

August 26th

97th Anniversary of Women in the US
Winning the Right to Vote

H. J. Res. 1.

Sixty-sixth Congress of the United States of America;

At the First Session,

Begun and held at the City of Washington on Monday, the nineteenth day of May,
one thousand nine hundred and nineteen.

JOINT RESOLUTION

Proposing an amendment to the Constitution extending the right of suffrage
to women.

*Resolved by the Senate and House of Representatives of the United States
of America in Congress assembled (two-thirds of each House concurring therein),
That the following article is proposed as an amendment to the Constitution,
which shall be valid to all intents and purposes as part of the Constitution when
ratified by the legislatures of three-fourths of the several States.*

"ARTICLE ———"

"The right of citizens of the United States to vote shall not be denied or
abridged by the United States or by any State on account of sex.

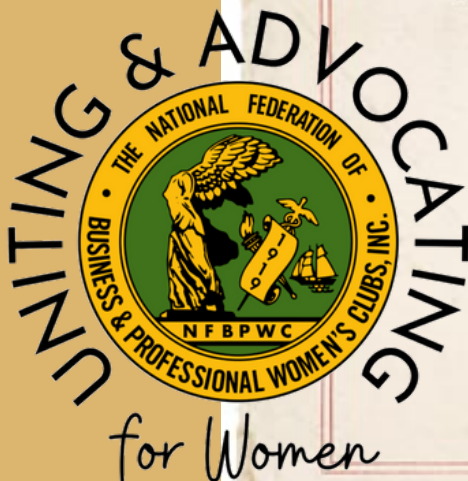
"Congress shall have power to enforce this article by appropriate
legislation."

J. H. Lile

Speaker of the House of Representatives.

Thos. R. Marshall

Vice President of the United States and
President of the Senate.



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Submission Deadline for the September Magazine is Thursday, August 25th at 5:00 pm Mountain Time

Previous Issues of our e-Magazine can be found on our website at: [Magazine Archives](#)

Events <https://www.nfbpwc.org/events>

National Events

Please note that some of the regularly scheduled monthly events are postponed due to schedule conflicts with the General Assembly in Sacramento

2nd Monday of the Month

Health Committee Meeting

NEXT meeting is September 12th.

Email for info: Health@NFBPWC.org

1st and 3rd Mondays of the Month

Membership Committee Meeting

Email for info: VPMembership@NFBPWC.org

1st Wednesdays of the Month

2:00 pm PST / 5:00 pm EST

Wednesday Web Wisdom: Digital Training Team Assistance
(Open to All Members)

POSTPONED until September

Regional Events

August 14, 2022

4:00 pm PST / 7:00 pm EST

NFBPWC / Pennsylvania Monthly Club Meeting (Open to All BPW Members)

Email for Zoom info: nancy.werner73@gmail.com

August 18, 2022

5:00 pm PST / 8:00 pm EST

NFBPWC / NC Monthly Club Meeting (Open to All BPW Members)

<https://nfbpwc.org/event-4654784>

2022 National Federation of Business and Professional Women's Biennial General Assembly: Together, Again!

<https://nfbpwc.org/event-4693289>



About NFBPWC

Develops the business, professional and leadership potential of women.

Our Mission

The National Federation of Business and Professional Women's Clubs (NFBPWC) develops the business, professional and leadership potential of women at all levels.

Objectives

The objectives of the NFBPWC are to develop the professional, business and leadership potential for women at all levels, to advocate and to strive toward equal participation of women and men in power and decision-making roles.

Focus Issue for 2020-2022

Diversity and Inclusion

Contacting your NFBPWC Executive Committee (2020-2022):

Megan Shellman-Rickard, President
Kathy Kelly, VP Membership
Daneene Monroe Rusnak, VP Advocacy
Barbara Bozeman, Secretary
Deborah Fischer, Treasurer
Ashley Maria, Young BPW
Sandy Thompson, Immediate Past President

president@nfbpwc.org
vpmembership@nfbpwc.org
vpadvocacy@nfbpwc.org
secretary@nfbpwc.org
treasurer@nfbpwc.org
youngbpw@nfbpwc.org
immpastpresident@nfbpwc.org

Standing Committees:

Advocacy, Daneene Monroe Rusnak, Virtual
Bylaw and Resolutions, Katherine Winans, California
Environment and Sustainable Development, Marikay Shellman, Colorado
Finance, Open
Health, Keri Hess, California
International Liaison, Sandy Thompson, California
Lifelong, Leadership & Learning, Kathy Telban, Virtual
Membership, Kathy Kelly, Colorado
Mentoring, Dr. Trish Knight, Virtual
Military Affiliated Women, Barbara Bozeman, North Carolina
Public Relations, Suzette Cotto, NFBPWC Virtual
Small Business, Manjul Batra, California
United Nations, Susan O'Malley, NYC

vpadvocacy@nfbpwc.org
bylaws@nfbpwc.org
environment@nfbpwc.org
finance@nfbpwc.org
health@nfbpwc.org
international@nfbpwc.org
L3chair@nfbpwc.org
vpmembership@nfbpwc.org
mentoring@nfbpwc.org
militarywomen@nfbpwc.org
PRchair@nfbpwc.org
smallbusiness@nfbpwc.org
UNchair@nfbpwc.org

Special Committees/Taskforces:

Special Project for Afghan Women, Nermin Ahmad & Voyka Soto, NYC
Digital Training, Marsha Riibner-Cady, North Carolina
Diversity, Equity and Inclusion Chair, Sher Singh, California
Marketing – National Team
Magazine/Newsletter, Michele Guarino, NFBPWC Virtual
Membership Outreach
Nominations, Open
OneShared.World, Judi Kilachand, NYC
Elimination of Sexual Harassment, Crystal Guillory, Virtual
Social Media, Suzette Cotto, Virtual
Website, Lea-Ann W. Berst, North Carolina

afghanwomen@nfbpwc.org
digitaltraining@nfbpwc.org
dei@nfbpwc.org
marketing@nfbpwc.org
newsletter@nfbpwc.org
outreach@nfbpwc.org
nominations@nfbpwc.org
oswliaison@nfbpwc.org
cesh@nfbpwc.org
socialmedia@nfbpwc.org
website@nfbpwc.org

President's Message



Two Years' Worth of Gratitude

Two years ago, I was a candidate for President of the National Federation of Business and Professional Women's Clubs. It was nerve racking to run against one of our most accomplished and charismatic leaders, Francesca Burack. That election and running in a competitive bid for the presidency was a blessing for me as a leader. My two years of leadership as the Vice President of Membership inspired me to turn in my nomination papers for this office. Running against a friend in an election made me look deep inside myself to determine why I wanted to lead this organization. I consulted many friends inside and outside of NFBPWC and BPW. In the end, I determined that I wanted to bring ideas

forward in a collaborative way that would strengthen our NFBPWC community. These are the goals that were put forward during my candidacy:

- Encourage a diverse membership across generations
- Cultivate leaders from all walks of life and at every phase of their careers
- Create a more vibrant space for virtual interactions that span across the nation and globe
- Increase our relevancy by aligning with like-minded organizations so that we can achieve our mission more fully

Looking back to the organization in 2020, we were in the midst of a global shutdown, and we couldn't even consider a conference or a general assembly in-person. We were hoping that our longevity as an organization would prop us up as we considered how to move forward and continue to grow and thrive. We quickly realized that we needed to create a dynamic response to an unprecedented situation.

Our Executive Committee and Board of Directors worked together to help achieve the goals that were outlined. As our president, I'm humbled and honored to have worked with such incredible individuals during this term. Our successes are a result of your industrious efforts. We forged through challenges together. We recreated a community online that brought encouragement and friendship as we socially isolated. We have grown our membership and encouraged diversity through the dynamic process of adjusting our structure as an organization. We will hear from many of our leaders as we join together, in-person and online, for the 2022 conference and general assembly. The expertise shared will be from women walking different paths in their careers and personal lives. We have participated, very successfully, in three Commission on the Status of Women (CSW) events and created even more incredible opportunities for virtual interactions. We aligned with like-minded organizations, and at moments had to reassess those connections so as to best align with our mission. We constantly referred back to our mission in every committee to ensure that what we are moving forward, what we are dedicating our time to achieving, helps us achieve it more fully.

We see that collectively, our influence is stronger. We can accomplish more by raising our voices together. The women of today need to hear us. The women of tomorrow want to see us standing strong against misogyny, racism, violence, and injustice. We have the power to make a difference as we continue to honor our interconnectedness as humans, more specifically as women.

I look forward to celebrating and honoring one another at this Biennial, as each member brings their own gifts to the conversation. NFBPWC will continue to light a path for our future that promotes solidarity, diversity, inclusion, innovation, and celebration in 2022. Sending personal wishes of celebration, health, and **progress** around the globe!

Kind Regards,

Megan Shellman-Rickard
NFBPWC President 2020-2022

1st Vice President Membership News



By: Kathy Kelly
1st Vice President of
Membership, NFBPWC (2021-
2022)

It is with sincere gratitude that I
thank the Membership
Committee for their dedication

in meeting this past term, at least once if not twice a
month. My goodness, we got things done! When BPW
members put their heads together, magic happens!

Megan Shellman Rickard, President, NFBPWC, Colorado
Sandy Thompson, IPP, NFBPWC, California
Deb Fischer, Treasurer, NFBPWC, Colorado
Ashley Maria, Young BPW, NFBPWC, California
Lynn Brandstater, President, CA Fed, California
Marsha Riibner-Cady, Digital Training NFBPWC, North
Carolina
Sue Oser, Social Media Team NFBPWC, Michigan
Nancy Werner, Affiliate Chapter President, Pennsylvania
Linda Wilson, President, Sierra Mar, California
Kathleen Chamberlain, Virtual
Bessie Hironimus, Past National President, California
Marjory Hopper, President, Hollywood, California
Cathy Collins, Membership Chair, Pennsylvania

A recap of our accomplishments this term:

- (Re)established the Membership Committee with representatives from key federations and clubs
- Learned to better utilize the Wild Apricot system features to increase and retain members (Thank you Lea-Ann Berst!)
- Created an e-brochure "[Benefits of Membership](#)"
- Researched dues pricing/value of other like-minded women's membership organizations
- Created a more welcoming and informative New Member Onboarding system
 - New member welcome email generated through Wild Apricot
 - Welcome video from President Megan
 - Instructional video for website/directory setup
 - History of Advocacy video
 - Landing Page for new member videos and events

- Identified and continue to build relationships with "Heritage" clubs (clubs/federations that were with BPW-Foundation and not currently affiliated with NFBPWC)



Please reach out to **WELCOME** our **NEW BPW Members**

Kathryn Foster – East LA/Montbello California
Ericka "Sunshine" Wiggs- Virtual, Camp Springs Maryland
Britney Elvin – Virtual, Baltimore Maryland
Abiola "BB" Adelanwa - Virtual, Lagos Nigeria!
Jean Degrooth - Virtual, Groton Connecticut
Phillis King – Virtual, Gainesville Georgia
Veronica Sexton – NYC, Brooklyn New York

Did we miss someone from your club? Be sure to forward information on any new or renewing members to newmember@nfbpwc.org.

Need membership support at the local level? Feel free to join us at our regular Membership Committee meetings on Zoom:

First and Third Mondays (one hour), 5 PM Pacific, 6 PM Mountain, 7 PM Central, 8 PM Eastern

Contact VP Membership Kathy Kelly at vpmembership@nfbpwc.org

Virtual Club | NFBPWC Benefits

NFBPWC Virtual:

We welcome all members and individuals to participate in this club and to learn more about growing our organization. If you do not have access to a local affiliation or federation, please consider starting a new club in your area or joining our NFBPWC Virtual. The Virtual club meets monthly and provides a variety of incredible topics with dynamic speakers. (Membership dues to NFBPWC Virtual start at \$60 annually for members not associated with another NFBPWC organization.) Click here for more information: [NFBPWC Virtual](#). Check out this link for more news (below) about the [NFBPWC Virtual Club](#)

Which NFBPWC Benefit is most valuable to you?

As our organization continues to grow, it is imperative to communicate the value of a membership at NFBPWC. For less than \$5 per month of your annual membership fee that goes to NFBPWC, we provide you with many tangible and intangible benefits. From marketing opportunities and formal programs to friendships with women from all over the world, the advantages of being a member are immeasurable when you take the time to access and utilize of what is offered.

Please email Kathy Kelly, 1st VP of Membership, with any questions about the opportunities available to all members and share with us which membership opportunity holds the most value to you.

NFBPWC members can support their business and professions by utilizing the following benefits:

- **Regular Zoom meetings to support members and ability to use our Zoom platform.**
- Grow through NFBPWC's formal **Lifelong Leadership and Learning Program**.
- Share your successes on the **NFBPWC Spotlight**: <https://www.nfbpwc.org/spotlight>.
- Partake in **business opportunities** for partnering and procurement, nationally and globally through BPW.
- **Member Spotlight** in the magazine, on the website, and on social media platforms (Email vpmembership@nfbpwc.org to apply for this opportunity.)
- Formal **Mentoring Program** for mentees and mentors.

Are you passionate about women's issues? You can participate and explore benefits only available to members:

- Private **discussion forums** on issues relating to women hosted on the website.
- **Members' only information** related to NFBPWC and women's issues.
- **Private Membership Directory** supporting members and their organizations.
- Participate in the **United Nations System** worldwide through CSW and other programs annually.
- **Advocate for women's issues** on a national and international level and **cultivate worldwide friendships** in one of the original women's networking organizations!

Dear NFBPWC family,

These past two years as the 2nd VP of Advocacy have been some of the most rewarding and challenging of my life. Having the honor of serving in this role has been a driving force for me. The responsibilities it entails were not taken lightly and I have grown in many ways through this experience. That said, being an overachiever at heart, there are things I would love to have done better; establishing an effective and rapid means of disseminating critical and timely information within the committee and throughout the membership being one.

If you're reading this and thinking *"Yes! We need that!"* I humbly ask that you consider being a part of the Rapid Response team. Information moves and changes almost at the speed of light these days and the ability to match that pace to the best of our ability, I believe, will be crucial to the stability and growth of our organization. (*Shameless plea intended!*).

Ultimately, I am extremely proud of the work the A-Team has done over these past two years and I have no doubts this positive trajectory will continue, regardless of who may be at the helm. *Yes, I may have the opportunity to lead this amazing group again, but I try to make it a habit not to take anything for granted. No unhatched chickens are being counted here*



I think many would agree that the acquisition of the OneClick Politics digital advocacy platform was a highlight from the Advocacy Committee achievements perspective. I am truly grateful for the support from the EC for the approval to invest in this tool. We have just begun to scratch the surface of how this dynamic software can support our advocacy and recruiting efforts. In short, the future of advocacy efforts for NFBPWC is bright and given the way these past two years have been from a legislative and human rights perspective, we will likely have plenty of opportunities to have an impact and shine!

Bring on 2022 – 2024!

With much gratitude,

Daneene

P.S. As always, please take a moment to review the supplemental advocacy submissions from Sue Oser and Nancy Werner.

OUR ADVOCACY TEAM

- **United Nations Chair:** Susan O'Malley
- **Bylaws and Resolutions Chair:** Katherine Winans
- **Elimination of Sexual Harassment Chair:** Crystal Guillory
- **ERA Director:** Nancy Werner
- **Cultural Competency Director:** Sher Singh
- **LGBTQIA+ Lead:** Sue Oser



Additional Support from:

- Sharon Simmons - HUD issues
- Rita Smith - Violence Against Women
- Monica Monroe - Diversity & Inclusion, Social Justice
- Linda Wilson - ERA, Employment Rights, Immigration, etc.

The Advocacy Team will be working with UN Chair on the following issues: ■ Women's Empowerment Principles (WEPS) ■ The Convention on the Elimination of all Forms of Discrimination Against Women (CEDAW) ■ Equal Pay

Advocacy Action Announcement



REMINDER: Don't forget to sign up for the NFBPWC Advocacy Text Alerts!

1. Text the keyword **advocate1919** to the number **313131** to be enrolled in this program*.
2. Receive the welcome message

If you don't receive a welcome message instantly, your registration was NOT captured. Please email vpadvocacy@nfbpwc.org or text/call Daneene at 440-228-0437.

3. Stay tuned for occasional advocacy action and information alerts.
4. Spread the word and encourage your friends, family & fellow members to sign up too!
5. **HOT TIP:** You can complete the action items (OCP emails, calls, social media posts and video submissions) multiple times! Volume is **everything** when it comes to communicating with our target audience(s).
6. **Give yourself a pat on the back for being an active advocate!** **As a reminder, standard carrier determined messaging rates may apply.*

Current Advocacy Action Items

Take a moment to act (again or for the first time!) on these items today!

- [Tell Your Senators to Remove The Arbitrary ERA Deadline](#)
- [Voting Rights Protect Women's Rights](#)
 - Join us by telling your Congress Member to protect equal right access to voting.

LGBTQ+ Team Report

By: Susan E. Oser, NFBPWC Advocacy Team LGBTQIA+ Lead

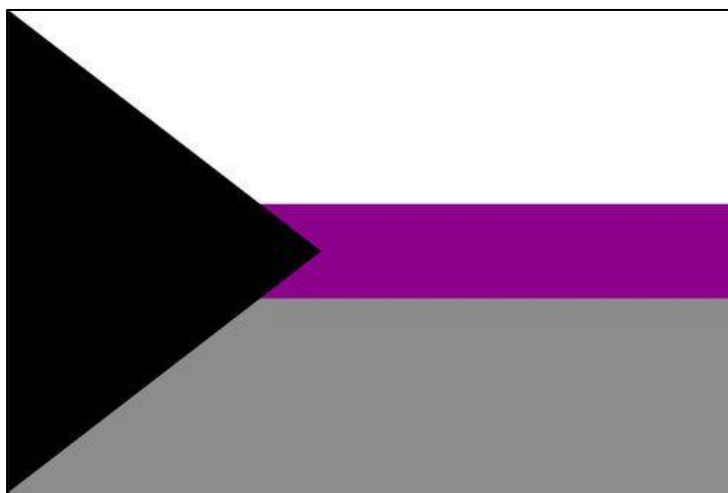
Learning more about the LGBTQIA+ community

If you do not identify part of the LGBTQIA+ community, you can show your support by buying from businesses that support the community and/or by donating money and/or time to causes that support the LGBTQIA+ community and help fight the systemic challenges member of the community may face. Allyship goes beyond Pride Month. In addition, you can educate yourself on the finer details on the community's history.

Flag of the month - DemiSexual

A demisexual person has feelings of sexual attraction after they have formed a deep emotional connection with them. It is a relatively new term that was created by a user on The Asexual Visibility and Education Network forums. The said person did not feel completely asexual nor non-asexual, but somewhere in the middle. Thus, the term was adopted after much discussion and thinking.

The flag is very similar to the asexual flag in its color scheme. In fact, it is part of the asexual spectrum. The origins of its creation are unknown.



What the colors mean:

Black: Asexuality

Grey: Asexuality and Demi-sexuality

White: Sexuality

Purple: Community

Source(s): <https://www.seventeen.com/life/g32577915/lgbtq-pride-flags/>

<https://www.unco.edu/gender-sexuality-resource-center/resources/pride-flags.aspx>

Other Sources on Demisexual: <https://the-soulmate.com/sex-and-intimacy/am-i-demisexual/>

This month's FYI:

5 Facts About Sexual and Domestic Violence in LGBTQ Communities

1. Violence happens in same-sex relationships, too.
2. Transgender people face even higher risks of violence.
3. LGBTQ survivors may face additional hurdles in getting support.
4. Resources are available for LGBTQ survivors.

The LGBT National Hotline - 1.888.843.4564 or visit the hotline's website for more information.

The National Coalition of Anti-Violence Programs - 212.714.1141 or visit the AVP's website for more information.

The Network/La Red - 617.742.4911, call toll-free at 1.800.832.1901, TTY 617.227.4911, or visit the network's website for more information.

FORGE - Visit their website for more information.

The Trevor Project - 1.866.488.7386 or visit The Trevor Project website for more information.

National Sexual Assault Hotline - 1.800.656.4673

National Domestic Violence Hotline - 1.800.799.7233

5. You can help LGBTQ survivors feel safe and supported.

If you or someone you know has experienced sexual or domestic violence, please know you are not alone. For support after a sexual assault, contact RAINN (Rape, Abuse & Incest National Network) at 1.800.656.4673 or chat at online.rainn.org. For support on domestic violence, contact the National Domestic Violence Hotline at 1.800.799.7233 or TTY 1.800.787.3224. Se puede obtener ayuda en Español. Learn how you can support a survivor.

Source: <https://www.joyfulheartfoundation.org/blog/5-facts-sexual-domestic-violence-lgbtq-communities>

ERA Team Report

By: Nancy Werner, NFBPWC Advocacy Team ERA Lead

OUR EQUAL RIGHTS AMENDMENT-WHAT'S NEXT? EQUAL RIGHTS AMENDMENT

Advocacy -Equal Rights Amendment. "Equality of rights under the law shall not be denied or abridged by the United States or any State on account of sex" needs to be placed into our Constitution. While most states have laws prohibiting discrimination of any kind based on sex, proponents of the ERA say laws can be reversed or eliminated. Having a Constitutional Amendment would cement those rights.



De ja vu? Just learned that the Generation Ratify is mobilizing in front of the Hart Senate Building, Washington D.C. in two days to demand that Senator Schumer bring legislation to ratify the Equal Rights Amendment to a vote in the Senate. (Date would be July 26, 2022) This is a group of our younger women who have the energy to gather in the sweltering heat to fight on. Does this bring back memories of our past? It does for me.

We have been fighting for decades to pass the Equal Rights Amendment but for some reason or another, our leaders have stalled its progress with arbitrary deadlines and rules to oppress us. The "patriarchy" our nation seems to the rule. Been reading more articles on this being the core of our US Government and State Governments.

Generation Ratify is making this an urgent plea to really demonstrate that they will be spending three days outside the Senate. Now that is a new twist from the one-day march of years gone by. They have planned speakers, planned art sessions, planned rallies with chants, planned host teach-ins, and planned dancing. Now that is a new approach for bringing women together. They are supplying the snacks and drinks for the participants. Hope they have plenty of water. Now that is definitely a different way to mobilize as they demand our leaders to do their jobs. It seems like a time crunch project as the Senators are leaving at the end of the week for their August break.

But I must give them all the support that I can. I want the same thing as they do. I would think you as BPW members would say the same thing. Having the moxie to gather and make the demand that they mean business is positively uplifting. Senator Schumer has the power to bring ERA to a vote in the Senate and make the filibuster exception to get it passed. Nothing more can we ask. Just love that "ERA" is in their name of "Generation Ratify."

There was another march held back on January 27, 2022, we thought we would get some action as we pushed for the Justice Department to hear our voices. It was the second-year anniversary of Virginia becoming our 38th state to ratify the ERA. This should have made it official that the Archivist should sign the document to make ERA our

28th Amendment into our Constitution. All President Biden could say was that the Senate should pass a resolution to share that the ERA was in fact a law to our Constitution. Our President is unable to do anything since it must all be from Congressional Action.

But this day was a freezing cold day for those who participated. My friends from the BPW/MD attended-Susan Horst, Rebecca Wise, and Jeanette Feldner. They shared their adventure of being in the park across the street of the White House. Leaders gave speeches. They then marched to the Justice Building with boxes full of 80,000 petitions. There were a few people from the Justice Department to receive the petitions, but it never made the Washington D.C. newspapers or local news. Cold weather and a workday? Maybe these two factors limited this march.

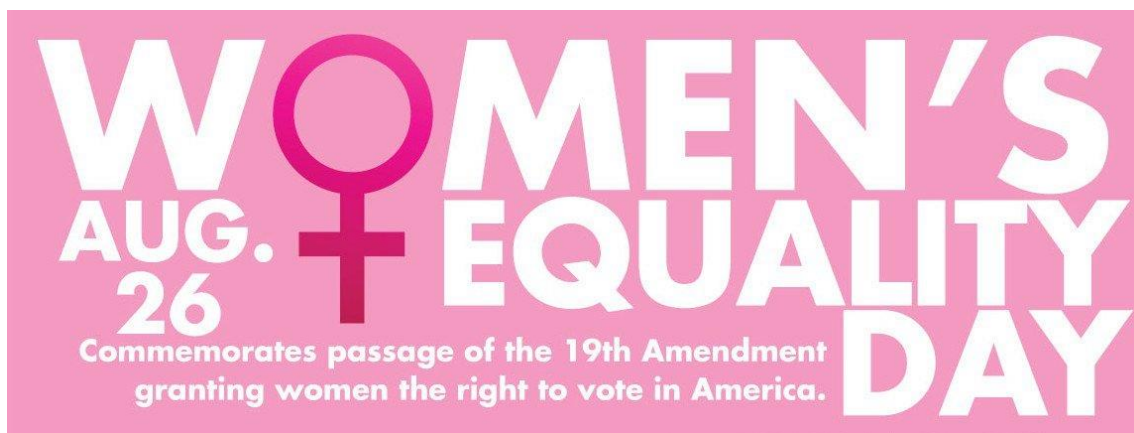
Article 5 of the U.S. Constitution has two requirements for amendments. One is approval by two-thirds of both chambers of Congress and ratification by three-fourths (38) of States. Amazing that we met both of these requirements and we are still not being recognized for the ERA to be acknowledged as our 28th Amendment.

Now make sure you follow the Alice Paul Institute website for they give a weekly update on our ERA and its happenings. I like seeing what is happening in many states, but the "Groundhog Day" movie comes to mind. It seems the same story of the Senate. The Alice Paul Institute always prints who has signed onto the ERA. All the Democrats signed on to S.J. Res.1. We even have the Independent Senators with us. Sen. Cardin, D-MD and Sen. Lisa Murkowski, R-AK are listed. But the Republican segment of the Senate are nonexistent. The API shares their information, and they too have a method to contact your Republican Senator to sign on. Just like our NFBPWC has a "One Click!" for the exact same thing. Democrats must figure a way to find a way around the filibuster rule for the ERA joint resolution or convince 10 Republicans to vote to end the filibuster.

But the ERA story seems to be stuck everywhere but maybe our Generation Ratify women might just be our motivators. I just read their mission, "Generation Ratify is the youth-led movement to ratify the Equal Rights Amendment and advance gender equality in the United States." Find a moment to google them. May we wish the best this coming week.

From the Desk of the Secretary

From Barbara Bozeman, NFBPWC Secretary 2020-2022



**How will you recognize / celebrate / share
Women's Equality Day this year?**

RECOGNIZE

women in your community

CELEBRATE

the power of the vote and your voice

SHARE

your strength, your gifts with others by
volunteering.

Best wishes to all my NFBPWC sisters for
Women's Equality Day 2022.

Treasurer's Report



By: Deborah Fischer
Treasurer, NFBPWC 2020-2022 treasurer@nfbpwc.org

It has been a pleasure and honor working with the executive committee officers and all the treasurers and presidents of NFBPWC. This is an organization of intelligent, motivated, and professional women and I'm constantly amazed by our BPW sisters.

A special thank you rose to NFBPWC Secretary, Barbara Bozeman, who stood beside me, literally, in the effort to obtain the D.C. BPW Club's dissolution memorabilia and funds.



Presidents - Treasurer for the 2022 - 2024 Term needs to be nominated from the floor at the General Assembly!

I am ineligible to run for this position!

BYLAWS Article X - Nominations

Section 4

No more than two candidates from the same State Federation or Affiliate Chapter/club shall be nominated.

Section 5

If a full slate of candidates is not obtained by the deadline, the Nominations Chairperson shall inform the State Federation and Affiliate Chapter/Club presidents of the fact and request that they be prepared to complete the slate with nominations from the floor at the General Assembly and Biennial Conference.

Section 6

Candidates nominated from the floor at the General Assembly and Biennial Conference must have provided the required information to the Nominations Chairperson no later than the time the General Assembly and Biennial Conference general session convenes.

Section 7

In order to be eligible to run for office, a candidate must have served The National Federation in an elected or appointed capacity on a national, state, or affiliate chapter/club level for one year prior to the election.

I am happy to discuss this position with anyone interested! It has only required about 2-4 hours per week. We use QuickBooks Online, and it automatically downloads all bank account activity making the reconciling effort fast and easy. I am also maintaining a list of treasurer actions to assist in future financial transactions.

I will be at the General Assembly to hand over the books to a trustworthy advocate and new treasurer. If she is not in attendance, I will be available to transition and explain all transactions over Zoom or by phone.

May love and friendship keep your days bright!

Deb Fischer, 720-280-3513

Legacy Fund Committee

The current committee consists of the NFBPWC Executive Committee. This may change after the General Assembly when members vote on the new Policies and Procedures. Since the Legacy Fund is a new committee, the EC recommends that it becomes a standing committee available to handle all incoming funds from heritage clubs.

THANK YOU ROSES FOR KATHY TELBAN AND JANE TAFF!



After 5 Strategic Planning Sessions, in which Kathy Telban and Jane Taff, donated their time and talents, we are able to address many of the issues that receiving funding and items from heritage clubs generate.

The Policies and Procedures draft addition to be voted on states the following:

Legacy Funds Committee

- Oversees the Legacy funds' investments and disbursements.
- Ensures that the funds are properly invested for the use of the Federation.
- Develops guidelines for how the funds are to be used.
- Determine the amount of the funds that can be used annually.
- Committee Membership:
 - Minimum of 5 = 3 from EC (current or past)
 - Treasurer and Finance Chair on the Committee
 - The Chair will be selected by committee members
 - President is an Ex Officio Member

Application process - Members to be approved by the EC

- Mixed membership - not from same affiliate or federation
- Demonstrated experience in financial management
- Membership - min 5 years
- Has held a leadership position in NFBPWC (EC, Board, Standing Committee Chairs)
- Term - 2 years - reappointed to consecutive terms
- Cannot benefit financially from serving on committee

NFBPWC Young BPW

By: Ashley Maria
Young BPW Chair, NFBPWC



Goodbye from your 2020-2022 Young BPW NFBPWC Representative!

As my time as your Young BPW NFBPWC Representative comes to a close, I'd like to brag about all of our successes! I've enjoyed my time as a leader with NFBPWC these past two years and am grateful for the chance to bring together USA's Young BPW members.

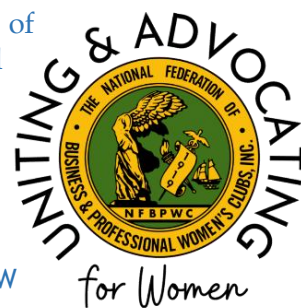
In 2019, I was selected by BPW International to represent the North American regions as a delegate to the United Nations. They were doing a huge push to bring in more Young BPW from around the world, thanks to the leadership of the Young BPW International representative at the time, Neelima Basnet. She knew that bringing Young BPW to the UN would help us see the potential reach of this organization and encourage us to get more involved.

It certainly worked for me!

A week after we all returned, I called Sandy Thompson, the NFBPWC President and asked if we had someone as the Young BPW Chair for the USA? We did not! Well...I wanted in! Then, with the new leadership team chosen in 2020, they all voted for me to officially join the Executive Committee. I was the first Young BPW representative ever on the EC.

My first goal in this leadership role was to figure out who were the other Young BPW members in the USA! I didn't know any of them, and we didn't have a process yet to find them in our system. So, I approached

membership chairs, presidents of clubs, even international members to get their list of known Young BPW in the USA. Then I went to work on getting us organized and learning more about each other with each Young BPW Member Spotlight.



YOUNG BPW

My next goal was to improve communication so that Young BPW knew more of what was going on in the organization. This started with bi-weekly emails to introduce members to all we had to offer. From there, we had quarterly meetings – sometimes with a skills lesson like negotiating – but most often it was just a time to chat and get to know each other. It was something they could look forward to – meeting other ambitious women like them. The Zoom software made this a whole lot easier to connect and see how truly vast our membership was across America.

While I was building our Young BPW community, I kept in the back of my mind what encouraged me to get more involved – seeing what members were doing on a National and International level, too. So, I worked with the EC to create more affordable student membership options that would also gain them membership to National and International communications. From here, our member numbers grew exponentially. We now have 35 Young BPW members across the United States and counting!

In addition to building our community, I also wanted to build our purpose. Young BPW is more than the technology we grew up with. We have so much to offer. Most of us run our own departments or even our own companies. Knowing the culture had to change quickly, Young BPW members were encouraged and supported to take on leadership roles in NFBPWC. From the inspired [Afghan Women Project](#) to the impactful Health Committee, our Young BPW members are stepping up and having their voices heard in this organization, an organization that takes pride in advocating for women.

I've been a member of BPW since high school – even directing a documentary about our history, called [Business and Professional Women: A History, A Movement](#). Since then, I have directed many more projects, including [Pioneers in Skirts](#), which – yes – did

premiere in the pandemic! It's time for me to hit all gears again on many new projects, so I bid you adieu!

Moving forward, I am confident we can keep this momentum going in the next administration. I hope for more Young BPW, and our members in general, to take on more leadership roles, or join as a helper in one of our many committees. This is the easiest and fastest way to learn the ins and outs of the organization. This organization really gives you back what you put into it. I'm a perfect example of that. I've learned so much and met such amazing people – friends for life!

I'm very grateful for these two years! Goodbye from your 2020-2022 Young BPW NFBPWC Representative!

What is Young BPW?

If you're between the ages of 18-35 and are looking to collaborate on BPW initiatives, career, leadership and women's rights -- then Young BPW is for you!

When you join NFBPWC at the local, chapter, or virtual club level, you automatically become a member of Young BPW. We participate in formal and informal activities that allow us to network with members in our local communities as well as all over the world to exchange ideas and information. We even host an international conference for Young BPW every 3 years!

Email youngbpw@nfbpwc.org to get involved as a Young BPW or Student today!

Keep in the loop of Young BPW activities and join in on them by either following us on:



@YoungBPWUSA



<https://www.facebook.com/groups/YoungBPWUSA>

Immediate Past President's Report



By: Sandra Thompson, NFBPWC's Immediate Past President

Looking forward to welcoming all of you to California. We have lots of work to do, but there will still be time for fun!

If you are looking for something more cultural to do you could visit the Crocker Art Museum. It is located in the house of Edwin B. Crocker. Mr. Crocker was a California Supreme Court Justice. He was also the attorney for the Central Pacific Railroad. His brother Charles Crocker was one of the Big Four who brought the railroad to the west coast.

Over his lifetime Mr. Crocker collected art and when he had his home renovated, he included an Art Gallery.

The museum features the world's foremost display of California art and is renowned for its holdings of European master drawings and international ceramics. It is one of the museums accredited by the American Alliance of Museums. There are fewer than 1,100 museums of the 33,000 museums so accredited.

See you in Sacramento!



Environment and Sustainable Development Committee

By: Marikay Shellman, NFBPWC Virtual
Interim Chair, NFBPWC Environment and Sustainable Development Committee

As we are all experiencing the sweltering heat of this summer, it's important that we do not feel defeated and forge ahead taking a Simple Act every day to make a difference in our environment and provide a sustainable future for everyone.

Daneene Monroe Rusnak has an ESD tip for Reducing Textile Waste. Here's a great (and simple!) tip from Clean Up: Increase the number of times you wear your clothes. Studies have shown that the most impactful action you can take to reduce your environmental footprint in the fashion world is to wear your clothes until they are worn out. Researchers have found that an item of clothing usually lasts between 100-200 wears, however only a small amount of clothing gets that amount of use.



<https://www.cleanup.org.au/top-10-ways-to-reuse-reduce-and-recycle-your-clothes>.

There is a website called The 30-Day Plastic-Free Challenge. A few schools and churches participated in this in the city of Canton, Michigan. The idea is to be aware about how much plastic we use each day of the month by focusing on one item and thinking of ways it can be replaced with something that is non-plastic.

<https://www.donottrash.org/30-day-plastic-free-challenge-eng>

Sue Oser, NFBPWC Michigan Affiliate

How to have a Zero Waste BBQ: Ask folks to bring their reusable water bottles. Use real plates and silver ware or compostable or plain paper plates (paper plates with designs and shiny surface have plastic coating and cannot be recycled). Purchase additional beverages in aluminum or glass and limit other single-use plastics. Use cloth tablecloths and napkins.

Laurie Dameron, Zero Waste ESD Committee

Composting Combats the Climate Crisis! Composting avoids waste outcomes with high emissions. Composting enhances soil quality thus reducing need for fossil fuel fertilizers and increasing water holding capacity of the soil. Composting sequesters carbon. Composting builds community resiliency creating local environmental jobs & education. ilsr.org/compost-climate.

Megan Shellman Rickard, President NFBPWC

Plant a tree! There are many environmental advantages to planting a tree in addition to providing shade & beauty to your yard. Trees absorb and store harmful CO2 from the air while releasing oxygen. One tree can produce enough oxygen for 4 people. Trees reduce soil erosion & increase soil fertility and help soil absorb moisture. Decaying leaves that fall onto the ground turn into nutrients. Trees cool cities by reducing temperatures by up to 10 degrees.

<https://greenpop.org/10-environmental-benefits-planting-tree/>

Bring Back the Pollinators by Marikay Shellman

By: Marikay Shellman, BPW Colorado Virtual Member

The migrating Monarch Butterfly has been added to the “red list” of the threatened species and has been categorized as “endangered” - 2 steps from extinction. “It’s just a devastating decline” - between 85-95% since 1990s. Monarch butterflies are imperiled by loss of habitat and increased use of pesticides & herbicides and climate change. What you can do to help is plant milkweed- your local variety native to your area. Monarch caterpillars depend upon milkweed for their food.

International Union for Conservation of Nature
<https://iucn.org/>



Zero Waste Initiative by Laurie Dameron

By: Laurie Dameron, BPW Boulder Member

YOU ARE A PART OF THE SOLUTION!

To sign up for Laurie’s monthly music and “Green News,” write to
WindchimeL@aoL.com

Or visit www.LaurieDameron.com

Please visit and LIKE <https://www.facebook.com/WhatCanIDoSpaceshipEarth>

BPW Colorado Chair of Environmental and Sustainable Development

Join a chapter of Business and Professional Women



Health Committee Report

By: Keri Hess Laursen, NFBPWC Health Committee Chair, Downtown Sacramento Member

I am looking forward to meeting many of you in person for the first time at the General Assembly in Sacramento. This occasion is monumental, but as Health Committee Chair I would like to take a moment to urge everyone to remain vigilant against COVID-19. I recognize that Covid-fatigue is real, but there are many reasons to practice prevention methods. Some of us may be going home to family members who may be at higher risk for severe illness; many of us own our own businesses and simply cannot afford to get sick. Whatever the reason may be, recognize that for some, the stakes may be higher.

- Respect members who do not want to hug or shake hands
- Get vaccinated or boosted, ask your doctor if you are eligible to receive a 2nd booster

- Wear a mask
- Stay home if sick
- Take a test
 - Go to <https://special.usps.com/testkits> to order free at-home COVID-19 tests to come to your house via USPS

Health Committee has cancelled its August meeting for those attending the General Assembly. Our next meeting will be:

Monday, September 12, 2022, 5:00 PM PST

Please email Health@NFBPWC.org for a Zoom link

*Health Committee Meets on the 2nd Monday of every Month at a ****new**** time, 5:00pm PST. We invite all of you to join us in discussions on women's health & wellness issues, like those that Jacqueline mentions in this article. Please email: Health@NFBPWC.org for meeting information*

Lifelong Leadership& Learning (L3) Report



Kathy Telban, L3 Chair



Jane Taff, L3 Vice Chair

As my year as L3 Chair comes to a close and Jane transitions into her leadership role, I am grateful to her, the committee members and facilitators who have invested their time and talent to continue to build and offer professional development opportunities for members. Thank you for making this a great year!

I leave you with these thoughts about Gratitude and Transitions.

<i>G</i>	<i>Great ideas come from anyone. Acknowledge their contribution.</i>	<i>T</i>	<i>Take time out to get to know your committee members.</i>
<i>R</i>	<i>Reflect what you learned and share with others.</i>	<i>R</i>	<i>Reach out to other leaders and previous chairs. Learn the history.</i>
<i>A</i>	<i>Attitude is everything. Be positive.</i>	<i>A</i>	<i>Ask for help.</i>
<i>T</i>	<i>Tell people you appreciate them.</i>	<i>N</i>	<i>Notice everything.</i>
<i>I</i>	<i>Include everyone in the conversation.</i>	<i>S</i>	<i>Stop what you are doing and ask if it is worth your time. Make adjustments.</i>
<i>T</i>	<i>Take time to really listen and value what is being said.</i>	<i>I</i>	<i>Involve everyone. Use their strengths.</i>
<i>U</i>	<i>Understand what really matters to those you work with.</i>	<i>T</i>	<i>Take notes so you can follow up.</i>
<i>D</i>	<i>Dance with ideas and possibilities.</i>	<i>I</i>	<i>Innovate. Be bold.</i>
<i>E</i>	<i>Enjoy the company of others.</i>	<i>O</i>	<i>Open your mind to what might be possible.</i>
		<i>N</i>	<i>Nudge those who need it.</i>
		<i>S</i>	<i>Shift your focus when priorities change.</i>

Mentoring Committee Report

By: Dr. Trish Knight

Committee Chair, Mentoring Committee, NFBPWC

Committee Members: Ashley Maria, Bessie Hironimus and Nermin Ahmad

As the General Assembly approaches, it is a great time to put mentoring skills to use. Many first-time attendees will have never experienced the pomp and circumstance of this type of meeting.

While there will be ample time for hugs and conversation among friends, the meetings are structured and follow a parliamentary process based upon Robert's Rules of Order. Members must follow the agenda and work through the meeting process as defined.

A meeting that follows the agenda is like going to a live show on Broadway. You are given a playbill as you enter the theater. It describes the flow of the play or musical you are about to see. It describes the actors and their roles and defines the scenes so you can follow the plot and storyline. The audience has a role to play in supporting the actors and their performances.

Our meeting agendas define the storyline, the scenes, and the actors and give you, the audience, a chance to participate.

The lead actor in our meeting will be President Megan Shellman-Rickard. Her role is to chair the meeting and lead the order of business through each scene. She will sometimes confer with her supporting actor, the parliamentarian, to ensure that the scene plays well. If she forgets her place, the parliamentarian is there to offer a cue.

Other supporting actors are the members of the Executive Committee: the vice-presidents, treasurer, secretary, and Young BPW Chair. Ensemble members include the board of directors committee chairs, federation presidents, and any special committee chairs. These actors may be called upon during scenes to recite a monologue about their achievements.

The secretary or treasurer may give a recitation of the past meeting or financial status. Pay close attention, as the audience may be asked if any change considerations exist.

In different scenes (such as in new business), members of the Executive committee or Board of Directors may rise to request consideration by the audience. Such a request is called a motion, and it must have the support of either another actor or audience member. Every person that brings forth a motion will identify themselves so that audience members can follow the storyline.

At this point in the play, it becomes interactive with the audience, and the real fun begins. The lead actor will restate the request for the audience, then ask if anyone would like to speak for or against the motion. Don't worry; there will be audience rules to follow, so it won't become a blur of voices trying to talk at once!

Sometimes a drama and sub-plot unfold during deliberation of a motion when another audience member announces that they would like to amend the original request. Here is where the real fun of the play takes place, as everyone tries to keep up with the which motion is being considered.

Once those wishing to speak for or against the motion(s) have had a turn, the lead actor, President Megan, will call the audience to participate in a vote. The majority of those in favor will win, or the majority of those opposed will win. But, everyone in the audience has a chance to participate.

Finally, the plot is realized, and the play ends. The work of the actors and audience is written in the history books.

When the play concludes, everyone can enjoy the after-glow party. Like the Tony awards, the prize is given to the one considered the best choice overall, although every nominee is a star.

So, if you are a first-time member attending the General Assembly, have fun. Listen and learn while you take in the movement of the play. Don't be shy and participate in the audience interaction. Sit with a member that can guide you through the scenes.

I leave you with the Emblem Benediction. It has been recited at the close of many NFBPWC meetings since its inception:

*This emblem binds us all
In one great sisterhood
It bids us heed our Conscience call
For a nobler womanhood.
God guide us as we wear
This emblem o'er our heart
And keep us true and always fair
God bless us as we part.*

United Nations Report



By: Susan O'Malley, IFBPWC UN Representative
NGO CSW/NY, Chair ex officio
UNChair@nfbpwc.org susanomalley4@gmail.com



Military-Affiliated Women Report

Women's Equality Day

August 26th

JOIN

One of the finest ways to honor the freedoms we have is to serve.

Celebrating women in service since the Armed Services for more than 200 years

Barbara Bozeman, USAF, MSgt ret

Special Committee Report for Afghan Women

By: Nermin K. Ahmad and Voyka Soto, Co-Chairs NFBPWC Special Project for Afghan Women
afghanwomen@nfbpwc.org

Committee Members: Nermin Ahmad, Voyka Soto, Megan Shellman-Rickard, Kathy Kelly, Emily VanVleck, Djenabou Bah, Sher Singh, Daneene Monroe Rusnack, Nesli Cakiroglu, Eva Richter

As resettlement assistance is slowing down, there is greater need by the business and professional Afghan women to find jobs beyond those initially accepted for survival. We are seeing an increase in our mentoring efforts as a result.

Highlights

Lawyers continue to offer assistance with applications for necessary paperwork to remain in the US.

The campaign pressing for the education of Afghan girls over the age of 12, will be presented during the AG. If you can help – email Afghaneducation@gmail.com.

The owner of a pharmaceutical company is offering up to 350 jobs for technicians, researchers, medical professionals with experience and training in Afghanistan to work here. We are also in contact with the TENT Project, who work with 200 company HR departments to help transition refugees into meaningful jobs. To date five resumes have been sent in.

An impact fund is being set up to assist recent immigrant women-owned businesses get started. We are actively seeking an experienced impact fund manager.

A new member of NFBPWC is working on making the guidebook universal, with sections that can be filled in to make it locally applicable (the current focus in NY). It is currently available in Dari and English, and we are considering a Ukrainian version next.

We continue with the WhatsApp community, the Kharari club, mentoring, and ESL sessions, and we are trying to increase our reach to include other women in the program.

If you are interested in welcoming these new Americans, and answering their questions of offering the hand of friendship please contact us at Afghanwomen@nfbpwc.org, visit our home page at <https://www.nfbpwc.org/Afghan-Women-Project>, and if interested email us for the credentials to join our Monday or Friday meeting at 1 pm EST.



Digital Training Committee Report

By: Marsha Riibner-Cady, Digital Trainer, NFBPWC 2020-2022
DigitalTraining@NFBPWC.org

I was phished 2 times recently through my email. One of those times also included my home address. All these things are public knowledge. Never during this time was my name connected with my email or home address. Theoretically someone would need more information to get into my credit and start taking over my identity. Can you Imagine a world with 2 or more of me? Yes, that is scary. And might I add, my husband was freaking out about it, so I had to do something to shut him up and give me piece of mind.

I googled Phishing for you:

Phishing attacks are **the practice of sending fraudulent communications that appear to come from a reputable source**. It is usually done through email. The goal is to steal sensitive data like credit card and login information, or to install malware on the victim's machine.

My husband yelled, "Freeze your credit!" Then I also heard about locking my credit. What is the difference between freezing and locking your credit?

Credit freezes and credit locks both restrict access to your credit reports. But **credit freezes are free, while credit locks may be offered as part of expanded paid services**. For more information, Google it, I did.

I chose to lock and freeze my credit, mostly because I already had Life Lock through Norton to lock my identity and credit and it also is protecting up to 5 electronic devices I own. Look at their website at <https://us.norton.com/> I chose Norton 360 with LifeLock Ultimate Plus its \$298.99/the first year and about \$100 EXTRA the following years. Look and make your decision as to what might work best for your situation.

To FREEZE your credit (**IT'S FREE**), you must do is call each credit bureau individually. It's simple and took me less than 15 minutes total to complete the task. I got these phone numbers from Norton/LifeLock, so I feel comfortable sharing them with you:

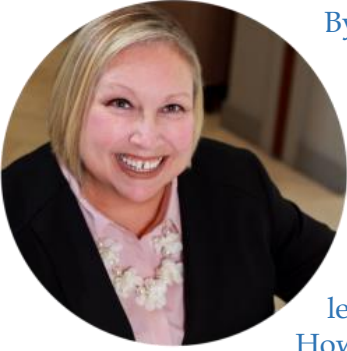
Equifax, 866-240-2273, they talk you through it. You get a confirmation number at the end.

Experian, 800-509-8495, fully automated system, you get a confirmation number at the end.

Transunion, 855-681-3196. I answered one of the automated questions wrong. In my defense they were asking about my husband's ex-wife's property. It was a bit creepy, so I got to talk to a live person who sent me to the website. You may want to go to the website to avoid giving a computer all the answers to weird questions like did you ever have a driver's license in a state? They list several states. Another question was which phone number have you had in the past? They gave you a list of numbers. Anyway, go to <https://service.transunion.com/> There you set up a profile then when you complete that, you can select freeze your credit. They send you an email confirmation at the end.

I hope this helps and feel free to contact me if I can help you!

Social Media Committee Report



By: Suzette Cotto, NFBPWC Public Relations Chair

Feeling Like You've Lost Your Voice

Even in a time where social media is borderline intrusive and our primary way of mass and personal communicating, many women feel as though they recently lost their voice. Most notably, Roe v. Wade was overturned. For the sake of brevity, I will assume you know something about the law and its implication for women. This has been a huge change in our country's tolerance and progressive thought leadership, amongst a million other things. We may be thinking, "How can this be? How can we lose power like this? Is there no recourse?"

Birth control, marriage equality, voting rights could be next – what's to stop it? Don't discredit what may feel like a little paranoia from me – it's why we are having this conversation!

Some of our younger NFBPWC members won't have the difficult memory of what it's like to be shut out of this important conversation. Women's voices were not held as equal in the days of Roe v. Wade, and this feels despairingly similar. For years (in my time), women fought to have control of their own bodies, choices for higher education, what to do for a career, how much money they could make in a profession, and family planning was a crapshoot. These are just a few things we have been struggling to advance in the United States with our equal voting voices.

I can remember as a young girl, my own mother struggling with consecutive births that added up to four children. The first being me, her only girl and oldest child, a result of not having birth control available for use. This was the year 1962. I grew up feeling guilty about being the thing that changed her life in ways she couldn't control. Somehow, I knew.

In 1962, my Mom as a recent college graduate from a prestigious design school, worked on 5th Avenue in New York City as an Interior Designer, and had achieved the pinnacle of what many women at that time had not when it came to education and career. She met the building Maintenance Supervisor, they dated, and she became pregnant. Six months later they married, she quit her job, and had 3 more children, never really wanting that path for herself. But there was little support for women to have choices in reproductive health at that time. I remember her struggles.

I remember she and my Dad arguing over her getting on birth control after my youngest brother, child number four, was born. She couldn't do another child. She wanted to regain her chosen career path and children at that time, creating really hard choices for women. What was even more shocking to me was the argument they had. My Dad told her going on birth control made it so that she could just go out and "sleep with anyone". In that day, in that time, that was where a man's head was at. Birth control equated to no control over your spouse, which was just insane in thought, but my Dad wasn't having it. She did it anyway.

So, I grew up not wanting a confining, controlling marriage or children. I wanted an education, and a career and nothing was going to stop me. I experienced limiting conversation in my own personal relationship. I married young in 1981 and went about my path of college and career. My partner at the time said, "Why don't you get a job at the post office? You're really not cut out for college or a white-collar job." When I left him a couple years later, he said "Oh great. And I was just ready to start having children!"

So, whether you agree or not with Roe v. Wade and reproductive rights to choose, I tell you – we have lost our voice. It's not about abortion to me, because I would personally choose not to have one, but I *did* have the availability to have access to birth control.

I never had to choose, but I had a choice. I feel vulnerable and I bet you do too.

So why is the NFBPWC PR Chair talking politics and personal choices? Because your voice matters to me. Amplifying meaningful messages and doing that in the right ways matters to me. Sometimes the messages are really difficult and need a forum and a vote. Using communication tools like social media, blog content and being able to join an organization that represents your interests, matters to me. Women and their voices matter to me – we now have ground to retake and to own.

What can you do if you feel silenced? Be sure you pay attention to NFBPWC's Advocacy information which can be found on the [Take-Action tab on the website](#) and promoted on our social media channels.

ACTION TOOLS

[Tell Your Senators To Remove The Arbitrary ERA Deadline](#)

1 Nov 2022 | "Take Action" Online Tool -- This tool is open to the public. It will help you to Tell your Senators to Step Up for the ERA!

[Voting Rights Protect Women's Rights](#)

1 Nov 2022 | "Take Action" Online Tool - This tool is open to the public. It will help you to Tell your Congress Member to protect equal access to voting!

SIGN UP FOR UPDATES

Sign up to receive email updates to your inbox with the latest news about our advocacy efforts, upcoming events that may interest you, and other helpful information from the National Federation of Business & Professional Women's Clubs.

Click the SIGN UP FOR UPDATES button and subscribe to action happening within and supported by the collective voices of NFBPWC. You can also click this link: <https://nfbpwc.org/Sign-Up-For-Email>

Join the conversation on [Facebook](#) and [Twitter](#). SHARE your thoughts and feelings in a safe space. Use your advocacy tools.

I have a voice. I won't be silent.

Engage with NFBPWC on Social Media



Organization Page:

<https://www.facebook.com/NatlFedBPWC/>



https://www.youtube.com/channel/UC2l_ciXLyvbu1dbBOsV9Tg



Group Page

<https://www.facebook.com/NatlFedBPWC/>



<https://twitter.com/nfbpwc>



Organization Page

<https://www.linkedin.com/company/nfbpwc>



https://www.instagram.com/nfbpwc_usa/

August Highlights in US Women's History

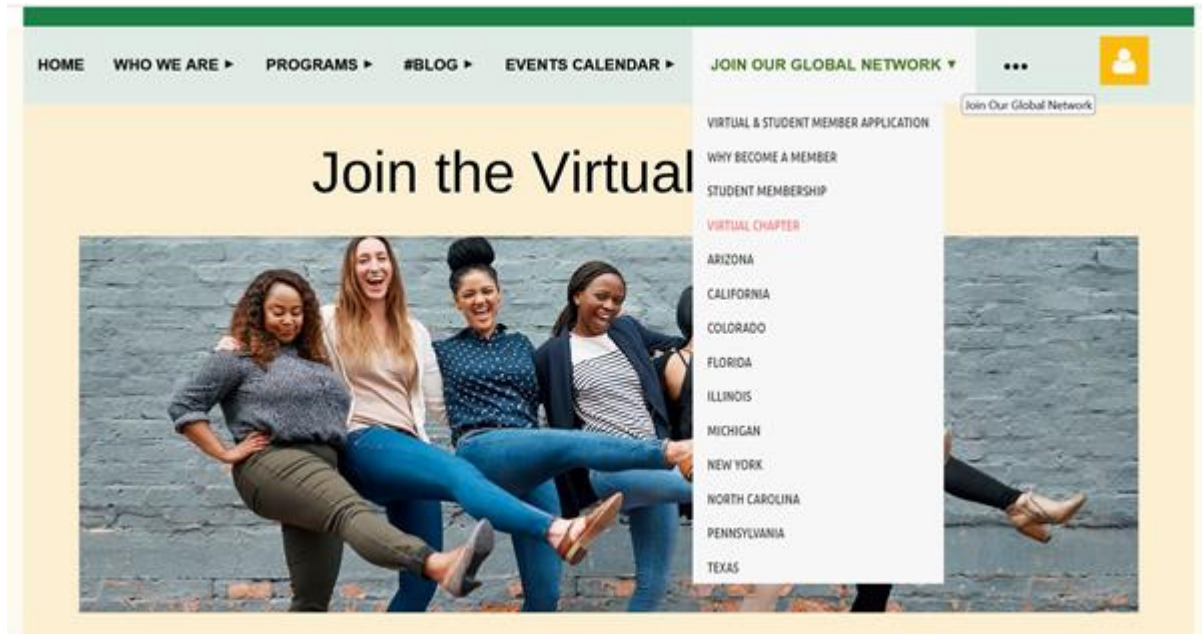
August 26th – 102nd Anniversary of Women in the United States Winning the Vote

- August 6, 1965 – The Voting Rights Act outlaws the discriminatory literacy tests that had been used to prevent African Americans from voting. Suffrage is finally fully extended to African American women
- August 8, 1969 – Executive order 11478 issued by President Nixon requires each federal department and agency to establish and maintain an affirmative action program of equal employment opportunity for civilian employees and applicants
- August 9, 1995 – Roberta Cooper Ramo becomes the first woman to hold the office of president of the American Bar Association
- August 10, 1993 – Ruth Bader Ginsburg is sworn in as the second woman and 107th Justice to serve on the US Supreme Court
- August 12, 1972 – Wendy Rue founds the National Association for Female Executives (NAFE), the largest businesswomen's organization in the United States
- August 14, 1986 – Rear Admiral Grace Murray Hopper retires from active duty in the US Navy. A pioneering computer scientist and inventor of the computer language COBOL, she was the oldest officer still on active duty at the time of her retirement
- August 23, 1902 – Fanny Farmer opens the "School of Cookery" in Boston, MA
- **August 26, 1920 – The 19th Amendment of the US Constitution is ratified granting women the right to vote**
- August 26, 1970 – Betty Friedan leads a nationwide protest called the "Women's Strike for Equality" in New York City on the fiftieth anniversary of women's suffrage
- August 26, 1971 – The first Women's Equality Day, initiated by Representative Bella Abzug, is established by Presidential Proclamation and reaffirmed annually
- August 28, 1963 – More than 250,000 gather for a march on Washington, DC, and listen to Martin Luther King, Jr.'s famous "I Have a Dream" speech
- August 30, 1984 – Judith A. Resnick is the second U.S. woman in space, traveling on the first flight of the space shuttle Discovery

(Source: <https://nationalwomenshistoryalliance.org/events/August/>)

Website Committee Report

By: Lea-Ann W. Berst website@NFBPWC.org
 Website Special Committee Chair, NFBPWC 2020-2022



Affiliate Presidents:

As a reminder, Affiliate pages are added to the National website to help you grow and retain membership. The intent is to provide a way for site visitors to know that there are chapters they can join and for existing members to feel valued.

That's why your Affiliate page must remain up-to-date with information about your organization, where to find you, how to join, the events you're hosting, and an opportunity for your members to be featured!

3 Ways To Keep Your Affiliate Page Updated And Fresh:

- 1) Follow [the event submission process](#) to post your event onto the National calendar and, in turn, it'll post to your page
 - This helps push site visitors to your events to start their journey of getting to know your affiliate organization.
- 2) [Have members submit to be featured](#) in [the National blog](#) and on your page
 - This helps us give each member featured the respect they deserve. The Spotlight article will reside on the National blog area, mentioned on your Affiliate page, and featured in our National social media accounts.
 - Affiliates can use their marketing efforts to extend the reach of the Spotlight article.
- 3) Email the Website Chair at website@nfbpwc.org with updates for your page.

International Relations Chair Report

By: Sandra Thompson, NFBPWC's International Chair, international@nfbpwc.org



The European Region held their 17th Regional Conference and 9th Young BPW Symposium in May in Iceland. They had 250 members from around the world to participate in the conference. The theme for the Conference was Equality.

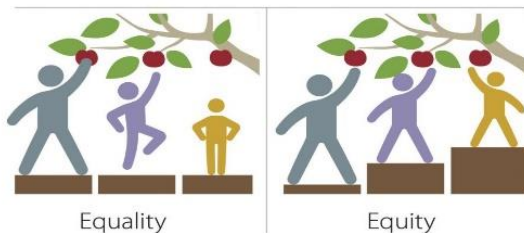
Here is what Anu Viks, Regional Coordinator for Europe had to say about the meeting

The highlights of the Conference were formidable presentations from Icelandic women including the Prime Minister Katrin Jakobsdottir, First Lady Eliza Reid and many others. Their message that echoed was that women must step out and take the positions they want, not wait to be offered. Every life experience has some lesson to teach and make a

woman resilient and more self-aware. Iceland is known as a strong country of gender equality, but Icelandic women still feel there is a long way to go regardless of the voluntary quotas implemented by many Iceland political parties and employers.

Workshops held at the Conference focused on Equality related topics including "Together toward gender equality", Inclusive Leadership, Charter on the Girls Rights, Women Reshaping the World after Covid-19" and others.

The 9th Young BPW Symposium took place under the leadership of Sheerah Kim, the BPW Europe Communications Officer. They took a different approach to the topic which was Equity. They pointed out that equality does not always mean that everyone gets the same amount, but that things must be approached in the context of honest and creating equal opportunities.



They had the Opening Ceremony at the City Hall of Reykjavik and the Farewell Party to the Golden Circle tour. Don't forget the North America and Caribbean Regional Conference will be held next January in St. Kitts. August 15 details will come out about the conference – so look for it!

BPW International News – President Dr. Catherine Bosshart



By: Dr. Catherine Bosshart, BPW International President

(Source: BPW International Website)

Dear Presidents of BPW

Dear Members

Our first virtual General Assembly was for all of us not only a technical but also a social challenge

We had only little time to tackle the huge task to organize a virtual Congress. I would like to thank President Amany for her commitment, the International Planning Committee for its work. In the last two weeks before General Assembly

we virtually met every day or twice every day. The Planning Committee consisted of Dr. Asfour, Dr. Seidita, Dr. Viravan and Dr. Kiengsiri and I. Thank you all for having confidence in me and giving me your vote. Those members who are disappointed I would like to ask to give me a chance and to collaborate with me. I will be available for all members and I am willing to support you in all your endeavors for the benefit of BPW International. Thank you for being still online and motivated to face a next Triennium. I am full of energy and you too, I presume. Let's work together along the new International Theme: **New Actions through Cooperation**. It includes the one we have had in the last Triennium and the Sustainable Development Goals are a big part of the actions.

[> read more](#)

Dr. Catherine Bosshart

BPW International President 2021-2024

BPW International - Young BPW Reykjavik

Young BPW Videos from BPW Regional Conference Europe in Reykjavik

Reported by Tomi Odunsi Fadina, Young BPW International Representative 2021-2024 (July 11, 2022)

Additional news and videos can be found at: <https://www.bpw-international.org/youngbpwvideos-reykjavik/>



"You always have to have a Gender Perspective." - Katrin Jakobsdottir, Iceland Prime Minister.

In 2020, Iceland experienced a 40% increase in night-life crimes creating an unsafe environment for young women. A prevention program has been introduced to eliminate sexual assaults crimes in the partying scenes.

The Prime Minister mentioned that Gender Equality Education has also been introduced in the Primary and Secondary Schools' Curriculum where students find a safe space to speak up, making Gender Equality not only for women and girls but also for Men and Boys.

YouTube Link: <https://www.youtube.com/watch?v=tjhg1tF2JGQ>

Catherine Bosshart speaks to the Young BPW at the Breakfast Meeting with the BPW International President

YouTube Link: <https://youtu.be/P4Cn4Ils1Jk>

It is a tradition at every YoungBPW Symposium for the Youngs to meet with the International President. At this meeting, the young members get to connect with the President, ask pressing questions, discuss processes and procedures of BPW International.

At the 9th Young BPW Europe Symposium Breakfast Meeting, the President's key words were 'Inclusion and Collaboration' in line with the Triennium Theme - New Actions Through Cooperation - as this will strengthen the BPW Sisterhood bond and achievements.

Aslaug Arna Sigurbjörnsdóttir, Minister of Higher Education, Science, Industry and innovation'

YouTube Link: https://youtu.be/z_NqvYMTwjE

Aslaug Arna Sigurbjörnsdóttir, the 31year old Minister of Higher Education, Science, Industry and innovation inspires the Youngs at BPW Regional Conference Europe 2022.

Áslaug Arna Sigurbjörnsdóttir shares common practices, sighting examples in Iceland on how Institutions can develop social and technological solutions for the protection of individual rights.

The Iceland Reykjavík metropolitan police for example, launched an online service portal for victims of sexual violation allowing them a direct and remote digital access to the development of their cases. This means that the victims can monitor their cases when it moves stages within the criminal justice system. This eases some of the uncertainties that the victims have described as the most difficult part of seeking justice.

BPW International - Standing Committee United Nations News



Dr Marie-Claude Machon-Honoré's Report on Objectives and Strategy as UN SC Member & Lead of the Working Group on Education & Advocacy (2021-2024) with the Group Members

- Marie-Claude Machon-Honoré
- Raïssa Nadia Detien Vodounnou
- Tiziana Paris
- Lisa Fong
- Sylviane Zongo

[> read more](#)

State Federation & Clubs News

NFBPWC Arizona

Executive Committee 2020:

Theresa Dolan President

For more information about this club, go to: <https://www.nfbpwc.org/Arizona>

NFBPWC California Federation

Executive Committee 2022-2023:

Bessie Hironimus	President
Maria Desousa	President-Elect
Lynn Wen	Treasurer
Katherine Winans	Secretary
Sandy Thompson	Parliamentarian
Lynn Brandstater	Immediate Past President

For more information about this club, go to: <https://www.nfbpwc.org/California> or <https://bpwcal.org/>

NFBPWC Colorado Federation

Executive Committee 2022-2023:

Evie Hudak	President
Linda Sue Shirkey	1 st Vice President
Angie Layton	2 nd Vice President
Sharon Simmons	Secretary
Cynthia Wieme	Treasurer

For more information about this club, go to: <https://www.BPWCColorado.org>



NFBPWC South Florida

Executive Committee 2021-2023:

President	Liz Benham
Vice President Advocacy	Marianne Miccoli
Vice President Membership	Mariela Borrello
Treasurer	Paulina Kucharska
Secretary	Mary Antoine
Immediate Past President	Susan Gingerich

For more information about this club, go to: <https://www.nfbpwc.org/Florida>

NFBPWC La Grange-Chicago

Executive Committee:

Kathleen Ray	President
Barbara Miller	Secretary
Barbara Yong	Treasurer

For more information about this club, go to: <https://www.nfbpwc.org/LaGrange-Chicago>

NFBPWC Michigan

Executive Committee 2021-2022:

Shirley Zeller	President
Susan Oser	Vice President, Membership
Amy Courter	Vice President, Advocacy
OPEN	Secretary
Susan Murphy	Treasurer

NFBPWC New York City

Executive Committee:

Nermin K. Ahmad	President
Devika Gopal Agge	1 st VP Membership
Nesli Cakiroglu	2 nd VP Advocacy
Djenabou Bah	3 rd VP Programs (3-months sabbatical)
Voyka Soto	Secretary
Francesca Burack	Immediate Past President
Emily VanVleck	Young BPW Board Member

For more information about this club, go to: www.NFBPWC-NYC.org or become involved on our social media site, nfbpwc.ning.com.



By: Nermin K. Ahmad, President, NFBPWC New York City

The focus is now on preparing for the General Assembly in Sacramento, where we look forward to meeting our sisters from around the country.

NYC will be well represented, with President Emerita Burack, President Ahmad, YBPW Lead VanVleck, Acting VP Programs Bah, and student members Sexton, Mujaddedi and Wali.

We are proceeding with creating a series of mini-moments – pre-recorded training classes on subjects ranging from money management, through using on-line employment search engines, to writing letters of introduction and interest that are on-point and invite attention. In this vein, we are actively looking for members (from any club), to host an event on their culture, religion, or celebration to share with others and help them understand one another better!

Our presentation on the Afghan Women Project will initiate a transition for the project into one supporting all business and professional women on the move. Historically, women mostly moved with their spouses, and there were groups to welcome them to their new homes through a range of community organizations. Now women are on the move, across the world, and NFBPWC has an opportunity to be there to welcome and help them thrive. We will be joined by young women we have helped adapt to America.

Our UN Representatives continue their diligent activities, and I am now Treasurer for the UN Committee on Migration's Executive Committee.

These truly are exciting times and I am glad to be a part of such a dynamic group of women.

NFBPWC North Carolina

Executive Committee:

Marsha Riibner-Cady	President	nfbpwcnc@gmail.com
Barbara Bozeman	NFBPWC-EC Liaison	
Lea-Ann Berst	NFBPWC-NC Webpage Master and Facebook	
Varnell Kinnin	SDG/ Advocacy	
Jo Naylor	Secretary and Bylaws Chair	



For more information about this club, go to: <https://www.nfbpwc.org/NorthCarolina>

By: Marsha Riibner-Cady, President, NFBPWC North Carolina

We invite everyone to attend our meetings, the third Thursday of the month at 8:00 pm Eastern by clicking on the link here:

<https://us06web.zoom.us/j/83070332328?pwd=bjExWnBYVGx5YThBdDNzNG5FNzkyUT09>

Meeting ID: 830 7033 2328

Passcode: 612268

or contact Marsha at (252) 423-0819 (text is okay) for details or nfbpwcnc@gmail.com

At our July 21 meeting Barbara Bozeman gave us a tour of her trip with the Sisters on the Fly which included a trip to Seneca Falls and the Corning Glass Factory. Thank you, Barbara, for sharing your trip with us. sistersonthefly.com

We discussed the upcoming Conference, scarves, and asked for input for our board report.

Varnell's students sent Thank you notes for supporting them in their GED studies by making snacks available to them. This is SDG's 4 and 2!

Jo shared this link about dress for success virtual walk, please take a look!
<https://events.hakuapp.com/dfspowerwalk>

Our August 18 meeting will be a recap/discussion of the conference.

"In One Great Sisterhood" by Varnell Kinnin, NFBPWC-NC

How many of you know the emblem song? We sing it at some of our BPW functions? Well one line in the song is, "This emblem binds us all, in one great sisterhood." I thought about that as a topic for this article.

How many of you were in a sorority, or wanted to be in a sorority? Well, guess what, isn't that what BPW is? Well not literally, but it is based on sisterhood like a sorority. BPW is for women in business coming together to inspire and motivate each other.

In some sororities, you pledge to follow the rules and guidelines of the organization. We do that in BPW. Sororities pay dues, (much higher than ours), we pay dues. In sororities, they tell each other about jobs. I hope we do. But be aware, that when we are told about a job, we have to sell ourselves.

What I am trying to connect is that, while we are business and professional women, we are a caring group of women "in one great sisterhood." Personally, we are here for each other, and we care for our sisters.

Professionally, we have a world of resources to draw from. We have a wonderful networking system. Do you know that you have mentors right in your local club? Do you know that you have first-hand information on job openings? Do you know it work for spouses also?

When my husband's job moved to Mexico, (my husband was the plant engineer at a textile plant), I was telling the human resource manager at Sara Lee about it. She was a member of our local club. She told me to tell my husband to come out and put in an application. The following week he was hired. This is a prime example of women helping women.

Are you starting a business? Do you know someone who is? There may be some BPW ladies who are interested in that business or may need that service.

Ladies, when recruiting, be sure to list the benefits of being a BPW member. For people who are job hunting, being a member of BPW looks good on a resume. For people who are working and have to conduct meetings, BPW gives you the training and tools for a professional meeting. New members, just by being in meetings with professional businesswomen, you get real world experience on how to conduct yourself in business settings.

Members of BPW will also get to travel. Yes, travel. When we have state conference or the WEE events, we must travel to the site. I call this my "me time." I get to hang with the girls and learn something from the speakers and well as the members. Some state BPW members have traveled to other states and some national members have traveled to other countries.

Tell the potential members of the opportunities to meet your elected officials. Tell them BPW/NC have had governors come to conventions. We have had N.C. Secretary of State Elaine Marshall come to our convention. Governor Jim Martin and Governor Beverly Perdue have been to North Carolina's convention during their time in office. Elaine Marshal and Gov. Bev Purdue were N.C. BPW members.

BPW/NC members have been to Capitol Hill in Washington, DC to the offices of our representatives and senators. Some of our BPW members have sat in the gallery of the U.S. House of Representatives and watched them vote on a bill. We met with our state senators and representatives also. And, some of the BPW members have been to Philadelphia, PA for a national conference and "walked" up the steps that Rocky "ran up."

Finally, some women join BPW just to meet new people. Whatever the reason, we welcome all new and old members to our "one great sisterhood."

Pennsylvania Affiliate Chapter

Executive Committee:

Nancy Werner	President
Cathy Collins	Vice-President
Nancy Thomas	Recording Secretary
Denice Robinson	Treasurer
Cathy Collins	Membership
Lilly Gioia	Legislation

For more information about this club, go to: <https://www.nfbpwc.org/Pennsylvania>



Pennsylvania Advocacy Report

By: Lilly Gioia, BPW Pennsylvania Legislation (Advocacy) Chair

PART ONE: Reproductive Health in America

PART TWO: Title IX @ 50, the "Boyfriend Loophole," & Economic Equity

S.4434/H.R.8111 -- MY BODY/MY DATA ACT of 2022:

In an immediate response to the Supreme Court overturning a 50-year *Roe v. Wade* precedent, Senators Mazie Hirono (D/HI) and Ron Wyden (D/OR) introduced the My Body/My Data Act of 2022. "Extreme Republicans across the country aren't only trying to take away women's constitutional rights, they want to actually put people in jail for providing or seeking reproductive care," Senator Hirono said. "This legislation will take steps to protect women's privacy and ensure that individuals cannot collect data from websites or apps and use it against them." Civil liberties groups said the burden should not be on individual women to protect themselves from reproductive health tracking, the kind of police snooping that Senator Wyden has called "uterus surveillance." Data collected by tech companies is an easy target for law enforcement using subpoenas to obtain recorded "messages, search histories, health data and other information," according to the Washington Post. In many cases, law enforcement doesn't even need a court order to acquire data; they can simply purchase it from brokers. In 2017, Mississippi prosecutors used internet searches for abortion drugs as evidence in a woman's trial for the death of her fetus. Data purchased from commercial data brokers allows police to track anyone who travels out of state for abortion healthcare and prosecute them upon their return. Anti-abortion "Crisis Pregnancy Centers" already use sophisticated digital strategies to collect and share information about people visiting their centers or websites. Many police departments have their own surveillance technologies, like license plate readers.

Representative Sara Jacobs (D/CA), sponsor of H.R.8111, said this bill will create a new national standard to protect personal reproductive health information from being disclosed or misused. The My Body, My Data Act limits the personal reproductive and sexual health data that can be collected, retained, used or disclosed. It directs the Federal Trade Commission to enforce the law. S.4434/H.R.8111 also creates a private right of action that allows individuals to hold regulated entities accountable for violations, and consumer protections to access or delete personal data. The My Body, My Data Act is supported by a wide range of advocacy organizations including Planned Parenthood, NARAL Pro-Choice America, the Electronic Frontier Foundation (EFF), and National Partnership for Women & Families, The National Abortion Federation, United for Reproductive Gender Equity, and the Feminist Majority.

The House passed the Women's Health Protection Act (219-210) and the Ensuring Access to Abortion Act of 2022 (223-205) on 7/15/22. Although the bills are likely deemed to die in the Senate by filibuster, House passage lays the groundwork for future steps, according to a HuffPost report. "Is this the United States of America where Republicans in these states can say to these women, 'you cannot cross state lines for your own good health?'" House Speaker Nancy Pelosi said during the debate. This reality is "despicable and it demands action." Along with bans within their own states, Republicans and many anti-abortion groups have already proposed legislation to restrict patients from crossing state lines for abortion services. The Ensuring Access to Abortion Act allows lawsuits against people who restricted or impeded the ability to travel across state lines for obtaining an abortion in a state where it's legal. Another bill also sponsored by Senator Wyden is the Fourth Amendment Is Not for Sale Act. It would prevent law enforcement and intelligence agencies from buying a person's location records and other personal details from data brokers. Governors in Massachusetts, Colorado, New Jersey and Pennsylvania have issued executive orders that prohibit local government agencies from assisting other states' investigations into individuals receiving reproductive health services that are legal in their states, unless required by a court order.

"Everybody is waking up to the realization that privacy is central—central to human dignity and central to democracy," said Kade Crockford, director of the Technology for Liberty Program at the American Civil Liberties Union of Massachusetts.

FEDERAL TRADE COMMISSION INVESTIGATION OF APPLE & GOOGLE REQUESTED:

Senators Elizabeth Warren (D/MA) and Cory Booker (D/NJ) wrote Federal Trade Commission (FTC) Chair Lina Khan asking the agency to investigate Apple and Google over the data they collect on consumers. “Data brokers are already selling, licensing and sharing the location information of people that visit abortion providers to anyone with a credit card. Prosecutors in states where abortion becomes illegal will soon be able to obtain warrants for location information about anyone who has visited an abortion provider,” the Senators wrote. “Private actors will also be incentivized by state bounty laws to hunt down women who have obtained or are seeking an abortion by accessing location through shady data brokers.” The FTC should investigate Apple and Google’s role in transforming online advertising into an intense system of surveillance that incentivizes and facilitates the unrestrained collection and constant sale of Americans’ personal data, the Senators said, according to a 6/24/22 CNN report.

This is going to stretch into social media fast, wrote Josh Gerstein of Politico. “This is going to be a real mess for tech and social media companies,” noting that there will unquestionably be efforts from local prosecutors and police in red states, “to use technologies to go after people circumventing laws” in those states. It’s unclear how Big Tech is going to react. Sinan Eren, an executive at Barracuda, a security firm, said, “Your telecom network is your weakest link. There’s no perfect solution.” Security researchers told the New York Times in a 7/13/22 report, that the state of digital privacy is already so far gone that foregoing the use of digital tools altogether may be the only way to keep information secure.

BIDEN EXECUTIVE ORDER

The White House does not have blanket ability to restore or safe-guard Americans’ access to abortion nationwide, but to defend reproductive rights within various federal agencies, President Joe Biden used his executive authority. According to a 7/8/22 NPR report, Biden directed the Department of Health & Human Services (HHS) to take additional action to protect and expand access to medication abortion product access, and ensure patients are able to obtain emergency medical care. The White House will formalize efforts by the Justice Department to push back against any state efforts that limit the ability to travel out of state to get an abortion or access to abortion medication. Noting limitations on this order, President Biden said, “We have to codify Roe v. Wade in the law, and the way to do that is to make sure the Congress votes to do that.”

PA REPUBLICANS URGE CONSTITUTIONAL AMENDMENT TO END ABORTION RIGHT:

WHYY reported on 7/6/22 that S.B.106, passed late at night by the General Assembly on party-line votes, “is an intentional step towards restricting abortion in Pennsylvania.” A block of constitutional amendments were rammed through without expert testimony or public hearings. S.B.106 adds language to the Commonwealth’s Constitution stating the “Policy of Pennsylvania is to protect the life of every unborn child from conception to birth.” It declares the PA State Constitution does not grant any right relating to abortion, including any right to public funding for the procedure. Abortion is currently legal in Pennsylvania and now in danger, according to a PA Spotlight report. A Pennsylvania Governor can veto legislation sent to their desk, but they cannot reject constitutional amendments. May 2022 polling by Franklin & Marshall College shows 85% of Pennsylvania’s registered voters support abortion being either completely legal or legal under some circumstances. Only 14% of respondents said abortion should be illegal under any circumstances.

“The right to bodily autonomy – and privacy as a whole – is under attack in this country,” Governor Tom Wolf said. A former Planned Parenthood escort and vocal ally of abortion access, Governor Wolf has consistently vetoed General Assembly Republican bills that strengthen abortion restrictions. “As we approach a critical election cycle here in Pennsylvania, I cannot stress enough how important it is to exercise your personal right to vote. Elections matter,” Wolf concluded. Signe Espinoza, Executive Director of Planned Parenthood PA Associates said, “Make no mistake. This is just the beginning of a very long fight.”

A 7/12/22 report by City & State outlined a new Executive Order signed by Governor Tom Wolf directing Executive employees and entities under the Governor’s jurisdiction—including state agencies, boards, commissions and councils to prohibit them from assisting other states with efforts to investigate or penalize people who travel to Pennsylvania for an abortion. The Order urges state agencies to consider policies that

protect medical professionals in the Commonwealth from facing disciplinary action sought by other states as a consequence of providing reproductive health care services. “Everyone, whether a resident of Pennsylvania or elsewhere, deserves access to health care. As long as I am Governor, I will do everything in my power to protect that right,” Governor Wolf said. Immediate opposition by the Pennsylvania Family Institute took issue with the language in the Executive Order. A New York Times report named GOP gubernatorial anti-abortion candidate Senator Doug Mastriano among political candidates who are promoting Christian-power in America. Mastriano has called the separation of church and state a “myth” and believes divine intervention will deliver a win for him in November. “It is time for Christians to reclaim political power. In November we are going to take our state back. My God will make it so,” he said.

FAMILIES OF VICTIMS OF ANTI-ABORTION VIOLENCE FACE A POST-ROE WORLD:

Overturning Roe v. Wade marked the culmination of a decades-long multi-million dollar legal effort by the American Conservative Movement to end abortion rights and force many pregnant women to give birth. It is also the culmination of a multi-decade terror campaign, according to a 6/13/22 History News Network report. From 1977 to 2020 in America, anti-abortion activists committed at least 11 murders, 26 attempted murders, 956 threats of harm or death, 624 stabbing incidents and four kidnappings, according to data collected by the National Abortion Federation. They have bombed 42 abortion clinics, set 194 on fire, attempted to bomb or burn an additional 104 and made 667 bomb threats. To be an abortion provider in the U.S. has meant going to work every morning under the threat of violence. And as Roe ends, some family members of people lost to this horrifying violence are reliving their worst days. The abortion care their loved ones died practicing will soon disappear across much of the country. There is also no indication that violence at existing facilities will not persist.

FLORIDA SYNAGOGUE SUES OVER ABORTION BAN VIOLATING RELIGIOUS FREEDOM:

Under Jewish Law abortion “is required if necessary to protect the health, mental or physical well-being” of a pregnant woman, said Rabbi Barry Silver of Congregation L’Dor Va Dor in Palm Beach County. Florida’s legislation violates the state constitution’s right to privacy and freedom of religion, the lawsuit maintains. According to a 6/10/22 New York Times report, this case is a reminder that abortion poses religious issues beyond those of the Christian Right. It suggests potential legal issues that could surface at a time when the Supreme Court has been aggressively open to a wider role for religion in public political life. The Florida law makes no exceptions for cases of incest, rape or human trafficking and has already been challenged by the ACLU. Rabbi Silver said Jewish Law was “consistent with life beginning at birth.” Rabbi Silver said he has been contacted by others interested in filing similar lawsuits on religious freedom grounds in different states.

“This is not the end. There are things we can do. We vow to keep fighting,” said Jody Rabhan, Chief Policy Officer for the National Council of Jewish Women (NCJW). Long advocating for abortion rights, the NCJW members are “absolutely devastated, shocked and angry,” Rabhan said. Jamie L. Manson, head of Catholics For Choice, said her group is pressuring lawmakers to pass the Women’s Health Protection Act to codify the provisions of Roe v. Wade into federal law. Catholics for Choice is also pushing President Joe Biden to declare a Public Health Emergency. Senator Tina Smith (D/MN) and Senator Elizabeth Warren (D/MA) urged Biden in a New York Times Editorial to unlock “critical resources and authority that states and the federal government can use to meet a surge in demand for reproductive health services by declaring the Public Health Emergency.

NCJW is raising money through the Jewish Fund for Abortion Access to help women pay for the cost of terminating a pregnancy should they require it. They are working to help states with more liberal abortion laws serve as “sanctuary states.” Rabhan stressed that “Restrictive abortion laws rooted in just one understanding of when life begins, limit our ability to fully practice our religious tradition.” Some Muslims and other Christians hold similar views. According to a Religion News Service report, three United Methodist pastors stood outside the Supreme Court offering pastoral care to passersby. Abortion is a complicated issue, but, none-the-less, mostly a matter of individual choice, said a Senior Pastor at Trinity United Methodist Church in Fayetteville Arkansas. “In Arkansas it’s already difficult to have abortion care and now it’s going to be non-existent. A lot of women, especially poor women and women of color, are going to be the ones that get the brunt of this. The

church is going to have to provide care for these people.” The Rev. Rachel Gosnel of Dumbarton United Methodist Church in Washington, D.C. predicted, “You’re going to see more and more rights being taken away.”

THE ABORTION ABOLISHIONIST MOVEMENT:

About one in three American adults believe that, if abortion is illegal, women who have the procedures should serve jail time or pay a fine or do community service, according to a PEW Research Center study conducted in March 2022. Men, white evangelicals and Republicans are among the most likely to believe that a woman should be punished, the study found. They reflect an undercurrent of the anti-abortion movement that Donald J. Trump elevated in 2016 when he said that women who receive abortions should receive “some form of punishment” if the procedures were banned in the United States. A 7/2/22 New York Times report found some prosecutors already have used homicide and child abuse laws to charge women for things like inducing abortion or experiencing a miscarriage. According to National Advocates for Pregnant Women, about 1,300 women have faced such charges or arrests since 2006. Ultimately, Abortion Abolitionists believe they are fighting a Holy Christian Mission, answerable to the God they worship. They travel to state legislatures to promote bills classifying abortion as homicide.

HOW WILL UNTESTED, RAPIDLY CHANGING STATE LAWS AFFECT PREGNANCY RISKS?

Researchers studying media coverage of pregnancy risk found overwhelmingly that fetuses were the sole focus of health outcomes. A reluctance to acknowledge risks can make the dangers of pregnancy invisible to policymakers, the New York Times reported on 7/4/22. Perhaps people don’t often talk about the dangers of pregnancy for women’s health because they see such conversations as a cause of unnecessary distress. More questions on legislation language are arising as abortion bans take place in states across American. Pregnancy risks are going to be more in the spotlight as arguments happen in state legislative chambers over how much threat to a women’s health must be present to permit an abortion under untested and rapidly changing state laws. Dr. Emily Oster, a Brown University economist and author of “Expecting Better,” a data-driven book about pregnancy, told the New York Times, in a vaginal birth “your vagina’s going to tear. It’s going to tear a lot.”

That’s not even a risk; it’s just realistic.” Giving birth via caesarean section is a major abdominal surgery that ends up with a large wound requiring a significant recovery period and more serious complications, while rare, are not that rare. Up to one in 10 pregnancies experience pregnancy-induced hypertensive disorder which can be lethal. This is one consequence when abortion bans are written so broadly that they fail to provide clear paths for doctors to protect women’s lives and health. A pregnant woman in Poland died last year because doctors were confused about their potential liability under a vaguely worded abortion law. Similar confusion is now unfolding in the United States. Jonathan Lord, a practicing gynecologist and doctors in several U.S. states have raised concerns about whether women will be able to get timely care for ectopic pregnancies where a fertilized egg implants outside the uterus or in the wrong part of it. Such pregnancies are never viable. “It’s an inevitability that the fetus will die, but it will probably kill the mother with it. I do fear that in those states that have got strict laws that will happen,” Dr. Lord said.

RECORD NUMBER OF ABORTION MEASURES ON THE 2022 BALLOT:

Voters in California and Vermont will consider ballot measures that would enshrine the right to abortion in their state constitutions. Meanwhile, Kansas and Kentucky are weighing their own measures to clarify that their state constitutions do not establish a right to an abortion. Montana is considering whether to provide “personhood” protections to infants born alive after attempted abortions. This is the highest number of abortion-related measures that have been considered in a single year to date, according to a 7/3/22 Vox report. There have been 47 abortion-related ballot measures since 1970. In Vermont, Proposal #5 allows abortions at any stage of pregnancy. Vermont has already enacted a state law codifying abortion rights. Proposal #5 recognizes that the “right to reproductive liberty is central to the exercise of personal autonomy and involves decisions people should be able to make free from compulsion of the state.” It is likely to pass given that about 70% of voters in the state support legal abortion in all or most cases. On 6/27/22 the California legislature voted overwhelming support in both chambers to put a similar proposal on the ballot, Amendment #10. This prohibits “the state from denying or interfering with an individuals’ reproductive freedom and their most intimate decisions, which

includes their fundamental right to choose to have an abortion and their fundamental right to choose or refuse contraception.” This amendment is designed to protect the state constitutional right to privacy and equal protection under the laws. Kansas and Kentucky amendments do just the opposite. They are “to protect human life; Nothing in this Constitution shall be construed to secure or protect a right to abortion or require funding of abortion.” The Montana measure declares that infants born alive at any stage of development are “legal persons.” The measure requires that medical care be provided to them following induced labor, cesarean section and attempted abortion. It would also set a \$50,000 fine and maximum 20-year prison sentence for violators.

MARGARET ATWOOD – HANDMAID’S TALE AUTHOR -- HAS THE LAST WORD:

“You write these books so they won’t come true,” Atwood was quoted during a 7/12/22 CNN interview. The subjugation and sexual coercion of women have always been a deeply engrained truth in American history, according to Atwood. She has been a vocal supporter of reproductive rights. On Twitter Atwood wrote: “When Handmaid’s Tale came out in 85, there was disbelief. I thought a religious-right takeover was possible in the U.S. and I was ‘crazy Margaret.’ Premature, but unfortunately too close. That doesn’t make me happy.” she concluded: “I told you so.”

AUGUST 2022 NFBPWC – PART TWO – LEGISLATION/ADVOCACY UPDATE

TITLE IX @ 50:

“Title IX created a space for women and girls to be more,” said First Lady Dr. Jill Biden at an event celebrating 50 years of Title IX. ABC News reported that the First Lady was joined by famous tennis player and activist Billie Jean King. King was a college athlete before Title IX became the law and said she was forced to work two jobs while her male counterparts enjoyed full scholarships. President Richard Nixon signed Title IX on June 23, 1972. It was intended to equalize college admissions. It took just 37 words to change the course of education for millions of women and girls in the United States, Remy Tumin wrote in the 6/23/22 New York Times. The landmark education law, Title IX, ensured women equal access to education for the first time in American history. It passed with little fanfare between Congressional passage of the Equal Rights Amendment and a Roe v. Wade Supreme Court ruling legalizing abortion. Fifty years later, Title IX appears to be the only one of the three projections to remain fully standing.

According to a new analysis of Title IX by the Women’s Sports Foundation, three million more high school girls have opportunities to participate in sports now than they did before Title IX. Title IX emerged as an ember from the civil rights and women’s liberation movements. A 2017 poll by the National Women’s Law Center found that nearly 80% of voters supported Title IX. The expansiveness of Title IX also created a broad umbrella for protections including against campus sexual assault and harassment. While a 50th anniversary of Title IX’s passage is a moment to celebrate, experts say it’s also a moment to consider what Title IX has not addressed. The Women’s Sports Foundation found that women in college sports still lag behind male counterparts in scholarships, recruiting and Head Coaching positions.

It’s been 50 years since six women sat on the ground at the starting line of the New York City Marathon protesting for the right to compete in the same race as men. Barring sex discrimination in schools, creating opportunities in sports and allowing women, ultimately, to enter careers that were once completely dominated by men, Title IX opened countless doors for women. In “Women Running” 6/23/22 issue Erin Strout writes that today 75% of high school boys participate in sports compared to 60% of girls. Women make up 44% of all NCAA athletes (compared to 13% before 1972), but still have 60,000 fewer athletic opportunities than men. The most lasting “legacy of Title IX has been the understanding that it’s a civil right to be able to participate in school sports because there’s education in getting to use your body to achieve various goals, working as a team, pushing yourself, testing your limits. That’s pretty radical and has resulted in all sorts of consequences beyond the world of school sports for individuals and for society. That is really important,” said Victoria Jackson, a Sports Historian and Assistant Professor at Arizona State University. The Supreme Court decision to overturn Roe will strip women of their reproductive rights and ban abortion in several states – a devastating blow to the progress women have made in attaining education and achieving career advancement as a result of the ability to choose when and if they become pregnant, Nicole LaVoi, Director of the Tucker Center for Research on Girls, said. “We

want to celebrate wins, as we are doing with Title IX, but we also want to be aware that the fight is not over. A lot of gains have been made and there is a lot of work still to do.”

NEW GUN REFORM LEGISLATION CLOSES THE “BOYFRIEND LOOPHOLE” – FINALLY!

Did it take the tragic massacres at an Uvalde Texas elementary school and a Buffalo supermarket to finally push the most significant gun legislation in three decades across the U.S. Senate finish line? According to a 6/15/22 New York Intelligencer report, the Centers for Disease Control has found that more than half of ALL female homicides in the U.S. between 2003 and 2014 are related to domestic violence and that the **most common weapon used is a gun. In the U.S. a convicted domestic abuser, or anyone who has a protective order issued against them, can’t buy or possess a gun.**

That is federal law EXCEPT, there’s a loophole. If the abuser is the victim’s BOYFRIEND, he’s free to own firearms. Susan B. Sorenson, Professor of Social Policy at the University of Pennsylvania, suggests that about half of the intimate partner homicides in the U.S. are perpetrated by an unmarried partner. Researchers who study the intersection of gun violence and domestic abuse, estimated that more than 4 million women in the U.S. have been threatened by a romantic partner with a gun. Over three-quarters of a million have been pistol whipped, shot at or actually shot by their partners. “Women are harmed by armed abusers. Some are killed. Others survive, live with the terror,” she said. “There is so much more to gun violence than the body count.”

A bill called the Bipartisan Safer Communities Act of 2022 was signed by President Joe Biden on June 24, 2022, despite the National Rifle Association’s years of intense lobbying against it. According to the NRA, gun safety measures like closing “the so-called ‘Boyfriend Loophole’ are about undermining the Second Amendment.” The Safer Communities Act expands background checks for prospective gun buyers between ages 18-21, incentivizes states to create red flag laws and gives states more funding for school safety and mental health resources. **AND, at long last, closes the BOYFRIEND LOOPHOLE** in a law that prevents people convicted of domestic abuse from owning a gun. Michigan State University Criminal Justice Professor April Zeoli told NPR that law as written doesn’t reflect the fact that people spend a lot more time dating now than they did in the past, with women marrying on average in their late 20’s and men in their early 30’s. “Because we spend all this time dating, it doesn’t mean that violence doesn’t happen. It still happens, but the dating partners weren’t covered by the federal restrictions. More than a thousand women are killed by intimate partners every year in the U.S., based on FBI and CDC data. About half of the intimate partner homicides in the U.S. are perpetrated by an unmarried partner, a 2018 study found. “I think that there has always been a fear that women will make things up, that women will try to take revenge on their dating partners through lying about abuse and trying to get these firearms restrictions on them,” Zeoli said. “And that fear is unfounded. In fact ... a large proportion of people who experience abuse never report it to the courts or law enforcement.”

CFPB PROMISES TO START KICKING HARDER:

Thanks to Senator Elizabeth Warren’s (D/MA) determination 10 years ago, U.S. consumers finally had one new federal agency devoted just to them and their complaints of abuse by banks and corporations: the Consumer Finance Protection Bureau (CFPB)! Big business despised the CFPB since its creation because the agency forced them to pay over \$14.4 BILLION in relief and restitution to more than 183 million aggrieved consumers and \$1.7 BILLION in civil penalties. New CFPB Director Rohit Chopra is now revitalizing the agency after the Trump administration muted it. At University of Pennsylvania Law School, Chopra asked, “How do we stop large dominant firms from violating the law over and over again with seeming impunity? Corporate recidivism has become normalized and calculated as the cost of doing business; the result is a rinse-repeat cycle that...undermines the promise of the financial sector and the entire market system.” In addition to more prosecutions of individual executives, Chopra called for a focus putting restrictions on the ability of rogue corporations to grow, the penalty to Wells Fargo caught in massive 2018 bank fraud. Misbehaving corporations could be forced to close or divest portions of their operations while being denied access to government-granted privileges like losing patents. Lawless banks could lose access to FDIC deposit insurance. Two decades after Enron a tsunami of misconduct shows more than 500,000 cases with fines and settlements of \$780 billion. There

is no evidence of corporate behavior improving. Over the last 20 years more than 100 corporations across all sectors have each paid over \$1 BILLION in penalties. Welcome to a new sheriff in town.

NFBPWC El Paso Texas West

Executive Committee:

Gloria Flores President

Whether you are in the area and would like to attend, just contact Laura Jurado (El Paso West secretary) for the address at laurajuradoa@yahoo.com (don't miss the 'a' after jurado). We'll be delighted to see you!

NFBPWC Houston

Executive Committee:

To be announced.

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Houston>

NFBPWC Paso Del Norte

Executive Committee:

Lourdes Reynes President

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Paso-del-Norte>

NFBPWC Virtual Club

Executive Committee:

Daneene Monroe Rusnak	President
<i>Vacant</i>	Secretary
Leona Phillips	Interim Treasurer

For more information, you can visit the website at: <https://www.nfbpwc.org/Virtual>
Or email: nfbpwcvirtual@gmail.com

Virtual Chapter has been on a bit of a hiatus when it comes to formal planning meetings and events, but don't let the apparent "lack of activity" fool you! There are discussions and behind the scenes activities occurring in an effort to preserve and strengthen this rapidly growing chapter.

We, like most if not all of you, are bursting with anticipation and excitement for General Assembly! In just a few days, we will be "Together, Again!" (or for the first time!).

Six of our members will be present either virtually or in-person and we can hardly wait!

Stay tuned for chapter updates and announcements regarding our meetings and events moving forward after GA.

For those unable to attend, know that we will carry you there in spirit and plan to have our first post-GA meeting focus on a re-cap of all things GA. More details to come via email around mid-August.



NFBPWC is looking for your submissions for the next Magazine.

Send your submissions to Michele Guarino at: Michele@ASecondOffice.com

Submission Deadline for the September Magazine is Thursday, August 25th at 5:00 pm Mountain Time

DISCLAIMER: We reserve the right to reject any submissions that are not in line with the mission statement of The National Federation of Business and Professional Women's Clubs.

@VestaBlueStudio

Advertising Opportunities with NFBPWC

The Executive Committee has approved the following Advertising Opportunities in the NFBPWC monthly e-Magazine. Your targeted audience ... women who support women.

If you are interested in advertising your business in our monthly e-Magazine, please follow the following procedure:

DEADLINES FOR SUBMISSIONS OF ADVERTISING are 2 weeks before the end of the month.

*As an example, if you wish to advertise in the upcoming March e-Magazine, you must send your submission and payment **on or before February 14, 2021.***

1. Submit your digital image to the Executive Committee as an attachment to: ec@nfbpwc.org

Format requirements: Static images only in JPG or PNG format. NFBPWC reserves the right to refuse any advertising that does not conform to our mission statement.

2. Submit the appropriate payment amount using the pricing schedule below by Zelle, Venmo, or PayPal to: treasurer@nfbpwc.org

You can submit a check, but this may cause a delay in your advertisement being approved if payment is not received before the deadline submission date. Checks are made payable to: "NFBPWC" and mailed to Deborah Fischer/NFBPWC, 748 North Downing Street, Denver, CO 80218.

If you are paying by check, I would also suggest that you email the treasurer@nfbpwc.org to let her know that the check is being mailed.

3. You will receive a response by the Executive Committee after they have reviewed your submission.
4. If your submission is accepted by the Executive Committee, they will forward your submission to the Newsletter Chair (newsletter@nfbpwc.org) for publication in the next monthly newsletter.

Here is our pricing per month for current NFBPWC Members:

- Full page \$85
- Half page horizontal \$50
- Half page vertical \$50
- Quarter page \$25

Here is our pricing per month for Non-Members:

- Full page \$100
- Half page horizontal \$65
- Half page vertical \$65
- Quarter page \$40

National Federation of Business and Professional Women's Club's (NFBPWC) Advocacy Platform 2020-2022

NFBPWC will employ several education, advocacy, monitoring and tracking strategies to meet the following priorities:

The Alice Paul Equal Rights Amendment shall stand first and foremost above all other items of the advocacy platform until Equal Rights have been guaranteed in the United States Constitution – i.e. “Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

Economic Equity and Justice

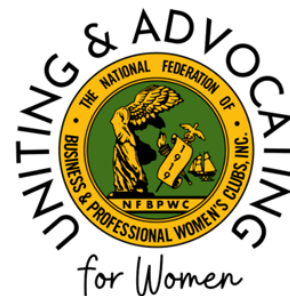
- Access to pay equity and retirement equity
- Access to education, training and promotional opportunities
- Access to equal opportunities in the workplace and corporate boards
- Access to women business enterprise procurement process
- Access to quality, affordable dependent care (child, elderly or disabled)
- Access to funding and capital for entrepreneurial activity
- Access to affordable and attainable housing

Health Equity and Justice

- Access to affordable care
- Reproductive choice
- Paid sick leave
- Family and medical leave
- Equal research funding for women's and girl's health issues
- Health education funding for women's and girl's health issues
- Health education funding for women and girls
- Prevention of pregnancy and infant care discrimination in the workplace (reasonable accommodations for breast feeding/breast pumping and pregnancy related conditions)
- Ensure workplace safety
- Expansion of mental health coverage and services

Human Rights – recognition that women's rights are human rights

- Passage of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)
- Ratification of the Equal Rights Amendment (ERA)
- Eradicate Domestic Violence and the Electronic and Physical stalking, sexual harassment, sexual abuse and discrimination
- Support universal background checks for all firearm purchases
- Reinstate the Violence Against Women Act
- Oppose human trafficking, sexual exploitation and slavery
- Equal education opportunity
- Support equal rights for LGBTQ+ persons
- Support equal treatment of and end discrimination against BIPOC (Black, Indigenous and People of Color), minority, and marginalized women
- Support policies and practices that promote environmental sustainability
- Support the endeavors of and improve conditions for military-affiliated women
- Support equitable treatment of any women who are arrested, detained or incarcerated.



Since 1919, the National Federation of Business and Professional Women Clubs, Inc. have been working to empower women through our mission to develop the professional, business and leadership potential of women at all levels.

The National Federation of Business and Professional Women's Clubs (NFBPWC) is a 501(c)(3), member-driven and member-led organization dedicated to empowering women to reach their full potential in the workplace, with equal participation in power and decision making roles.

We are an affiliate of the International Federation of Business and Professional Women, which spans across five regions and 100 countries throughout the world. BPW International has consultative status at the United Nations with members serving on various United Nations committees globally.

NFBPWC takes action to achieve women's equality in social, economic, community and legislative terms. By developing policy, collaborating on projects and advocacy, NFBPWC strives to obtain equal rights, equal pay, equal representation, equal opportunities and safety for women.

Our NFBPWC Heritage



Dr. Lena Madesin Phillips,
A Founder of NFBPWC;
Founder of BPW International

"Each woman, as a citizen, must bring to the national policy of her own country, the contribution of forward-looking and constructive thought followed by determined actions. Each woman must dedicate herself to protect and promote the interests of all other women in business and the professions."

Our Ambitions

Equal participation of women and men in power and decision-making roles.

- Take professional responsibility on all levels in the economy, politics and society.
- Think and act locally, nationally and globally.
- Engage in networking and mentoring programs.
- Continuous development of personal and professional skills through the Lifelong Leadership and Learning© Program.
- Develop the professional, business and leadership potential of all women.
- Work cooperatively with the United Nations and other national and international organizations.

Incredible benefits available to leaders, members, and affiliate organizations for less than \$4* per month per member!

Benefits of Affiliation

- Dedicated Board of Directors working to achieve the mission and goals of NFBPWC while supporting a member-based organization.
- Connection to a network of hundreds of women nationally and over 30,000 women internationally in 100 countries.
- Opportunity to be part of an organization that has over 100 years of legacy and strength supporting it.
- Leadership opportunities locally, regionally, nationally, and globally.
- National support through a coordinated digital communication platform: social media, email, website, video conferencing, and monthly e-magazine.
- Opportunity to help envision and create our mutual goals for the next century.
- Connection with other leaders locally, nationally and globally.
- Dedicated Executive Committee with the goal of seeing the organization and its members succeed.
- Platforms and leaders that support membership growth and brainstorm for recruitment.
- Programming for members available digitally every month.
- Access to a national 501c3 parent organization and guidance in creating localized nonprofit status.
- Planned events for members that empower and inspire advocacy for women worldwide through education and information.
- Support and guidance for documents and procedures needed to run an effective, efficient, and thriving organization.

Individual Benefits

- Cultivate worldwide friendships in one of the original women's networking organizations.
- Formal Lifetime Leadership and Learning (L3) personal and professional growth education programs.
- Formal Mentoring Program.
- Business networking opportunities to market and support your own business and professional services.
- Access to the Young BPW Program (age 18-35) that is supported both globally and nationally.
- Access to Student Membership opportunities.
- Business opportunities for partnering and procurement, nationally and globally.
- Member Spotlight in the e-magazine, website, and social media platforms.
- Members-Only Directory supporting members and their organizations.
- Participate in the United Nations System worldwide through the Commission on the Status of Women and other programs annually.
- Advocate for women's issues on a local, national and global level.
- Access to programming through digital platforms on a monthly basis.
- Invitation to attend the Biennial General Assembly for NFBPWC, the Triennial Congress for BPW International, Regional BPW International Conferences and the BPW International Leaders Summit.
- Informative monthly e-magazine that compiles our efforts across the globe and empowers members through education.

*Membership dues are less than \$4 per month, per member for a total of \$45.75 each year (30€ to BPW International). This amount does not include dues to local organizations (club/chapter and affiliate/state), which are determined by each organization.

Please see specific organizations within NFBPWC for more information on their dues structure by visiting

www.NFBPWC.ORG



LADIES, YOUR HEALTH IS IMPORTANT!

The **Good Health Program** was designed to help NFBPWC members and their families save on costly health care and wellness expenses. Enjoy discounts on telemedicine, vision, dental, prescription drugs and more!



Good Health Program makes it easy to save money on the care you need. As a member, you can save 15% to 50% on your prescription medications along with vision care savings of 15% off contact lens exams. You'll also see dental savings of 20% to 50% off most dental procedures. Plus, as an added bonus, plan members will receive virtual access to round-the-clock doctors and mental health professionals. Sign up for the Good Health Program today and start saving!

GOOD HEALTH PROGRAM FEATURES:



Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and more



Direct access to state-licensed and fully credentialed doctors, via phone or video consultations



Save on eye exams, contact lens exams, glasses and more



Access to mental health assistance from licensed counselors via virtual or telephonic counseling sessions



Save on generic drugs and brand name prescriptions

See the reverse side for more plan information.

What's Included in this plan?

Telemedicine

DialCare Physician Access is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. Members and their families have direct access to state-licensed and fully credentialed doctors, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more.

Mental Wellness

DialCare Mental Wellness is a program designed to provide safe, secure and private means of seeking mental health assistance from licensed counselors via virtual or telephonic counseling sessions.

A consult fee of \$70.00 applies to all consults.

Dental Care

Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns through one of the largest dental networks nationally with a focus on neighborhood dentists.

Vision Care

VSP Vision Savings Pass is a discount vision program that offers savings on eye care and eyewear. Members receive Exclusive Member Extras and special offers in addition to access to discounts through trusted, private-practice VSP doctors on eye and contact lens exams, glasses, and sunglasses.

This plan is not insurance.

Not available in WA.

Prescriptions

Members are entitled to prescription savings from 15% to 60% off the retail price of generic drugs and from 15% to 25% off the retail price of brand name drugs at over 62,000 participating pharmacies nationwide.

Plan Options

 **Member Only**
\$16.00 / month

 **Member + 1**
\$20.00 / month

 **Member + Family**
\$25.00 / month

Use Promo Code **NFB10** for 10% off retail rates.

To learn more about how you can get started today, visit
nfbpwc.solutionssimplified.com or call us at **(855) 335-2255**.

Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance. This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at nfbpwc.solutionssimplified.com. A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380. This plan is not available in Vermont or Washington.

