



The National Federation of Business & Professional Women's Clubs, Inc.

September 2019
Newsletter

Upcoming Events

Lifelong Leadership Monthly Webinars

"History and Benefits of BPW - 100 Years in One Hour"

6:00 PM Pacific | 7:00 PM Mountain | 8:00 PM Central | 9:00 PM Eastern

10 September 2019: REGISTRATION REQUIRED <https://zoom.us/j/735728872>

NFBPWC Board of Directors' Meeting

17 September 2019

5:00 PM Pacific | 6:00 PM Mountain | 7:00 PM Central | 8:00 PM Eastern

Board reports are due September 10th to Marsha Riibner-Cady

romarsci@gmail.com

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Submission Deadline for the October eNewsletter is Monday, September 23rd at 5:00 pm Mountain Time

Emma Nutt Day

September 1st - first woman telephone operator on Sept 1, 1878 - worked for 33 years

International Literacy Day

September 8th United Nations)

<https://www.un.org/en/events/literacyday/>

International Peace Day

September 21st (United Nations, 1981, Resolution 36/67)

<https://www.un.org/en/events/peace-day/>

Labor Day

September 2nd

National Women's

Friendship Day September 18th

- The Kappa Delta Sorority created this day in 1999.

ABOUT NFBPWC

Develops the business, professional and leadership potential of women.

Our Mission

The National Federation of Business and Professional Women's clubs (NFBPWC) develops the business, professional and leadership potential of women on all levels through education, advocacy, networking, mentoring, skill building and economic empowerment programs and projects.

Focus Issue

Elimination of Sexual Harassment and Sexual Abuse Against Working Women

The National Federation of Business and Professional Women's Clubs (NFBPWC) of the United States of America is an affiliate of the International Federation of Business and Professional Women, which spans across five regions and over 110 countries of the world. In 2017 we celebrated 98 years of empowering women through our mission which is to develop the business, professional and leadership potential of women on all levels through education, advocacy, mentoring, networking, skill building and economic empowerment programs and projects.

Contacting your NFBPWC Executive Committee (2018-2020):

Sandy Thompson, President
Megan Shellman, VP Membership
Nancy Werner, VP Advocacy
Marsha Riibner-Cady, Secretary
Gloria Flores, Treasurer
Liz Benham, Immediate Past President

president.bpw@nfbpwc.org
vpmembership@nfbpwc.org
vpadvocacy@nfbpwc.org
secretary.bpw@nfbpwc.org
treasurer.bpw@nfbpwc.org

Standing Committees:

Membership, Megan Shellman, Colorado
Advocacy, Nancy Werner, Pennsylvania
United Nations, Elizabeth Vanardenne, Virtual
Environment, Laurie Dameron, Colorado
Finance, Lourdes Reyna, Paso del Norte
Health, Marion Waelchli, Pennsylvania
Mentoring Taskforce Chair, Titilola Adisa, Momentum
International Liaison, Bessie Hironimus, California
Leadership & Learning, Kathy Kelly, Colorado
Public Relations, Daneene Rusnak, Virtual
Young BPW Chair, Ashley Maria, California

vpmembership@nfbpwc.org
vpadvocacy@nfbpwc.org
evanarden27@gmail.com
ldameron@bpwcolorado.org
lulureyna23@gmail.com
leomarion2@zoominternet.net
tytyadisa@yahoo.com
Bessie.hironimus@bpw-international.org
kathy@ppiadvantage.com
daneene1124@gmail.com
ash@ashley-maria.com

Special Committees:

Military Affiliated Women, Barbara Bozeman, North Carolina
Newsletter, Michele Guarino, Colorado
Nominations, Manjul Batra

Barbara.bozeman@ymail.com
michele@asecondoffice.com
manjulum@aol.com

Taskforce:

Elimination of Sexual Harassment, Jackie Melvin
Rapid Response – Linda Wilson

jamelvin@pacbell.net
lindalwilson@juno.com

PRESIDENT'S MESSAGE



By: Sandy Thompson
President, NFBPWC

Greetings!

It is hard to believe that Fall will be here in just a few days. Hopefully you have all had a wonderful summer full of adventures.

I had an adventure in August attending the Regional President's meeting in Montreal, Quebec Canada. I had never had the opportunity to visit Montreal before, so I took advantage of this trip and did a little sightseeing in addition to attending the meeting. It is a beautiful and very hospitable city. I enjoyed getting to learn a little about it.

In addition to the Regional Meeting, Canada was having their annual AGM. Our Canadian BPW Sisters were most gracious and made us feel very welcome. Our condolences go out to Canadian President, Linda Davis, whose Father passed away during this time. Fortunately, she was able to be with him.

At the Regional Meeting the Regional Coordinator, Dawne Williams gave greetings to all of the members and provided an update on her activities. The President's gave an update on what was happening in their area and Regional Secretary Christine Walwyn presented an overview of all of the clubs and federations SDG projects. We also selected the sight for the next Regional Meeting which will be in St. Martin's sometime in 2021 or 2022. Dawne Williams was also selected as our candidate for Regional Coordinator to be elected at the next International Congress in 2020.

The Canadian AGM had several interesting speakers including International President Dr. Amany Asfour and provided a Reception at City Hall and a wonderful dinner at the Pink Palace, where we all wore pink.

Here is a picture of Regional Coordinator, Dawne Williams, International President, Dr. Amany Asfour and me.



Our history continues as we move into the 21st Century. BPW continued to be branded as the premiere grassroots organization addressing the wage gap, with most of our Local Organizations participating in events to focus on Equal Pay Day, usually the 2nd Tuesday of April. In 2002, the "Take the Pay Equity Pledge" Campaign asked candidates for Congress to sign a pledge to support the Paycheck Fairness Act. As pledge cards came in, BPW's Local Organizations held press conferences and distributed press releases on those candidates friendly to BPW's focus issue-Pay Equity.

In October 2005, BPW/USA launched Women Joining Forces: Closing Ranks, Opening Doors (WJF), a program to support women veterans as they transition from military to civilian life. This commitment made BPW/USA the first and only non-governmental agency to offer programming that supports women veterans.

Our condolences also go out to International President, Dr. Amany Asfour, on the death of her sister. We are so sorry for your loss

I hope that you will join us for our quarterly Board of Director's meeting on September 17th.

BOARD OF DIRECTORS MEETING

September 17, 2019 at 5:00 p.m. Pacific, 6:00 p.m. Mountain, 7:00 p.m. Central and 8:00 p.m. Eastern

Register online to receive all of the materials and the call-in number. It will be via Zoom.

All members are invited to attend. Presidents and Chairs please get your reports to Executive Secretary, Marsha Riibner-Cady. See the [Secretary's Report \(below\)](#).

NFBPWC 100 YEAR CELEBRATION CRUISE

You can still join us for the Cruise. Go to our Website and sign up. The link is: <https://www.nfbpwc.org/event-3296730>

ROSE FLOAT 2020 FUNDRAISER

It is not too late to donate for the Rose Parade Float celebrating 100 years of women having the vote. Go to our website and make your donation. Or click here: <https://www.nfbpwc.org/Donate>

Important Cruise Information

from Liz Benham, NFBPWC Immediate Past President

NFBPWC 100th Anniversary Cruise Celebration

Sneak Peak on the Fun!

There is still time to book and join us!

Itinerary

Day	Date	Time	Port or Activity	Arrive	Depart
Sat	Nov 2		Fort Lauderdale , FL Book your embarkation time logon to ship account.		3:30 PM
		5pm	Welcome meeting details to follow		
Sun	Nov 3		At SEA		
		9am -4pm	100th Anniversay Program -details to follow		
		8.15pm	Gala Dinner 20's theme		
Mon	Nov 4		Grand Turk, Turks and Caicos Book an excursion wih the ship or stay onboard and spa , swim etc	7.00 am	2.30pm
Tues	Nov 5		Princess Cays , Bahamas - Private Island,Beach day, snorkeling/shopping	9.30am	6.30pm
		5pm-6pm	Cocktail Party - Theme: Pirates! Presentation Women Pirates of the Carribbean!		
Weds	Nov 6		Nassau Bahamas	7.00am	5.00pm
		10.00am	BPW - excursion to Pirates museum and Rum cake factory/ shopping OR: Book your own excursion throught the ship		
		5pm -6pm	Cocktails Farewell		
Thurs	Nov 7		Fort Lauderdale , FL	8.00am	

Use this link if your wish to book the cruise

<https://secure.vacationstogo.com/vtg/group/unavailable.cfm?uuid=DB1B548BE3B642DADC287524467EC563>

Use this link to manage your booking on the cruise

<https://www.carnival.com>

Log into your account and complete the required documentation details

Recommendation: Pay your gratuities before you board \$13.99 per day

NATIONAL FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN'S CLUB'S (NFBPWC) ADVOCACY PLATFORM 2018-2020

NFBPWC will employ several education, advocacy, monitoring and tracking strategies to meet the following priorities:

The Alice Paul Equal Rights Amendment shall stand first and foremost above all other items of the advocacy platform until Equal Rights have been guaranteed in the United States Constitution – i.e. “Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

Economic Equity and Justice

- Access to pay equity and retirement equity
- Access to education, training and promotional opportunities
- Access to equal opportunities in the workplace and corporate boards
- Access to women business enterprise procurement process
- Access to quality, affordable dependent care (child, elderly or disabled)
- Access to funding and capital for entrepreneurial activity
- Access to affordable and attainable housing

Health Equity and Justice

- Access to affordable care
- Reproductive choice
- Paid sick leave
- Family and medical leave
- Equal research funding for women's and girl's health issues
- Health education funding for women's and girl's health issues
- Health education funding for women and girls
- Prevention of pregnancy and infant care discrimination in the workplace (reasonable accommodations for breast feeding/breast pumping and pregnancy related conditions)
- Ensure workplace safety
- Expansion of mental health coverage and services

Human Rights – recognition that women's rights are human rights

- Ratification of the Equal Rights Amendment (ERA)
- Passage of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)
- Eradicate Domestic Violence and the Electronic and Physical stalking, sexual harassment, sexual abuse and discrimination
- Oppose human trafficking, sexual exploitation and slavery
- Equal education opportunity
- Support equal rights for LGBTQ+ persons
- Support equal treatment of and end discrimination against minority women
- Support policies and practices that promote environmental sustainability
- Support the endeavors of and improve conditions for military-affiliated women



MEMBERSHIP NEWS

By: Megan Shellman
1st Vice President of Membership, NFBPWC

Momentum Club:

The National Federation Business and Professional Women's Momentum Club (NFBPW Momentum Club) is a closed group that operates as a platform from which new BPW clubs/chapters, affiliates, and federations will launch. Current members of NFBPWC who wish to help open a new club or want to connect and support membership growth are welcome to attend. Individuals who would like to start a club in their area are welcome to attend and are invited to join the NFBPWC Momentum Club.

Learn more about the Momentum Club and help us grow and thrive by attending the next meeting. Topics for the Momentum Club meetings are designed to help the members start their own club and continue the growth of this vibrant organization. Find and register for the next meeting at: <https://www.nfbpwc.org/events>.

NFBPWC Virtual:

We welcome all members and individuals to participate in this club and to learn more about growing our organization. If you do not have access to a local affiliation or federation, please consider starting a new club in your area or joining our NFBPWC Virtual. The Virtual club meets monthly and provides a variety of incredible topics with dynamic speakers. (Membership dues to NFBPWC Virtual start at \$60 annually - January to December - for members not associated with another NFBPWC organization.) Click here for more information: [NFBPWC Virtual](#).

Which NFBPWC Benefit is most valuable to you?

As our organization continues to grow, we are often asked what value there is to be a part of NFBPWC as a member. The \$45 from your annual membership fee that goes to NFBPWC provides you with many tangible and intangible benefits. From marketing opportunities and formal programs to friendships with women from all over the world, the advantages of being a member are immeasurable when you take advantage of what is offered.

Please email Megan Shellman, 1st VP of Membership, with any questions about the opportunities available to all members and share with us which membership opportunity holds the most value to you: mshellman@bpwcolorado.org.

NFBPWC members can support their business and professions by utilizing the following benefits:

- Grow through NFBPWC's formal **Leadership and Learning Program**.
- Share your successes on the **NFBPWC Showcase**: <https://www.nfbpwc.org/Our-Showcase>.
- **The Business Network**, <https://www.nfbpwc.org/Business-Network>, to market business and professional services in a public area of the website. Discover an international platform of intercultural understanding, languages and travel while establishing connections with women around the world.
- Partake in **business opportunities** for partnering and procurement, nationally and globally through BPW.
- **Member Spotlight** in the newsletter, e-alerts, website, and social media platforms (Email mshellman@bpwcolorado.org to apply for this opportunity.)
- Formal **Mentoring Program** for mentees and mentors.

Are you passionate about women's issues? You can participate and explore benefits only available to members:

- Private **discussion forums** on issues relating to women hosted on the website.
- **Members' only information** related to NFBPWC and women's issues.
- **Private Membership Directory** supporting members and their organizations.
- Participate in the **United Nations System** worldwide through CSW and other programs annually.
- Annual **Ms. Magazine** subscription.
- **Advocate for women's issues** on a national and international level and **cultivate worldwide friendships** in one of the original women's networking organizations!

FROM THE DESK OF THE SECRETARY

By: Marsha Riibner-Cady
Secretary, NFBPWC 2018-2020

Do you need help with your profile on the website? I am delighted to help you update your look. Please contact me at romarsci@gmail.com.

When your club elects its new officers for the 2019-20 BPW year, please send me the list with emails so that I can update our records. Thank you to those of you who have sent the information already!

There are no interim actions to report at this time.

Our next Board of Director's meeting is September 17, 2019 at 5:00PM Pacific Time /6:00 Mountain Time/7:00 PM Central/8:00 PM - (US/Eastern)

Call in information will be available on the nfbpwc.org website. All board reports are due by September 10, 2019 to Marsha Riibner-Cady at romarsci@gmail.com

Looking forward to "seeing" you soon!

ADVOCACY NEWS BY NANCY WERNER

By: Nancy Werner, NFBPWC, 2nd Vice President of Advocacy

Advocacy -Equal Rights Amendment Update. Virginia, Virginia, Virginia NEEDS our help.

Virginia is ONE VOTE AWAY from ratifying the Equal Rights Amendment. This fall, every seat in the Virginia Senate and the House of Delegates is up for election. I wrote about the situation of Virginia back in January/February BUT something happened since then. Federal judges selected a new House of Delegates district map that revised boundaries of 26 districts. With the new districts, many House of Delegates races are more evenly matched than they have been for a decade or more. This November Virginia voters have a once in a lifetime opportunity to make constitutional history by electing candidates who will ratify the Equal rights Amendment.

Now Virginia ratification requires a change in the House leadership. We saw this very clearly during the General Assembly 2019. Virginia needs our support whether it by donating funds, signing up for their newsletter, or contacting them to join the campaign. (<https://varatifyera.org>)

The Virginia Ratify ERA wants to be that 38th State. The state number required to ratify the amendment to correct the purposeful, historical exclusion of women from the Constitution. We are all repeating the “Equality of rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

We can make it happen. Please take a moment and visit the link. Take action, please.

But look what is happening in North Carolina. ERA Billboards are appearing everywhere. The AAUW and the ERA NC are busy. The message says it all for North Carolina residents. “Women Have 0 Equal Rights.” Please read it. I wish to thank Marsha Riibner-Cady, our NFBPWC Recording Secretary, for sending the photo onto me. She lives in North Carolina and is keeping a watch for us. If Virginia doesn’t make the 38th state, North Carolina is sure working hard that their state gets in the history books. What ERA enthusiasm in these two southern states!



LEADERSHIP & LEARNING COMMITTEE REPORT (INDIVIDUAL DEVELOPMENT PROGRAM OR IDP)

By: Kathy Kelly
Committee Chair, Leadership & Learning Committee, NFBPWC

The L3P Committee is halfway through 15 professional development modules. If you are interested in becoming a facilitator, please contact Kathy at 303-517-6399 to discuss, or kkelly@bpwcolorado.org.

The first module, **BPW: 100 years in 1 hour**, will now be given on the **SECOND** Tuesday of every month via ZOOM. Please encourage anyone who is a new member or interested in BPW to attend this monthly webinar. The focus is on both the past and present legislative and advocacy work of NFBPWC over the last 100 years, including the 19th Amendment, Equal Pay, Title IX and the Equal Rights Amendment. We will also discuss BPW’s consultative status at the United Nations, the Global Sustainable Development Goals, and of course some time for networking, feedback and Q&A.

The next presentation held via ZOOM is September 10 at 7 PM MDT. We hope you’ll join us!

Join ZOOM URL: <https://zoom.us/j/735728872>

We are seeking out past Individual Development Program (IDP) facilitators as we would appreciate your input and hope that you will volunteer your talents once again to facilitate the new L3P program.

The following modules have completed committee review:

- History and Benefits of BPW
- Discovering your Strengths (DISC personality assessment)
- Enhancing your Profile: Interpersonal and Transferable Skills for the Workplace
- Taming your Tension: Creating Presentations
- The Art of Public Speaking: Speeches and Presentations
- Engage and Shine: Networking – A Skill for Life
- Interviewing Skills
- (Business Etiquette: in review)



For more information or to receive the PPT and Facilitator's Script, please contact the L3P Chair, Kathy Kelly, at kkelly@bpwcolorado.org, Cell: 303-517-6399.

LIFELONG LEADERSHIP MONTHLY WEBINARS

The Lifelong Leadership & Learning Committee is pleased to offer a regular monthly webinar, "History and Benefits of BPW – 100 Years in One Hour." Check your calendars for the second Tuesday of every month. FREE to all members and guests. REGISTRATION IS REQUIRED.

SEPT 10, 7 PM MDT: <https://zoom.us/j/735728872>

GREEN NEWS

By: Laurie Dameron, BPW Boulder Member
Chair BPW Colorado Environment and Sustainable Development Committee
Chair NFBPW Environmental and Sustainable Development Committee

Join Global Climate Strike

As the chair of the environmental committee for both Business & Professional Women of Colorado and the National Federation of Business & Professional Women's Clubs, I have been trying to think of a "Starbucks Campaign" for the last few years. I am a Starbucks Gold Card member. Yes, I know some of you may criticize me for being a patron of this huge – and often irresponsible – corporation. But If Starbucks were to become a leader in being sustainable, it could make a tremendous difference in educating folks! So, one reason is I hoped it would make me more credible when urging them to do better environmentally.



I have written to Starbucks for years and had face-to-face meetings with the district manager and managers of different stores in Boulder County, trying to get them to encourage more folks to bring in their own coffee cups by raising the 10-cent discount for doing this as well as urging them to use real cups unless folks are getting their beverage to go. (Of course, it would also be great if they would use recyclable plastics and coffee cups.) I also wrote them almost every day during April 2018, with ideas on how to celebrate Earth Day. I wrote them several times this past April as well to no avail.

Moreover, I sent the current manager of the 2770 Pearl Street store in Boulder and the district manager nice Christmas cards in 2018, thanking them for having good coffee and stellar employees – and to tell them I was looking forward to meeting with them at the beginning of the new year to discuss how Starbucks might be “greener.” I followed up several times, but got no response.

Several months ago, one of our BPW Boulder interns suggested that young people today would rather do something outrageous about environmental degradation, like a protest. At the time, I thought that would be too extreme and didn’t want to ruffle any feathers – but now I’m done with being polite to Starbucks!

So when I saw the chance through 350.org to hold a climate strike, I jumped on it (see <https://350.org/support-climate-strikes>). And since I was doing that, I finally made a petition about Starbucks through change.org, which I’d also been putting off.

The Global Climate Strike is happening as a coalition of several organizations, including 350.org, International Indigenous Youth Council, and US Youth Climate Strikes. It is based on Greta Thunberg’s School Climate Strikes. Thunberg is the amazing 16-year-old from Sweden who has made the news as a climate activist; she’s done a TED talk and was even nominated for a Nobel Peace Prize! Inspired by Thunberg, young students have been holding strikes around the world for the past six months to raise awareness that climate change is the biggest issue that humankind has ever faced.

And now adults are being asked to join in on September 20, 2019. Organizers say this is only the beginning of a week of action; we’ll all be working towards influencing our candidates in the 2020 election. You can see where climate strikes are being held – or organize your own – at <https://strikewithus.org>. I hope BPW chapters all around the USA will establish some events. I also hope just about everyone will participate; you don’t have to be anyone special – just someone with passion!

The Boulder strike will be held on Friday, September 20, noon to 1:30 pm, at the northwest corner of 28th Street and Pearl Street, near Starbucks, Floyd’s, and Wahoo’s Fish Taco, where there is a large patio. I am hoping to get a permit so we can have a sound system with speakers. Possible speakers include Governor Polis, Representative Joe Neguse, Rosie Briggs of Eco-Cycle, Representative and Speaker of Colorado House KC Becker, and Representative Edie Hooton. Some organizations I hope to be involved are 350.org, Boulder Time Bank, BPW, Eco-Cycle, Girl Scouts, Rocky Mountain Peace and Justice Center, the Women’s Collaborative of Boulder County, and eco groups from local high schools. If you have any suggestions, please let me know!

More information, which will be updated regularly, is at <https://www.facebook.com/events/2122410217868972/>. There is a link to the petition at that Facebook event. Please help spread the word! Thank you so much!

Now, let’s see where we left off with Pope Francis:

III. LOSS OF BIODIVERSITY

35. In assessing the environmental impact of any project, concern is usually shown for its effects on soil, water and air, yet few careful studies are made of its impact on biodiversity, as if the loss of species or animals and plant groups were of little importance. Highways, new plantations, the fencing-off of certain areas, the damming of water sources, and similar developments, crowd out natural habitats and, at times, break them up in such a way that animal populations can no longer migrate or roam freely. As a result, some species face extinction. Alternatives exist which at least lessen the impact of these projects, like the creation of biological corridors, but few countries demonstrate such concern and foresight. Frequently,

when certain species are exploited commercially, little attention is paid to studying their reproductive patterns in order to prevent their depletion and the consequent imbalance of the ecosystem.

Read the entire encyclical: [POPE FRANCIS https://laudatosi.com/watch](https://laudatosi.com/watch)

YOU ARE A PART OF THE SOLUTION!!!

To sign up for Laurie's monthly music and "Green News,"

write to WindchimeL@aoL.com Or visit www.LaurieDameron.com

Please visit and LIKE <https://www.facebook.com/WhatCanIDoSpaceshipEarth>

HEALTH COMMITTEE REPORT BY MARION WAELSCHLI

By: Marion Waelschli
NFBPW Health Committee Chair

Now that we are getting ready to start school, remember that some children, young adults are required to get necessary shots for entry to school.

With the days getting shorter, yet still very high temperatures drinking water is a must. Water also helps your body keep working properly. We all need to drink lots of fluids to keep us running like fine toned bodies.

Water, water every--not for some other countries. We all need to keep in mind that helping other people get clean drinking water, join groups to help provide ways to get life sustainable drinking water.

SEXUAL HARASSMENT AND SEXUAL ABUSE AGAINST WORKING WOMEN COMMITTEE

By: Jackie Melvin, NFBPWC Task Force Chair
jamelvin@pacbell.net

I DID IT! AND I'M SORRY AND SINCERELY APOLOGIZE

Ever heard that from the accused sexual harassment predator? Nope.

More like this: *"The allegations from these unnamed individuals dating back as many as 30 years are deeply troubling, and, as presented, inaccurate.*

"Still it is painful to hear that I may have upset anyone or made them feel uncomfortable - no matter how long ago and despite my best intentions. I believe that all of my interactions and relationships were always welcomed and consensual. People who know me or who have worked with me know that I am not someone who would intentionally harm, offend, or embarrass anyone.

[Wait for it... it's coming...here it is!]

"However, I recognize that the rules and standards by which we are - and should be - measured against today are very different than they were in the past. I am blessed and privileged to have had a more than 50-year career in opera and will hold myself to the highest standards." [Catherine Womack of L.A. TIMES reporting 08/15/19].

Various reactions by professionals in his career to his statement include "He's admitting that the 'rules and standards' have changed but declares that his relationships were always welcomed. If that's true, then why does it matter that rules and standards have changed? He's trying to have it both ways."

And" "...he places the blame on generation and age" ... " It refers to the women in dehumanizing ways, calling them "unnamed" which is false because one of the women is named..." in the article by Associated Press which

disclosed allegations by nine women [8 singers and 1 dancer] of sexual harassment during the '80's, '90's. and early 2000's.

In other words, Sir, sexual harassment in the workplace was okay 30 years ago but not today, right? Wrong. What's changed is women are speaking out and the public is hearing their voices and has responded; the #MeToo reckoning has changed the culture of silence.

And who is this falling Macbeth, this tragic hero with the serious flaw? He is 78-year old Placido Domingo, the general director of Los Angeles Opera and arguably the most famous living figure in classical music. In the 1980's, the Spaniard, along with Luciano Pavarotti and Jose Carreras, as The Three Tenors, carried the magnificent world of opera to populist heights. His professional accomplishments over a 60-year career are extensive.

Watch the progress of this unfolding drama after the Associated Press reported "detailed alleged instances of unwanted sexual advances and perceived retaliation when those advances were rejected", as just this week [8/21/19] , the L.A. Opera has hired a prominent and well-experienced attorney, Debra Wong Yang, of a prominent legal firm, Gibson, Dunn & Crutcher, to conduct a "thorough and independent investigation" into the allegations.



State Federation & Clubs News

NFBPWC CALIFORNIA FEDERATION

Executive Committee 2019-2020:

Rosemary Enzer	President	Elaine Wakeham	Treasurer
Lynn Brandstater	President-Elect	Trudy Waldroop	Parliamentarian
Sally McMahon	Vice President	Immediate Past President	Katherine Winans
Maryann Wesson	Secretary		

For more information about this club, go to: <https://www.nfbpwc.org/California> or <https://bpwcal.org/>



By: Rosemary Enzer, President, NFBPWC California

This year's theme is *Hear Our Voice* and California BPW members are making their voices heard in their communities.

Our newest club, San Gabriel BPW, celebrated its first anniversary with a special dinner meeting and the announcement of a new mentoring program. In conjunction with the Chinatown Service Center and the Small Business Administration, they will help women of all ages, but especially young women, to start their own businesses.

Burbank BPW is helping a college-bound young woman in her transition from the foster care system. Club members purchased much needed dorm supplies, including towels and

bed linens, a lamp and decorations for her dorm room. (Pictured Right) This young lady is the first in her family to attend a four-year college. As a foster youth, she experienced abuse or neglect and has overcome great odds to have received her high school diploma. BPW members plan to keep in contact with her, providing support throughout the year.



Downtown Sacramento BPW was represented at the annual Sacramento Women's Conference by new member Sher Singh. The club had a table providing information about NFBPWC, as well as the California Federation. (Pictured Left)



Pictured Above: NFBPWC President Sandy Thompson, Hollywood BPW President Marjory Hopper, San Gabriel BPW President Lynn Wen, California Federation President Rosemary Enzer, Sierra Mar District President Linda Wilson and members of the San Gabriel BPW Club.

NFBPWC COLORADO FEDERATION

Executive Committee 2019-2020:

Kathryn Wallace	President
Evie Hudak	Vice-President of Advocacy
Cheryl Rotkovich	Treasurer
Teresa McEldowney	Secretary
Deborah Fischer	Immediate Past President



For more information about this club, go to: <https://www.BPWColorado.org>

By: Kathryn Wallace, President, NFBPWC Colorado (2019-2020)
president@BPWColorado.org

NFBPWC FLORIDA

Interim Executive Committee 2018-2019:

Liz Benham	Interim President
Colleen Kelly	Interim Treasurer
Lynne Hale	Secretary
Patty Harris	VP of Membership
Dawne Richards	Interim Vice President of Advocacy

For more information about this club, go to: <https://www.nfbpwc.org/Florida>

By: Liz Benham

Our August meeting was very exciting and helpful to our members.

The topic was **"Are you Tired of being Tired!"**

Our speaker Carolyn Zaumeyer, an expert on bio identical hormones presented us with all the reasons our hormones need to stay balanced to: reduce depression, anxiety, mood swings, memory loss, sleeplessness, foggy brain, fatigue, weight gain, headaches night sweats and hot flashes.

It was of high value and the members loved it!

Carolyn also raffled a free consultation and blood work panel valued at \$350.00 which was gladly won!



NFBPWC LA GRANGE-CHICAGO

Executive Committee 2019-2020:

Kathleen Ray	President
Barbara Yong	Vice President
Barbara Miller	Secretary
Mary Lou Lowery	Treasurer

For more information about this club, go to: <https://www.nfbpwc.org/LaGrange-Chicago>

NFBPWC NEW YORK CITY

Executive Committee:

Francesca Burack	President
Harriet Friedlander	Vice-President of Membership
Julia Forman	Secretary
Isabella Hutchinson	Young NFBPWC
Michelle Kawka	Webmistress

For more information about this club, go to: www.NFBPWC-NYC.org

NFBPWC NORTH CAROLINA

Executive Committee 2018-2019:

Marsha Riibner-Cady	President
Barbara Bozeman	NBPWC-NC Momentum Club Liaison
Lea-Ann Berst	NFBPWC-NC Webpage Master and Facebook page

For more information about this club, go to: <https://www.nfbpwc.org/NorthCarolina>



By: Marsha Riibner-Cady, President, NFBPWC North Carolina

Marsha was invited to be a judge at the Miss Lincoln County Apple Queen Scholarship Pageant on August 3. The requirements to be a pageant participant were: completing the application from the local BPW club, be a rising high school senior or local high school graduate less than 23 years old. Contestants have to attend rehearsals for the program. The winner is expected to participate in the Apple Festival in the fall and volunteer with the Coalition Against Child Abuse Price is Right event. They are also encouraged to visit as many Lincoln County Elementary schools as possible and to read with the students.

There were 13 contestants this year and the winner was Kayla Marie Jackson. She won a \$3000 scholarship!

Pictured on the Right: The winner Kayla Marie Jackson is the person in the middle with the crown surrounded by her court.

We are looking forward to seeing pictures of our members in yellow to celebrate the 89th birthday of BPW International!





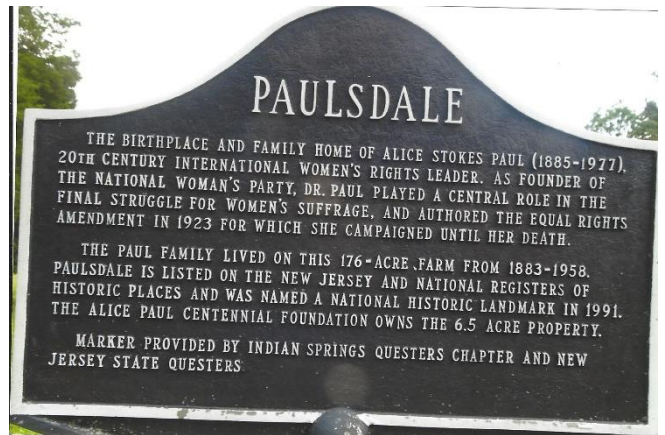
Judges Pictured to the Left: Marsha is in the middle with the purple and to her left is the BPW Lincolnton President Victoria Echols.

To all the folks out there who have children returning to school this fall we wish them (and you) a very successful year!

PENNSYLVANIA AFFILIATE CHAPTER

Executive Committee:

Nancy Werner	President
Cathy Collins	Vice-President
Marion Waelchli	Recording Secretary
Nancy Thomas	Treasurer
Laura Whetstone	Parliamentarian
Cathy Collins	Membership
Lilly Gioia	Advocacy/Public Policy



For more information about this club, go to:

<https://www.nfbpwc.org/Pennsylvania>

By: Nancy Werner
President, NFBPWC Pennsylvania

PAULSDALE here we come! After a year of planning and setting the stage, we are officially opening the 2020 Women's Right to Vote here in Pennsylvania. Visiting the Alice

Paul Home in Mt. Laurel, New Jersey, has been a dream for many of our members. I have never been so excited about doing a BPW project except when I served as the Federation President back in 1995-96. I think I can say the same for my co-chair, Denise Robinson, who was State President in 2006-07. But we are only two weeks away from all the preparation and gathering of members and guests to come and join us. We have members driving from the PA East to a bus from PA West, all coming together on Saturday, September 7th. I just took the trip to Mt. Laurel and sat with Lucy Beard, the Director, and Kate Campbell Stevenson, our actress portrayer, to complete the final itinerary for our Paulsdale visit.



PICTURED: LUCY BEARD (DIRECTOR OF PAULSDALE); KATE CAMPBELL STEVENSON; AND NANCY WERNER

With a house tour for everyone, memorabilia to be purchased, a delicious luncheon and a performance by Kate as Alice Paul and Rose Crabtree. It will be a day to remember.

But our adventure does not end there, after visiting the Paulsdale, we will travel to the Valley Forge Hotel and Casino for an overnight stay. On Sunday morning, we are thrilled to be having Amanda Owen, Chair of the Justice Bell Foundation, speak to us about the famous bell and its travels throughout the 67 counties of Pennsylvania back in 1915. She discovered the Justice Bell at the Valley Forge Memorial Church and Museum a few years back. It was just sitting there with no information and when she asked about it, no one knew why it was there either. Well, Amanda has researched every bit of information about the Justice Bell. She has written a book and just produced a movie about it. In time for the 2020 Women's Right to Vote celebration and we are so honored to be one of her first audiences. Can't wait to report back to you in September. Let me share some photos before we get there. A great big hug to our Affiliate members who are making the journey: Cathy Collins, Diane Lewis, Susan Vladika, Laura Whetstone, Ginny Bailey, Nancy Thomas, Denice Robinson and myself. That's half our membership! One more news bit - we were mentioned in the National Women's History Gazette in the latest edition. We were mentioned under the State events with our Paulsdale visit and the Justice Bell. We were thrilled!



We did a group photo back on August 9th as we met for PA Affiliate Meeting. Now we were trying for the Equality Day look of wearing yellow. We got close. We wore yellow, some wore sashes, one wore her t-shirt of Making Alice Proud, one wore her 100 Years of BPW shirt, and even the Apollo Landing shirt was featured. We really had the spirit of Equality Day -August 26th in our hearts

Pictured Left: Front Row- Nancy Werner, Denice Robinson, Nancy Thomas and Ginny Bailey

Back Row - Cathy Collins, Susan Vladika, Diane Lewis, and Marion Waelchli

NFBPWC EL PASO TEXAS WEST

Executive Committee:

Rocío González	President
Minerva Villareal	Vice President
Virginia Chacón	Treasurer
Laura Jurado	Secretary
Gloria Flores	Past President

El Paso West meets the second Tuesday of every month at 11:00 a.m. at member's homes and sometimes at La Madeleine Restaurant.

Whether you are in the area and would like to attend, just contact Laura Jurado (El Paso West secretary) for the address at laurajuradoa@yahoo.com (don't miss the 'a' after jurado). We'll be delighted to see you!

NFBPWC HOUSTON

Executive Committee:

Paola Ferrari	President
Simin Banister	1 st Vice President of Membership
Desyre Morgan	Vice President At Large
Sheryl Tuttle	Treasurer
Maya Ford	Recording Secretary
Soheila (Sue) Nawamooz	Events Chair

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Houston>

NFBPWC PASO DEL NORTE

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Paso-del-Norte>

NFBPWC VIRTUAL CLUB

For more information, you can visit the website at: <https://www.nfbpwc.org/Virtual>

Or email: ccbpu@aol.com

Executive Committee:

Daneene Monroe Rusnak	President
Sue Oser	Secretary
Leona Phillips	Treasurer

By: Daneene Monroe Rusnak
President, NFBPWC Virtual Chapter

Be sure to stop by the [Virtual Chapter page](#) on the NFBPWC website. We've added a few "bells and whistles," including a calendar and some of our "open to the public" webinars.

Stay tuned for more updates soon!

NFBPWC YOUNG BPW

By: Ashley Maria
Young BPW Chair, NFBPWC
Contact: YoungBPW@NFBPWC.org

Join Young BPW!

Let's work together to build up Young BPW in the USA! Members of Young BPW (18 - 35 years old) have the opportunity today to create a new community of support.

Ashley Maria, Young BPW Chair pictured to the right, had the honor of representing North America at the United Nations this year as a Young BPW Delegate. Let's create more opportunities like this for our Young BPW members!



If you qualify for Young BPW, please fill out our survey (<https://www.surveymonkey.com/r/CSYGSCCL>) and tell us what you'd like to get out of this new community of support. Thank you for jumping in to support Young BPW!

Link to Young BPW Website: <https://www.nfbpwc.org/Young-BPW>

- Photos, poems, collages, and creative writings are welcome for submissions for future newsletters.
- State and Local Chapters - Have you reached a milestone or an accomplishment that you would like to share? Toot your own Horn!

Send your submissions to Michele Guarino at:
Michele@ASecondOffice.com

Submission Deadline for the October eNewsletter
is Monday, September 23rd at 5:00 pm Mountain Time

DISCLAIMER: We reserve the right to reject any submissions
that are not in line with the mission statement of The National
Federation of Business and Professional Women's Clubs.



ENGAGE WITH NFBPWC ON SOCIAL MEDIA



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