, Mary Shaw, who sits on the Commission for CEDAW. We were proud to announce that the Mayor of Pittsburgh was honored at the United Nations in early March for the CEDAW Commission's work.
- In late March, Ginny Bailey and myself prepared a "Suffragist" Play that was presented and acted by the Montgomery Township, PA Historical Society leaders. The play is now being copyrighted so that it can be placed on the E Newsletter in the coming months. Everyone will be looking for 2020 Women's Right to Vote materials.
- The Pay Equity Rally for Pennsylvania was held on the rotunda steps of the Harrisburg Capitol on Monday, April 8. It was a combination of the AAUW and the BPW efforts to conduct this informative rally. The Pay Equity issue needs to be kept in the news for everyone to be aware of its importance. Nancy Thomas and myself represented our PA Affiliate Chapter of the NFBPWC. We were on the Harrisburg News later that day.

- We have two members planning to Board the 100th Anniversary NFBPWC Cruise Ship on November 2. Denice Robinson, and myself, can't wait to take our very first cruise and meet BPW members across the nation and perhaps some International members.
- As President, I have attended all the NFBPWC telecommunication calls during the year and have been adding articles/photos to the monthly E newsletter from our PA Affiliate Chapter.
- We are planning a lottery fundraiser for the month of October. We will be using the PA evening lottery number and our tickets will have 4 numbers.
- The plans to visit the Alice Paul House on September 7 and 8, 2019 are all in place and we are waiting for reservations to arrive during the next 3 weeks. We are limited to 100 people.
- Always something to be accomplished when you are serving as a President!



## NFBPWC EL PASO TEXAS WEST

### Executive Committee:

Rocío González	President
Minerva Villareal	Vice President
Virginia Chacón	Treasurer
Laura Jurado	Secretary
Gloria Flores	Past President

El Paso West meets the second Tuesday of every month at 11:00 a.m. at member's homes and sometimes at La Madeleine Restaurant.

Whether you are in the area and would like to attend, just contact Laura Jurado (El Paso West secretary) for the address at [laurajuradoa@yahoo.com](mailto:laurajuradoa@yahoo.com) (don't miss the 'a' after jurado). We'll be delighted to see you!

## NFBPWC HOUSTON

### Executive Committee:

Paola Ferrari	President
Simin Banister	1 <sup>st</sup> Vice President of Membership
Desyre Morgan	Vice President At Large
Sheryl Tuttle	Treasurer
Maya Ford	Recording Secretary
Soheila (Sue) Nawamooz	Events Chair

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Houston>

## NFBPWC PASO DEL NORTE

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Paso-del-Norte>

## NFBPWC VIRTUAL CLUB

For more information, you can visit the website at: <https://www.nfbpwc.org/Virtual>

Or email: [ccbpcw@aol.com](mailto:ccbpcw@aol.com)

### Executive Committee:

Daneene Monroe Rusnak	President
Sue Oser	Secretary
Leona Phillips	Treasurer

By: Daneene Monroe Rusnak  
President, NFBPWC Virtual Chapter

Be sure to stop by the [Virtual Chapter page](#) on the NFBPWC website. We've added a few "bells and whistles," including a calendar and some of our "open to the public" webinars.

Stay tuned for more updates soon!



## NFBPWC YOUNG BPW

By: Ashley Maria  
Young BPW Chair, NFBPWC  
Contact: [YoungBPW@NFBPWC.org](mailto:YoungBPW@NFBPWC.org)

### Join Young BPW!

Let's work together to build up Young BPW in the USA! Members of Young BPW (18 - 35 years old) have the opportunity today to create a new community of support.

Ashley Maria, Young BPW Chair pictured to the right, had the honor of representing North America at the United Nations this year as a Young BPW Delegate. Let's create more opportunities like this for our Young BPW members!



If you qualify for Young BPW, please fill out our survey (<https://www.surveymonkey.com/r/CSYGSCSL>) and tell us what you'd like to get out of this new community of support. Thank you for jumping in to support Young BPW!

Link to Young BPW Website: <https://www.nfbpwc.org/Young-BPW>



- Photos, poems, collages, and creative writings are welcome for submissions for future newsletters.
- State and Local Chapters - Have you reached a milestone or an accomplishment that you would like to share? Toot your own Horn!

Send your submissions to Michele Guarino at: [Michele@ASecondOffice.com](mailto:Michele@ASecondOffice.com)

**Submission Deadline for the August eNewsletter is Wednesday, July 24<sup>th</sup> at 5:00 pm Mountain Time**

DISCLAIMER: We reserve the right to reject any submissions that are not in line with the mission statement of The National Federation of Business and Professional Women's Clubs.



## ENGAGE WITH NFBPWC ON SOCIAL MEDIA



<https://www.facebook.com/NatlFedBPWC/>



<https://plus.google.com/104658286477356273688>



<https://twitter.com/nfbpwc>



[https://www.youtube.com/channel/UC2l\\_ciXLyvbu1dbBOsV9Tg](https://www.youtube.com/channel/UC2l_ciXLyvbu1dbBOsV9Tg)



<https://www.instagram.com/nfbpwc/>



<https://www.linkedin.com/company/national-federation-of-business-and-professional-women%27s-clubs>

