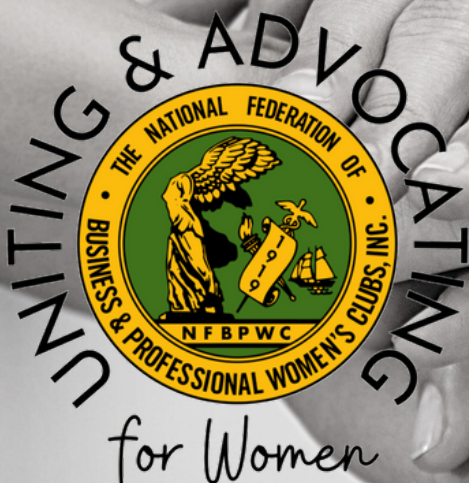


*A woman with a voice is, by definition, a strong woman.*

JANE STEVENSON

**NFBPWC Magazine**

JUNE 2022 ISSUE



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**Submission Deadline for the July Magazine  
is Thursday, June 23<sup>rd</sup> at 5:00 pm Mountain  
Time**

**Previous Issues of our e-Magazine  
can be found on our website at:  
[Magazine Archives](#)**

## Events <https://www.nfbpwc.org/events>

### National Events

#### 2<sup>nd</sup> Monday of the Month

Health Committee Meeting

Email for info: [Health@NFBPWC.org](mailto:Health@NFBPWC.org)

#### 1<sup>st</sup> and 3<sup>rd</sup> Mondays of the Month

Membership Committee Meeting

#### June 1, 2022 - 1<sup>st</sup> Wednesdays of the Month

2:00 pm PST / 5:00 pm EST

Wednesday Web Wisdom: Digital Training Team Assistance  
(Open to All Members)

<https://www.nfbpwc.org/event-4525904>

#### June 13, 2022

10:00 am PST / 1:00 pm EST

Afghan Women Project Special Committee Meeting for Young  
BPW (Young BPW Members Only)

<https://nfbpwc.org/event-4767243>

#### June 17, 2022

4:30 pm PST / 7:30 pm EST

National Friday Connections (Open to All Members and Guests)

<https://nfbpwc.org/event-4809416>

### Regional Events

#### June 16, 2022

5:00 pm PST / 8:00 pm EST

NFBPWC / NC Monthly Club Meeting (Open to All BPW  
Members)

Lea-Ann W. Berst, NFBPWC Website Chair will be talking about  
the website

<https://nfbpwc.org/event-4654782>

#### June 25, 2022

NFBPWC Colorado Annual Convention (Open to All BPW  
Members)

<https://nfbpwc.org/event-4654781>

### Mark Your Calendars

**2022 National Federation of Business and  
Professional Women's Biennial General Assembly:  
Together, Again!**

<https://nfbpwc.org/event-4693289>



## About NFBPWC

**Develops the business, professional and leadership potential of women.**

### Our Mission

*The National Federation of Business and Professional Women's Clubs (NFBPWC) develops the business, professional and leadership potential of women at all levels.*

### Objectives

*The objectives of the NFBPWC are to develop the professional, business and leadership potential for women at all levels, to advocate and to strive toward equal participation of women and men in power and decision-making roles.*

### Focus Issue for 2020-2022

*Diversity and Inclusion*

### Contacting your NFBPWC Executive Committee (2020-2022):

Megan Shellman-Rickard, President  
Kathy Kelly, VP Membership  
Daneene Monroe Rusnak, VP Advocacy  
Barbara Bozeman, Secretary  
Deborah Fischer, Treasurer  
Ashley Maria, Young BPW  
Sandy Thompson, Immediate Past President

president@nfbpwc.org  
vpmembership@nfbpwc.org  
vpadvocacy@nfbpwc.org  
secretary@nfbpwc.org  
treasurer@nfbpwc.org  
youngbpw@nfbpwc.org  
immpastpresident@nfbpwc.org

### Standing Committees:

Advocacy, Daneene Monroe Rusnak, Virtual  
Bylaw and Resolutions, Katherine Winans, California  
Environment and Sustainable Development, Marikay Shellman, Colorado  
Finance, Open  
Health, Keri Hess, California  
International Liaison, Sandy Thompson, California  
Lifelong, Leadership & Learning, Kathy Telban, Virtual  
Membership, Kathy Kelly, Colorado  
Mentoring, Dr. Trish Knight, Virtual  
Military Affiliated Women, Barbara Bozeman, North Carolina  
Public Relations, Suzette Cotto, NFBPWC Virtual  
Small Business, Manjul Batra, California  
United Nations, Susan O'Malley, NYC

vpadvocacy@nfbpwc.org  
bylaws@nfbpwc.org  
environment@nfbpwc.org  
finance@nfbpwc.org  
health@nfbpwc.org  
international@nfbpwc.org  
L3chair@nfbpwc.org  
vpmembership@nfbpwc.org  
mentoring@nfbpwc.org  
militarywomen@nfbpwc.org  
PRchair@nfbpwc.org  
smallbusiness@nfbpwc.org  
UNchair@nfbpwc.org

### Special Committees/Taskforces:

Special Project for Afghan Women, Nermin Ahmad & Voyka Soto, NYC  
Digital Training, Marsha Riibner-Cady, North Carolina  
Diversity, Equity and Inclusion Chair, Sher Singh, California  
Marketing – National Team  
Magazine/Newsletter, Michele Guarino, NFBPWC Virtual  
Membership Outreach  
Nominations, Open  
OneShared.World, Judi Kilachand, NYC  
Elimination of Sexual Harassment, Crystal Guillory, Virtual  
Social Media, Suzette Cotto, Virtual  
Website, Lea-Ann W. Berst, North Carolina

afghanwomen@nfbpwc.org  
digitaltraining@nfbpwc.org  
dei@nfbpwc.org  
marketing@nfbpwc.org  
newsletter@nfbpwc.org  
outreach@nfbpwc.org  
nominations@nfbpwc.org  
oswliaison@nfbpwc.org  
cesh@nfbpwc.org  
socialmedia@nfbpwc.org  
website@nfbpwc.org



## President's Message



### Justice in Jeopardy

As we look back and the month of May 2022 and forward to summer, please take a moment to consider current events and how intricately interconnected we all are as members of the NFBPWC community. Writing my President's letter at the end of this month has me awash in many emotions about what it means to be a woman in the USA, and the world, in the 21<sup>st</sup> century.

During this term we have reinvigorated our organization. We have seen both growth in membership and engagement. Women's rights have become a table talk issue across the country. In simple interactions, when people find out about NFBPWC and the role in which I serve as president, I hear both hope and fear. Women, and girls, are no longer confident in their abilities to be autonomous human beings. I appreciate this organization, for so many reasons, and I recognize how important it is to have our history and our commitment to women's rights so deeply valued. As you read through this month's magazine, you will see that our members were touched by many of the issues that the month of May brought forward: reproductive choice and bodily autonomy, the Equal Rights Amendment (and continued lack of full passage), environmental issues, migration and immigration, education, and advocacy.

However, as I read through this month's magazine, I noticed that we neglected to touch on the violence and terror that we continue to endure as an epidemic in our nation. Ten days after the mass shooting on May 14<sup>th</sup> at a supermarket in Buffalo, New York we endured the news of yet another mass shooting at Robb Elementary School in Uvalde, Texas. Over the long Memorial Weekend, at least 12 mass shootings were reported across the nation and 4 confirmed dead! (<https://www.washingtonpost.com/nation/2022/05/30/mass-shootings-memorial-day-weekend-taft-chattanooga-uvalde/>) NFBPWC's 2020-2022 Advocacy Platform addresses gun violence by stating "Support (for) universal background checks for all firearm purchases" under Human Rights, "Ensure workplace safety" and "Expansion of mental health coverage and services" under Health Equity and Justice. In August we will again address our Advocacy Platform and I urge all members to consider whether these statements are enough.

We are mothers and caregivers who are sick with fear when dropping our children off at daycare or school, wondering if they will be the victims of the next tragedy. We are a diverse group of members who want to shop at a grocery store without trepidation. From Boulder, Colorado to Buffalo, New York we are anxious about the next act of terror. From mosques to churches to synagogues, many of us are plagued with anxiety, even in moments of prayer. As a mother of a 3<sup>rd</sup> grader and a 6<sup>th</sup> grader, a frequenter of grocery stores, and a passion for live music, I ask us to consider the cause of the gun violence epidemic in the United States. Thoughts and prayers are not enough. How can we move the needle and change the course of those lives that may still be lost due to inaction and gun violence?

Collectively, our influence is stronger. We can accomplish more by raising our voices together. The women of today need to hear us. The women of tomorrow want to see us standing strong against misogyny, racism, violence, and injustice. We have the power to make a difference as we continue to honor our interconnectedness as humans, more specifically as women.

Let us remember to celebrate and honor one another, as each member brings their own gifts to the conversation. Please take a moment to read our Advocacy Platform in full this month <https://www.nfbpwc.org/policy-advocacy>. Our Executive Committee wants you to have the opportunity to provide constructive input and to find your own unique path in this organization. You have a chance to develop your potential, and that of NFBPWC, in a safe and welcoming space. Please continue to bring your ideas, projects, and your own light forward. Let us celebrate our successes as individuals and as an organization. Let us continue to stand strong together.

NFBPWC is lighting a path for our future that promotes solidarity, diversity, inclusion, innovation, and celebration in 2022. Sending personal wishes of celebration, health, and progress around the globe!

Kind Regards,

Megan Shellman-Rickard  
NBPWC President 2020-2022

## 1<sup>st</sup> Vice President Membership News



By: Kathy Kelly  
1<sup>st</sup> Vice President of  
Membership, NFBPWC (2021-  
2022)

Please reach out to  
WELCOME our NEW and  
RENEWING BPW Members

### Colorado

Barbara McDaniel  
Heather Gehrke

### Pennsylvania

Mary Stevens - Houston

### Virtual Club

Rebecca Ajibola – Georgia  
“Meet” Rebecca in our [New Member Spotlight](#) this  
month!  
Shelley Maloney (Renew/Connecticut)

Did we miss someone from your club? Be sure to  
forward information on any new or renewing members  
to [newmember@nfbpwc.org](mailto:newmember@nfbpwc.org).

The Membership Committee has been developing a  
more welcoming and informative New Member  
Onboarding system. We are working with NFBPWC  
Website Chair Lea-Ann Berst to utilize our Wild Apricot  
membership and communication system to its fullest.  
We have completed a series of short videos for new  
members, including a welcome message from President  
Megan Shellman Rickard, and a “how to” access events  
on the NFBPWC website and set up your profile in the  
membership directory. We’re also working on short  
videos about past and current advocacy efforts and plan  
to have short profiles for each committee chair.

Would these tools be helpful to you at a local level? Feel  
free to join us at our regular Membership Committee  
meetings on Zoom:

**First and Third Mondays (one hour), 5 PM Pacific, 6  
PM Mountain, 7 PM Central, 8 PM Eastern**

Contact VP Membership Kathy Kelly at  
[vpmembership@nfbpwc.org](mailto:vpmembership@nfbpwc.org)



**Membership Ask!** We have been reaching out to  
“Heritage Clubs” that are having summer conventions  
and even some centennial celebrations.

A Heritage Club is a BPW federation or club that, as an  
organization, is no longer formally connected with  
NFBPWC or BPW International, but continue to hold  
the same history and vision. Please contact Kathy Kelly  
if you can help us connect.

## Virtual Club | NFBPWC Benefits

### NFBPWC Virtual:

We welcome all members and individuals to participate in this club and to learn more about growing our organization. If you do not have access to a local affiliation or federation, please consider starting a new club in your area or joining our NFBPWC Virtual. The Virtual club meets monthly and provides a variety of incredible topics with dynamic speakers. (Membership dues to NFBPWC Virtual start at \$60 annually for members not associated with another NFBPWC organization.) Click here for more information: [NFBPWC Virtual](#). Check out this link for more news (below) about the [NFBPWC Virtual Club](#)

### Which NFBPWC Benefit is most valuable to you?

As our organization continues to grow, it is imperative to communicate the value of a membership at NFBPWC. For less than \$5 per month of your annual membership fee that goes to NFBPWC, we provide you with many tangible and intangible benefits. From marketing opportunities and formal programs to friendships with women from all over the world, the advantages of being a member are immeasurable when you take the time to access and utilize of what is offered.

Please email Kathy Kelly, 1<sup>st</sup> VP of Membership, with any questions about the opportunities available to all members and share with us which membership opportunity holds the most value to you.

NFBPWC members can support their business and professions by utilizing the following benefits:

- **Regular Zoom meetings to support members and ability to use our Zoom platform.**
- Grow through NFBPWC's formal **Lifelong Leadership and Learning Program**.
- Share your successes on the **NFBPWC Spotlight**: <https://www.nfbpwc.org/spotlight>.
- Partake in **business opportunities** for partnering and procurement, nationally and globally through BPW.
- **Member Spotlight** in the magazine, on the website, and on social media platforms (Email [vpmembership@nfbpwc.org](mailto:vpmembership@nfbpwc.org) to apply for this opportunity.)
- Formal **Mentoring Program** for mentees and mentors.

Are you passionate about women's issues? You can participate and explore benefits only available to members:

- Private **discussion forums** on issues relating to women hosted on the website.
- **Members' only information** related to NFBPWC and women's issues.
- **Private Membership Directory** supporting members and their organizations.
- Participate in the **United Nations System** worldwide through CSW and other programs annually.
- **Advocate for women's issues** on a national and international level and **cultivate worldwide friendships** in one of the original women's networking organizations!



## New Member Spotlight



Meet NFBPWC Virtual Club member, **Rebecca Ajibola!**

### HER NEWS!

A member of the Virtual Club since April 2022, Rebecca Ajibola is the Founder & CEO of the Humanity & Health Foundation.

As a passionate public health social change agent, Rebecca founded the foundation with a mission to prevent disease, promote health and literacy among populations in the poor socio-economic environment.

Rebecca is versed in infectious and communicable disease, outbreak management, disease reporting and monitoring, data analysis, surveillance, statistical software applications, and mental health management.

A conversation with Rebecca:

### Where do you attend school?

- Walden University, United States
- The University of Manchester, United Kingdom
- College of Education, Nigeria
- Queens School, (High School) Nigeria

### What are your career and personal aspirations?

- I want to be a motivator, restore lost hope, and aim to maximize the potential of those around me!

### What brought you to this career path?

- Personal loss, a quest for success and self fulfilment.

### Can you tell us about an important life lesson you've learned so far?

- Always perceive issues or stumbling blocks as a challenge and resolve to overcome it.

### Is there a particular person who helped get you to where you are today?

- Having lost my mother at a tender age, I cannot pin my success on a particular person. I have had many persons in my journey so far. Mentors, Teachers, and Managers, that held my hands, cheered me on, all have been instrumental in my progress. I am forever grateful for the building blocks they laid on my path.

### How did you find BPW?

- I found BPW through a discussion with a family member. I followed it up with a web search and was impressed with what I was able to glean.

### How can BPW help you on your career path?

- My interest is in advocacy, mentoring and humanitarian efforts; with the ability to make a difference in the less privilege.

Welcome Rebecca! You can connect with Rebecca on [Linked In](https://www.linkedin.com/in/rebecca-ajibola-33a98020a) <https://www.linkedin.com/in/rebecca-ajibola-33a98020a>!!

## 2<sup>nd</sup> Vice President Advocacy Report



By: Daneene Monroe Rusnak, 2<sup>nd</sup> Vice President of Advocacy, NFBPWC 2020-2022

The National Federation of Business and Professional Women's Clubs is committed to reproductive choice and protecting access to abortion. Agency over one's body is central to gender equality and to threaten or curtail that in any way is an affront to the tenants of life, liberty, and the pursuit of happiness. The recently leaked SCOTUS draft opinion is an extreme attack on women's rights and goes against what the vast majority of Americans want. If this draft decision is ultimately the opinion of the court, it may, in actuality, clear a pathway for the erosion of more of our most fundamental rights. The language and rationale expressed in the draft decision signals that Justice Alito and the current court majority are dangerously close to invalidating the right to privacy upon which so many of our other rights rest. In other words, it may very well be that overturning *Roe* is merely the beginning of an attempt to roll back the rights of women and other marginalized groups in the U.S.

The NFBPWC Advocacy Platform, which is decided and voted upon by members, includes "reproductive choice" as an issue that we support. The United Nations defines reproductive choice as a right according a 1998 abstract in reference to Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW), which asserts that "the right to reproductive choice means that women have a right to choose whether or not to reproduce, including the right to decide whether to carry or terminate an unwanted pregnancy and the right to choose their preferred method of family planning and contraception." <https://www.un.org/womenwatch/daw/csw/shalev.htm>

Rest assured that fighting this unprecedented attack is a top priority for NFBPWC. We are working on a digital advocacy campaign to help you contact your government representatives and let them know that they too need to fight this decision. Women's bodies are not a political playground. Our goal is to protect bodily autonomy and eliminate the "politic-ing" of the uterus.

While we are crafting this national campaign, we encourage you to reach out to your representatives, attend protests, and support the women around you as we all reel from this decision and its potential implications.

**[For a list of resources and sites for additional information click here](#)**

In Solidarity,

**NFBPWC Advocacy Committee**

Daneene Monroe Rusnak, Chair

*"There are grounds for the view that laws which criminalize health services that only women need - whether aimed at the persons who provide such services, or the women who receive them - are discriminatory as such. The criminalization of abortion is particularly heinous, because it not only impairs women's right to reproductive choice - to make free and responsible decisions concerning matters that are key to control of their lives - but also exposes them to the serious health risks of unsafe abortion, violating their rights to bodily integrity and, in the most extreme cases, to life itself."*

Citation: <https://www.un.org/womenwatch/daw/csw/shalev.htm>

### **Pride Month and Juneteenth (June 19th) Resources**

#### **Pride Month Resources**

[lesbiansWHOtech Pride Summit \(Virtual and In-person Events\)](#)

- June 1 – 9

## Suggested readings

- The Color Purple by Alice Walker
- Fun Home by Allison Bechdel
- Sister Outsider by Audre Lorde
- Juliet Takes a Breath By Gabby Rivera
- Boy Meets Boy David Levithan
- Giovanni's Room by James Baldwin
- Redefining Realness by Janet Mock
- Aristotle and Dante Discover the Secrets of the Universe by Benjamin Alire Sáenz

## Suggested charities:

- [Gay Men's Health Crisis](#)
- [Los Angeles LGBT Center](#)
- [Openhouse](#)
- [Lesbian, Gay, Bisexual & Transgender Community Center](#)
- [The Trevor Project](#)
- [Genders & Sexualities Alliance Network](#)
- [GLBTQ Legal Advocates & Defenders \(GLAD\)](#)
- [Transgender Law Center](#)
- [The New York City Gay & Lesbian Anti-Violence Project](#)
- [Pride Foundation](#)
- [OutRight Action International](#)
- [Human Rights Campaign Foundation](#)

**Juneteenth Resources**

## Suggested videos:

[Grandmother of Juneteenth, Opal Lee, Shares the Importance of this Historic Holiday](#) (Southern Living, 6 minutes)

[Why All Americans Should Honor Juneteenth](#) (Vox, 7 minutes)

[On Juneteenth](#) (US National Archives, 1 hour)

[Penguin Random House Juneteenth Reading List](#)

[9 Virtual and In-person Events to Celebrate Juneteenth Around the U.S.](#)

**Call for Advocacy Platform Proposals - DUE June 21<sup>st</sup>, 2022**

Our General Assembly is fast approaching! I am very much looking forward to being in the presence of my NFBPWC family.

As you likely know, during the GA, the membership will have the opportunity to discuss, review, adapt and vote on the NFBPWC Advocacy Platform for 2022 - 2024.

As an NFBPWC leader, you have the opportunity to connect with your committee and/or chapter/affiliate members and provide suggestions prior to the assembly in order to help shape the platform for our future.

**Platform proposals can be submitted in two ways:**

1. Click the button below which will take you to an online form to complete
2. Download and complete the [form here](#) and email to: [vpadvocacy@nfbpwc.org](mailto:vpadvocacy@nfbpwc.org) as instructed in the form

**Proposal submissions are due by June 21, 2022**

[View the current Advocacy Platform here](#)

[Access the Online Advocacy Platform Proposal Here](#)

If you are aware of a current “hot button issue” in your area, email Daneene at [vpadvocacy@nfbpwc.org](mailto:vpadvocacy@nfbpwc.org) and the A-Team will consider whether that issue may be a good option for our initial effort at the local level.

Please be sure to read the supplemental advocacy contributions from ERA Director, Nancy Werner.



## OUR ADVOCACY TEAM

- **United Nations Chair:** Susan O'Malley
- **Bylaws and Resolutions Chair:** Katherine Winans
- **Elimination of Sexual Harassment Chair:** Crystal Guillory
- **ERA Director:** Nancy Werner
- **Cultural Competency Director:** Sher Singh
- **LGBTQIA+ Lead:** Sue Oser

### *Additional Support from:*

- Sharon Simmons - HUD issues
- Rita Smith - Violence Against Women
- Monica Monroe - Diversity & Inclusion, Social Justice
- Linda Wilson - ERA, Employment Rights, Immigration, etc.

*The Advocacy Team will be working with UN Chair on the following issues:* ■ Women's Empowerment Principles (WEPS) ■ The Convention on the Elimination of all Forms of Discrimination Against Women (CEDAW) ■ Equal Pay

## Advocacy Action Announcement



### REMINDER: Don't forget to sign up for the NFBPWC Advocacy Text Alerts!

1. Text the keyword **advocate1919** to the number **313131** to be enrolled in this program\*.
2. Receive the welcome message

*If you don't receive a welcome message instantly, your registration was NOT captured. Please email [vpadvocacy@nfbpwc.org](mailto:vpadvocacy@nfbpwc.org) or text/call Daneene at 440-228-0437.*

3. Stay tuned for occasional advocacy action and information alerts.
4. Spread the word and encourage your friends, family & fellow members to sign up too!
5. **HOT TIP:** You can complete the action items (OCP emails, calls, social media posts and video submissions) multiple times! Volume is **everything** when it comes to communicating with our target audience(s).



6. **Give yourself a pat on the back for being an active advocate!** *\*As a reminder, standard carrier determined messaging rates may apply.*

## Current Advocacy Action Items

**Take a moment to act (again or for the first time!) on these items today!**

- [Tell Your Senators To Remove The Arbitrary ERA Deadline](#)
- [Voting Rights Protect Women's Rights](#)

## LGBTQ+ Team Report

By: Megan Shellman-Rickard, NFBPWC President

Learning more about the LGBTQIA+ community.

June is Pride Month. It commemorates years of struggle for civil rights and the ongoing pursuit of equal justice under the law for the lesbian, gay, bisexual, transgender, questioning, queer, intersex, asexual, pansexual, and allies community, as well as the accomplishments of LGBTQIA+ individuals.

Learn more here: <https://www.census.gov/newsroom/stories/lgbt-pride-month.html>.

Read the President Biden's Proclamation here: <https://www.whitehouse.gov/briefing-room/presidential-actions/2022/05/31/a-proclamation-on-lesbian-gay-bisexual-transgender-queer-and-intersex-pride-month-2022/>.

The 2020-2022 NFBPWC Advocacy Platform includes the statement: "Support equal rights for LGBTQ+ persons" under the category of Human Rights.

Thank you to Susan E. Oser, NFBPWC Advocacy Team LGBTQIA+ Lead, for helping inform our members each month about LGBTQ+ topics, issues, and supportive actions.



### Intersex-Inclusive Pride Flag

Over the years, the rainbow LGBTQ flag has evolved to become increasingly inclusive. One of the most recent updates came in 2021, when Valentino Vecchietti of Intersex Equality Rights UK added a yellow triangle with a purple circle — the design of the Intersex Pride Flag — to the Progress Pride Flag.

(Source: <https://www.rd.com/list/lgbtq-flags/>)

## Advocacy ERA Team Report

By: Nancy Werner, NFBPWC Advocacy Team ERA Lead, BPW Pennsylvania Member

### Our Equal Rights Amendment - What Has Happened? Equal Rights Amendment

**Advocacy –Equal Rights Amendment.** “Equality of rights under the law shall not be denied or abridged by the United States or any State on account of sex” needs to be placed into our Constitution. While most states have laws prohibiting discrimination of any kind based on sex, proponents of the ERA say laws can be reversed or eliminated. Having a Constitutional Amendment would cement those rights.



We got our hopes up way back in 2020 when President Biden and VP Harris were elected. We were giddy with those optimistic hopes that finally the ERA would have a chance. We saw numerous Zoom meetings that featured the Equal Rights Amendment. We saw the House of Representatives pass two measures that would enable its passage. Then we thought for sure the ERA would get to the Senate and that time limit would be a thing of the past. But no.

It was on January 27, 2022, we thought we would get some action as we pushed for the Justice Department to hear our voices. It was the second-year anniversary of Virginia becoming our 38<sup>th</sup> state to ratify the ERA. This should have made it official that the Archivist should sign the document to make ERA our 28<sup>th</sup> Amendment into our Constitution. All President Biden could say was that the Senate should pass a resolution to share that the ERA was in fact a law to our Constitution. Our President is unable to do anything since it must all be from Congressional Action.

Article 5 of the U.S. Constitution has two requirements for amendments. One is approval by two-thirds of both chambers of Congress and ratification by three-fourths (38) of States. We met both requirements, but the Trump administration blocked the certification and publication of the amendment.

This Spring we heard from Senators Romney (Utah), Johnson (Wisconsin) and Portman (Ohio) sending a letter to the U.S. Archivist demanding that he NOT publish the ERA as the 28<sup>th</sup> Amendment to the U.S. Constitution. It is in this memo that we learn that David S. Ferriero, our sitting archivist will be retiring and that his predecessor should not publish it either.

Then we learn National Archivist David S. Ferriero put in his retirement papers in mid-April. He served 12 years as our tenth archivist under three Presidents. His parting words to the White House were “You better not hire another white man. We have had 10 white men.” But we also had two women who have served as the Archivist in the past. Somehow, he forgot to mention that fact. As of May 1, we have learned that Debra Steidel Wall is the Acting Archivist, and she was told NOT to sign the ERA as another parting memo. No one is in a hurry to fill the Archivist position and the Senate needs to approve the next candidate. Stopped again.

So where does this leave us, let’s go back to the Senate where all the Democrats have signed on to S.J. Res.1. We even have the Independent Senators with us. We are thankful for Sen Cardin, D-MD and Lisa Murkowski, R-AK but the Republican segment of the Senate are dead set on doing nothing. Democrats must figure a way to find a way around the filibuster rule for the ERA joint resolution or convince 10 Republicans to vote to end the filibuster. I don’t know which is the easier path.

Here we are. A few weeks after the Supreme Court leak on our reproductive freedoms, we see the ultimate value of the ERA passage. I know we are to be bipartisan, but may I give you this quote from Planned Parenthood v. Casey ruling that upheld Roe in the 1990’s. The May 5, 2022 New York Times shared that is attributed to three Supreme Court Justices who were appointed by REPUBLICAN presidents who voted to preserve Roe. “Women’s ability to participate equally in the economic and social life of the nation depended on their ability to control their reproductive lives.” This quote says it all. (Thank you, Lilly.)

The ERA has long been thought to be part of the Constitution by many women and men. If only we would have provided more education and shared that this was not true. Now we see women are speaking out for their reproductive freedom. But the ERA is being forgotten as the place to have our voices heard. Protest marches are being scheduled across America for our reproductive freedoms, but I wonder how many women and girls know that this might have been prevented if we would have worked harder on getting the ERA passed. Take time to view this important YouTube with Alyssa Milano that provides a history lesson on our women's human rights – <https://www.youtube.com/watch?v=Q--8bwv-YT8>

I joined the Business and Professional Women's Organization in 1971. ERA was our first legislative platform plank and still is for the National Federation of Business and Professional Women Clubs. Buying a button that shared "ERA is for EVERYONE" was important to wear. It was only a \$1.00. I am still wearing my button which is now considered an antique by its years. I think of Alice Paul in 1923 who truly believed that women would receive equal rights after achieving the right to vote. I am proud to learn from the Alice Paul Institute that our NFBPWC openly endorsed the ERA way back in 1938 and held steadfast for all these years as a supporter. Our VOTE in this upcoming primary elections is more important than any vote that you may have cast in your U.S. history. Like all of you BPW sisters, I truly wish to believe that the ERA will be added to our U.S. Constitution, but we have to keep working on talking to our U.S. Senators and supporting the many marches that are being planned.

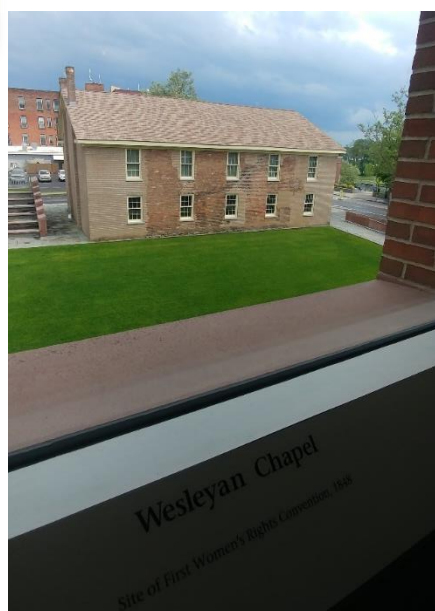
## From the Desk of the Secretary

From Barbara Bozeman, NFBPWC Secretary

### A Visit to Wesleyan Chapel, Seneca Falls, New York

Recently I had the good fortune to take a camping trip to the Finger Lakes region of New York. Staying in Watkins Glen, I was so close to Seneca Falls, that a visit to the Women's Rights Museum was a MUST.

It was such an inspiring, educational and exciting day for me!





I did visit the Women's Rights Museum, but the chapel and the outdoor area made the deepest impression.

Wesleyan Chapel – where the first convention for women's rights was held in 1848. It is not surprising that this was the site selected. The Wesleyan Methodist congregation – for whom equal rights was a foundation, considered this chapel “a free discussion home.” Wesleyan Chapel had already hosted many reform-minded speakers, like Frederick Douglass, J.C. Hathaway and Charles Remond.

The chapel is considered a historic site, rather than building, because so few elements of the original building still exist. But parts of the foundation, the bricking in the walls, and even some of the rafters were from the original building – silent sentinels of our history.

What I was most impressed with at this site – and hopefully, I have captured it well enough in the photos included – was the ability for the visitor to gain multiple perspectives. Sit in the audience and reflect on the presentation, look to the gallery and feel the eyes and hearts of those above, and finally – to stand, at the podium, with those powerful words before you and feel the impact of giving that speech.







Outside, between the chapel and the museum, there is a lovely open grassy area with a beautiful water feature. Approximately 26 green stone tablets line the walk, and the Declaration of Sentiment is forever etched in these 26 beautiful green stone tablets – inspiring the visitor to slow down, reflect, and feel the full weight of that powerful document from so many years ago.

I'm very glad I had the opportunity to visit Seneca Falls, the Chapel and the Women's Rights Museum. It was a wonderful adventure and I look forward to my next visit.

## Treasurer's Report



By: Deborah Fischer  
Treasurer, NFBPWC 2020-2022 [treasurer@nfbpwc.org](mailto:treasurer@nfbpwc.org)

### Enter the Exciting World of the Executive Committee – Consider Nominations for Treasurer for the 2022 – 2024 Term!

I am happy to discuss this position with anyone interested! This is an exciting position as I have gotten to be a part of an exciting executive committee and hear firsthand of all the wonderful things and events that NFBPWC does.

We use QuickBooks Online, and it automatically downloads all bank account activity making the reconciling effort fast and easy. I am also maintaining a list of actions to assist in future financial transactions.

May love and friendship keep your days bright!

Deb Fischer  
[treasurer@nfbpwc.org](mailto:treasurer@nfbpwc.org)  
720-280-3513

## Father's Day is June 19th

### How Father's Day Started in the United States

## June 14th is International Bath Day and celebrates self love!

### 1. Make handcrafted soaps

Handcrafted and organic soaps are all the rage now. Find a recipe online to make yourself soaps in your favorite fragrance.

### 2. Buy yourself bath treats

You can buy essential oils, bath salts, and bubble baths for yourself. Treat the little ones to bath toys and bath bombs. Splurge on anything that makes bathing a more pleasurable experience.

### 3. Soak in a hot bath

Why not indulge in a hot, luxurious bath on International Bath Day? Put on your favorite music and enjoy a glass of wine in the tub while you are at it!



## NFBPWC Young BPW

By: Ashley Maria  
Young BPW Chair, NFBPWC

It's catch-up time! Please go to <https://www.nfbpwc.org/Young-BPW> to read our Young BPW Member Spotlights from this past year.



And, find us on Facebook:

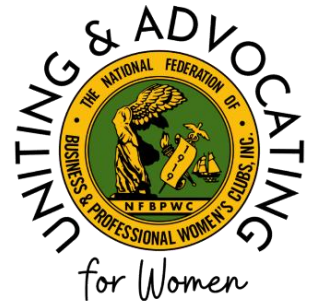
<https://www.facebook.com/groups/YoungBPWUSA>  
and Instagram:

<https://www.instagram.com/youngbpwusa/> to stay connected on what's going on with the Young BPW Members on a national level.

### What is Young BPW?

If you're between the ages of 18-35 and are looking to collaborate on BPW initiatives, career, leadership and women's rights -- then Young BPW is for you!

When you join NFBPWC at the local, chapter, or virtual



## YOUNG BPW

club level, you automatically become a member of Young BPW. We participate in formal and informal activities that allow us to network with members in our local communities as well as all over the world to exchange ideas and information. We even host an international

conference for Young BPW every 3 years!

Email Ashley Maria at [youngbpw@nfbpwc.org](mailto:youngbpw@nfbpwc.org) to get involved as a Young BPW or Student today!



Keep in the loop of Young BPW activities and join in on them by either following us on:



@YoungBPWUSA



<https://www.facebook.com/groups/YoungBPWUSA>

## Immediate Past President's Report



**By: Sandra Thompson, NFBPWC's Immediate Past President**

What to do in Sacramento? The Embassy Suite Hotel is close to various things to do in Sacramento.

The hotel is in within walking distance of the State Capitol. The Capitol was completed in 1874 and was based on the United States Capitol. There is a museum in the Capitol to learn more of its history.



The hotel is also close to Old Town Sacramento or Old Sacramento Waterfront.

Blocked off to street traffic, this corner of the Old Sacramento Waterfront relives the days when the Pony Express and first Transcontinental Railroad rolled through town. Run your hand against the exterior walls of the historic

Eagle Theater, a replica of the original 1849 structure. Like many buildings of the time, it was constructed of canvas and wood salvaged from ships, earning Sacramento the early title of tent city. Other notable buildings include the 1855 Huntington-Hopkins Hardware store, opened by Big Four railroad magnates Collis P. Huntington and Mark Hopkins, which today stocks fun trinkets from the era.



You can visit the Delta Queen. A historic riverboat that once shuttled travelers from SF to Sacramento is now a waterfront hotel and dining destination. Docked at the edge of Old Sacramento on the Sacramento River, this grand 1927 riverboat welcomes guests to explore its ornate interiors.

After a series of devastating floods in the 1850s and 1860s, the early town of Sacramento raised its street level up to 20 feet. Led by costumed docents, you can explore the hollow sidewalks and dark, subterranean spaces left behind. The History Museum has exhibits that take guests from Sacramento's booming Gold Rush past—the third floor features half a million dollars' worth of gold—to its shift to an agricultural hub in the early 20th century.

There are many restaurants including the Firehouse Restaurant that is housed in 1853 former firehouse. There is also Fanny Ann's Saloon. Named for the famous 1842 Sacramento steamship that served in the Civil War, this old-timey saloon is crammed with a museum's worth of bric-a-brac hanging from its ceilings and walls (some of it supposedly rescued from the original boat). There's a good selection of local beers, as well as a smattering of pinball machines on multiple floors. A tiny downstairs kitchen cranks out burgers, wings, and other pub grub staples including a signature Jiffy Burger topped with peanut butter and bacon.

And of course, there is shopping. Sacramento is an excellent shopping destination. Trendy Midtown boutiques are complemented by the souvenir shops in Old Sacramento, shopping malls with national retailers and a wide variety of specialty shops with local handmade goods and unique gifts.

Register for our Biennial and General Assembly so that you do not miss out on all of these amazing and fun things to do.

Submission by Sandy Thompson

### LESSONS OF THE GEESE

In the fall, when you see geese heading south for the winter, flying along in the “V” formation, you might be interested in knowing what science has discovered about why they fly that way. It has been learned that as each bird flaps his wings it creates uplift for the bird immediately following.

By flying in a “V” formation, the whole flock adds at least 71% greater flying range than if each bird flew on its own.

Quite similar to people who are part of a team and share a common direction get where they are going quicker and easier

because they are traveling on the trust of one another and lift one another along the way.

Whenever a goose falls out of formation it suddenly feels the drag and resistance of trying to go through it alone and quickly gets back into formation to take advantage of the power of the flock.

If we have as much sense as a goose, we will stay in formation and share information with those who are headed in the same way that we are going.

When the lead goose gets tired, he rotates back in the formation and another goose takes over.

It pays to share leadership and take turns doing hard jobs.

The geese honk from behind to encourage those up front to keep up their speed.

Words of support and inspiration help energize those on the front line helping them to keep pace in spite of the day-to-day pressures and fatigue.

It is important that our honk is encouraging otherwise it's just a ..well.. just honking.

Finally, when a goose gets sick or is wounded and falls out, two geese fall out of the formation and follow the injured one down to help and protect him until he is either able to fly or until he is dead.

Then they launch out with another formation to catch up with their group.

When one of us is down, it's up to the others to stand by us in our time of trouble.

If we have the sense of a goose, we'll stand by each other when things get rough. We will stay in formation with those headed where we want to go.

The next time you see a formation of geese remember their message...

That it is Indeed a Reward, a Challenge, and a Privilege to be a contributing member of a team!

Author unknown



## Environment and Sustainable Development Committee

By: Marikay Shellman, NFBPWC Virtual  
Interim Chair, NFBPWC Environment and Sustainable Development Committee

The Environmental & Sustainable Development Committee would like every member of NFBPWC to take a Simple Action to make a difference to address our climate changing world. Each member of NFBPWC ESD has come up with a simple solution that is easy to address in the month of June with a website for additional information.

### June 2022 | Simple Tips



Daneene Monroe Rusnak

Did you know that 85% of textiles ends up in landfills? Even those intended for resale, recycling, and donations! Here's a way to help your no longer needed items avoid the landfills while you earn credit toward sustainable clothing purchases.

Try the **Take Back Bag** from **FOR DAYS!**

(<http://www.fordays.com>).

Link: <https://tabletofarmcompost.com/about-us/>

According to Table to Farm Compost, the food scrap curbside recycling company in Durango, Colorado, "the average person throws away 20 lbs of food each month." Composting, either in your own backyard or by utilizing a curbside compost company, has the propensity to reduce that waste (sometimes entirely) and create a living soil. Simple action of the month: look into curbside composting in your area or compost at home (<https://www.npr.org/2020/04/07/828918397/how-to-compost-at-home>) - it is a simple way to make a big difference for our environment.

Megan Shellman-Rickard

President 2020-2022

National Federation of Business and Professional Women's Clubs

[NFBPWC.org](http://NFBPWC.org)

Sierra Club is one of the biggest environmental organizations in the country. Through each state's issues the organization works at the grassroots level to fight for various environmental issues including global warming, The Green New Deal, and climate justice. They also publish a magazine called Sierra Magazine which focuses on these same issues and more within its pages. Some current campaigns of the organization include pushing for the Outdoors for all Act and For the People Act.

For more information on the Sierra Club, please go to <http://sierraclub.org>.

Susan E. Oser

Michigan Affiliate

Bill McKibben author and founder of [350.org](http://350.org) says: "We're under attack from climate change — and **our only hope** is to mobilize like we did in WWII."

Here is a way to mobilize try this simple action of the week: pick one to three days a week as no drive days for the month of June! Happy Springtime! YOU ARE A PART OF THE SOLUTION!

Laurie D

When shopping for Pollinator-Friendly plants to decorate your yard, don't assume because a plant has a bee or butterfly image that these plants are safe for beneficial insects. Ask your nursery if the plant is free from harmful

pesticides. Be aware that some nurseries have transitioned from neonicotinoids and are using other insecticides. Pesticide-free or USDA Certified Organic plants at small local nurseries are usually your best bet.

**The Xerces Society for Invertebrate Conservation**

<https://www.xerces.org>

Marikay Shellman, Interim Chair NFBPWC ESD

## Bring Back the Pollinators by Marikay Shellman

By: Marikay Shellman, BPW Colorado Virtual Member

One of the best things about summer is the blooming flowers, especially those beautiful hanging flower baskets. Unfortunately hanging baskets are notorious for being full of pesticides- fertilizers, insecticides & fungicides. The only way to avoid pesticides in hanging baskets is to make your own. After choosing your basket with plenty of drainage holes, soak your liner of sphagnum moss or coconut fiber (coir) in warm water overnight. Squeeze water out of moss. Place an old towel in a low wide garden pot to balance your hanging basket while you line basket with sphagnum moss about 1" thick making sure that there are no holes or gaps. Trim liner so non hangs over the top. Add organic potting soil mix (do not place pebbles at bottom or container) to about 2/3 full. Choose small, healthy young plants with a variety of colors, shapes, & textures and pesticide-free. Place trailing plants on edges & bushy & upright plants at center working layer by layer, adding soil & pressing down firmly as you go. Plant much closer than you would in a flower bed. Water gently.



## Zero Waste Initiative by Laurie Dameron

By: Laurie Dameron, BPW Boulder Member

### Divest From Big Banks and Fossil Fuels

This past week on May 16, 2022, a group of us marched downtown in Boulder, Colorado to let big banks know we are not happy with their practices. (Please see photo below). There is a lot of talk these days about divesting from big banks. I've been seeing it from 350.org, Sierra Club, Greenpeace, the New York Times and many other sources. Hopefully it will bring more awareness to folks who don't know that these big banks fund billions of dollars every year to the fossil fuels industry.



Please divest if you're banking with big banks like Bank of America, Citibank, JPMorgan Chase and Wells Fargo and invest in banks that are not doing harm to us and the planet. This can put a lot of pressure on the fossil fuel industry to clean up their act. The more you can bank and shop locally the better for the planet and your community. Banking at your local credit union is a great option as they invest in our local communities! Bill McKibben, author and founder of 350.org said years ago: "We're under attack from climate change — and our only hope is to mobilize like we did in WWII."

### YOU ARE A PART OF THE SOLUTION!

To sign up for Laurie's monthly music and "Green News," write to [WindchimeL@aoL.com](mailto:WindchimeL@aoL.com)

Or visit [www.LaurieDameron.com](http://www.LaurieDameron.com)

Please visit and LIKE <https://www.facebook.com/WhatCanIDoSpaceshipEarth>

BPW Colorado Chair of Environmental and Sustainable Development

Join a chapter of Business and Professional Women



## Health Committee Report

By: Jacqueline Delibes, Health Committee Member, HeartMath Certified Coach, JDelibes.com

### **"Out there" to "In There," Self-care As a Daily Practice Towards Improving Health & Wellness**

In women's advocacy, we're attending to work parity issues, keeping an eye on the legislation that affects us, and taking an interest in special groups like female Afghan refugees. By necessity, there's a focus on what's happening "out there," and for many professional women, a marker of success involves a lot of hustle and grind. There's also a strong cultural bias in the United States towards a non-stop work culture, something that's often more relaxed in other countries.

You may be wondering what this has to do with health. Producing results through hustle and grind has quite a bit to do with emotional and mental health, especially if staying rigorously faithful to your busy schedule has you abandoning yourself. If you feel depleted and have become accustomed to not getting enough rest, we'd like to remind you that there is no virtue in burning out your adrenals. When we're out of balance, our mood also affects those around us.

Self-care isn't a semi-annual foot massage or an occasional spa weekend. It's a daily restorative practice that you make happen because you understand the deep value of bringing your full, creative self to relationships, work and volunteer activities. Does someone from the Health Committee need to kidnap you to a lush forest so you can get your mojo back?

What do you love to do? Walk in the park, hike, meditate, crochet, paint, dance, draw terrible stick figures, melt stuff and photograph it? Would you be willing to plop that into your calendar then actually do it? The key to balance is to turn the focus from "out there" to "in here" (points to heart, points to gut) to shift your attitude. What will you commit to do to take better care of yourself this month?

*"It is generally held by traditional medicine that stress is the cause of many human disorders and illnesses. The problem with this diagnosis is that it does not accurately address the source of the stress. It looks to blame external circumstances, without realizing that all stress is internally generated by one's attitudes." — David R. Hawkins, M.D., Ph.D, from "Power Vs. Force"*

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**Health Committee Meets on the 2<sup>nd</sup> Monday of every Month at a **\*\*new\*\*** time, 5:00pm PST. We invite all of you to join us in discussions on women's health & wellness issues, like those that Jacqueline mentions in this article. Please email: [Health@NFBPWC.org](mailto:Health@NFBPWC.org) for meeting information**

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## Lifelong Leadership& Learning (L3) Report



KATHY TELBAN, L3 CHAIR



JANE TAFF, L3 VICE CHAIR

By: Kathy Telban, Committee Chair, Lifelong Leadership & Learning Committee, NFBPWC

The committee has just completed writing short descriptions for each of the L3 training modules and we are updating the materials. Here are the module descriptions:

### **Advocacy: Advancing Causes and Policies (1-2 hours)**

Introduction and overview of how to be an active advocate.

### **Business Etiquette: Representing Yourself and Your Organization Well (45 – 90 min.)**

Provides guidelines and protocols used in business settings that includes verbal and written communication, meetings and exhibiting a professional image.

- Business Etiquette: Best Practices for Verbal and Written Communication (15-30 min)
- Business Etiquette: Meeting Principles & Practices (15-30 min)
- Business Etiquette: Exhibiting a Professional Image (15-30 min)

### **Using the DISC Model of Human Behavior To Live and Work More Effectively (1 hour)**

Assessing, understanding, and recognizing underlying behaviors of yourself and others. Participants will complete the DISC Assessment prior to the session.

### **Enhancing Your Communication (60 - 90 minutes)**

Using the DISC Model of Human Behavior to adapt your communication with others to increase productivity, reduce conflicts and have better outcomes. Participants will complete the DISC Assessment prior to the session.

### **Setting Goals for Personal and Professional Success (1hour)**

Learn how to establish and create strategies to develop and break down a goal into executable steps.

### **BPW 100 Years and Beyond (1 hour)**

Learn about BPW's robust history and our leadership in advocating for women.

### **Interviewing Skills (1.5 – 2 hours)**

Go into your next job interview prepared. Know your strengths, skills and your value. Learn to create impactful behavioral examples to stand out from the crowd.

**Being an Effective Leader (40 minutes – 1 hour)**

Leaders are made not born. You can be an effective leader regardless of your behavioral style. Effective leadership takes into account factors, followers, behaviors, and understanding power.

**Being an Effective Negotiator (2-3 hours)**

Some elements of negotiation can be used in every human interaction including dealing with difficult situations and people. Negotiation theory, elements, techniques and leveraging DISC behavioral styles are presented and used in practice scenarios. Negotiate your position, your salary, and your future with confidence.

**The Art of Networking (45 minutes – 1 hour)**

Creating and building social and professional networks is a critical life skill. Learn how to connect with) people that you can help and who can help you. Uncover and share tips, techniques, and technology tools. Impact of DISC styles included.

**Parliamentary Procedure - Ensuring Inclusiveness and Fairness (30-45 minutes)**

A well-run meeting is where all views matter, time is used wisely, and business is conducted effectively. Learn to use standard processes, techniques and functions to participate and manage meetings that ensure efficiency, inclusiveness, fairness, and clear results.

**Designing Effective Presentations (60-90 min.)**

Learn the steps to identify your audience and create an efficient flow of information. This workshop will provide the elements for designing an effective and engaging presentation.

**Delivering Oral Presentations: Turning Stage Fright into Stage Fabulous (60-90 minutes)**

Learn and practice the techniques to present/speak to an audience of 1 to 100 or more with calm and confidence.

**Sexual Harassment, Awareness, and Prevention in the Workplace (90 min – 2 hours)**

Anyone can experience sexual harassment. Learn how to recognize sexual harassment behaviors and use effective strategies for dealing with them.

**L3 on the Move - Committee Updates**

- April 8<sup>th</sup> – Hosted a Town Hall on “The Great Re-Negotiation – Coming Back with a R.O.A.R” and on May 10<sup>th</sup> training on Networking and .Resume Writing and May 24 training on Interviewing and Negotiating Salary and Benefits
- In the works – Updating the website, Training for New Facilitators, and planning a session for the Biennial.

Have a background in training or want to learn more about L3? Join us! We meet every 2<sup>nd</sup> and 4<sup>th</sup> Friday at 8am PST via zoom. Contact us at [L3Chair@nfbpwc.org](mailto:L3Chair@nfbpwc.org) or [L3vicechair@NFBPWC.org](mailto:L3vicechair@NFBPWC.org) for more information.

## Mentoring Committee Report

By: Dr. Trish Knight  
 Committee Chair, Mentoring Committee, NFBPWC  
 Committee Members: Bessie Hironimus and Nermin Ahmad

The Supreme Court adopted Roe v Wade in January 1973. I was four months pregnant and living hell with my then-husband. He had been adamant that he never wanted children yet had done nothing to stop a pregnancy from happening.

After a few weeks of flu-like symptoms, I went to the small-town doctor and learned my fate. My husband and I lived in an apartment less than a block from the doctor's office, but the walk home from that appointment was the longest I had ever taken.

Married less than a year, I was already well aware of my husband's anger and violence toward me. Everything that happened was my fault, and I had become the object of his outrage too often.

I braced for the blow that I knew was imminent when I told him of the pregnancy. His nostrils flared, his eyes became near-demonic, and he threw a vase across the room at me. "I TOLD YOU, but you didn't listen!" he spat. Those were the last words he spoke to me for the next three months.

Christmas and New Year came, and his older brother broke the silent treatment. A few punches and an admonishing "talk" helped my husband understand that: 1) it had taken two to create the child, and 2) a baby was on the way whether he wanted it or not.

We had no insurance for the cost of delivery and pre-natal visits of \$250. It was half the amount I had saved for college, but my husband had spent my savings (community property), and I was forced to go on state aid.

When Roe v Wade passed in late January, he was furious that my pregnancy was beyond being forced to have an abortion.

He spent his nights out with the boys drinking and partying. He came home drunk in the middle of the night with girls from the bar and forced me to take the dog for a long walk. He claimed he couldn't handle "giving it" to my ugly body. As much as it hurt, it was in some ways less painful than having him throw a pillow over my face and forcing himself on me.

I went into labor early with labor pains two minutes apart, but my husband wouldn't stop watching a John Wayne movie before it was over. We arrived at the university hospital with a few minutes to spare.

Our daughter came into the world a month early, weighing a mere 5 lbs. Her weight dropped to 4 lbs. 9 ounces. She was jaundiced but perfectly formed, and she spent a week in the hospital to gain enough weight to go home.

I was pregnant again within a few months but lost it in the first trimester. I was forbidden to buy contraceptives but constantly reminded that sex was an obligation to meet my husband's needs. The drinking and abuse escalated until he drove through my parent's ditch and yard and put his fist through their storm door on the following Christmas morning.

My father gave him an ultimatum – get a divorce or join the military. Dad believed that military service would *make a man* of my husband. In truth, it only further supported his drinking, but the abuse lessened.

Another pregnancy occurred while stationed in New Mexico – 1200 miles from family. Something triggered an episode, and he came home one evening long after the dinner hour to a dried-out supper. He grabbed me by the throat, threw me against a wall, and punched me. Early the next morning, I felt leakage.

After he left for work, I called a neighbor to take me to the base hospital and watch my daughter. I had suffered a premature rupture of the placenta. I was sent to Ft. Bliss Army Medical Center and placed in a bed with the foot end elevated to “hold in” any remaining amniotic fluid.

The baby’s heartbeat had remained strong but irregular. Within 24 hours of arriving at Ft. Bliss, I developed a uterine infection. The doctors determined that a late-term abortion was required to save my life. In 1973, there was no neo-natal department in the military hospital.

We were allowed to bury our son at the Ft. Bliss National Cemetery as a military family. I was numb with guilt and grief as I stood alone with the priest and my husband (distracted because it was a boy) at the graveside. Shame that I hadn’t called my husband out for his abuse - and deep regret that the baby I had felt growing and moving had his life taken to save mine.

I found some solace in that he would not have to endure the drinking and abuse of his father like his older sister and me. I have never forgiven myself for allowing another pregnancy to happen in that environment.

My daughter and I finally left, but not before she became a victim of his anger. It only happened once, but once was too many times.

Every woman has a profoundly personal story when it comes to considering abortion, and I, for one, will never judge a woman for her choice.

## United Nations Report



By: Susan O'Malley, IFBPWC UN Representative  
NGO CSW/NY, Chair ex officio  
[UNChair@nfbpwc.org](mailto:UNChair@nfbpwc.org)

### **The Agreed Conclusions for CSW66 Is the Best Agreed Conclusions in 10 Years**

Last week Sofija Korac, the US Negotiator for the CSW66 Agreed Conclusions or Outcome Document, said to me, “This is the best Outcome Document in 10 years.” I think she is right. The seven NGO CSWs that make up the NGO CSW Advocacy/ Research Group contributed greatly to this as did many other NGOs.

We started by admitting that we had not been successful last year in getting our concerns into the Agreed Conclusions so the Executive Committee decided that we would meet with the CSW66 Bureau Members and other Member State friends that we have. We also sent a request to all members of the Commission on the Status of Women and received

several requests to meet. We were careful to have regional representatives.

We were told to keep our intervention short. Always before we had done our version of the Agreed Conclusions and sent it to all members of the Commission in January. “Please”, they said, “just send us 3 recommendations” – we sent six. “We don’t have time to read long documents,” they said. “Many missions have only 2 or 3 people, and English is not their first language. And send it to SG Guterres in November before his Report comes out, to UN Women, and all the members of the CSW66 Bureau. Also don’t spend so much time with the big countries – small countries have a vote too and spend less time with the west.”

After studying together during the summer, we did as we were told getting our recommendations on “the achievement of gender equality and the empowerment





of all women and girls in the context of climate change, environmental and disaster risk reduction policies and programmes” out in November and received acknowledgement from the SG office, and thanks from several Member States and UN Women. Later in January we did negotiating briefs for each recommendation that included UN precedent language, data and reports, good practices, and legal environments. The Recommendations and Briefs may be found on the NGO CSW/NY website.

The Agreed Conclusions is particularly strong in the participation of women and girls of all ages that include rural, Indigenous and people with disabilities at the local, community and national levels and strategies for disaster reduction and resilience, our first two Recommendations, but we expected that it would be.

Migration, so intimately connected with the climate crisis, our Recommendation 3, received more attention than it had in any previous Agreed Conclusions. We were particularly pleased that the discussion on disaggregated data included birth and marriage documentation so crucial to displaced women and girls in formulating evidence-based policy.

In addition to job training, in Recommendation 4 we emphasized the need for education on the climate crisis including, mitigation and adaptation strategies, in school curricula which was included in the Agreed Conclusions. We used Kenya’s Institute for Curriculum Development that integrates climate

change in the national curriculum at all levels as a good example.

Recommendation 5 on debt reduction Rosa Lizarde will cover when she speaks. The Agreed Conclusions devoted much discussion to this, which was interesting, but we asked for debt cancellation and no more loans for the Global South, only grants in the future which is more than one can ask to be included in an Agreed Conclusions, but for which we do advocate.

Finally, Recommendation 6 advocating for the elimination of legal barriers to women, including widows, concerning inheritance and land ownership was mentioned positively at least 4 times in the document. Linda Wittong, who researches UN Precedent language for us and was working with Soroptimist International during the negotiations, successfully countered a campaign by a country that was arguing that women and land was not a topic that was relevant, by using Recommendation 6 and citing UN Precedent language.

There is other welcome language in the Agreed Conclusions such as women human rights defenders including journalists, universal access to sexual and reproductive healthcare and psychological support, ending FGM and early marriage, collective bargaining, menstruation protection, the use of the word “quota”, the inclusion of women of all ages that I hope other people will speak to. And there is missing language that must be addressed such as LGBTQ rights.

## Special Committee Report for Afghan Women

By: Nermin K. Ahmad and Voyka Soto, Co-Chairs NFBPWC Special Project for Afghan Women

[afghanwomen@nfbpwc.org](mailto:afghanwomen@nfbpwc.org)

**Committee Members:** Nermin Ahmad, Voyka Soto, Megan Shellman-Rickard, Kathy Kelly, Emily VanVleck, Djenabou Bah, Sher Singh, Daneene Monroe Rusnack, Nesli Cakiroglu, Eva Richter



### The Afghan Women Project Guidebook is now available...

The PDF version can now be found on the NFBPWC Website at:

<https://www.nfbpwc.org/Afghan-Women-Project/>

Or, for immediate download at:

[https://www.nfbpwc.org/resources/Afghan%20Womens%20Project/Afghan%20Womens%20Project%20Guidebook\\_Final.pdf](https://www.nfbpwc.org/resources/Afghan%20Womens%20Project/Afghan%20Womens%20Project%20Guidebook_Final.pdf)

Or, click on the link to view it as a Flipbook (link: <https://anyflip.com/shyf/wbpz/>)

## Digital Training Committee Report

By: Marsha Riibner-Cady, Digital Trainer, NFBPWC 2020-2022

[DigitalTraining@NFBPWC.org](mailto:DigitalTraining@NFBPWC.org)

The digital training team meets the first Wednesday (June 1<sup>st</sup>) of the month at 5 pm Eastern here:

<https://us06web.zoom.us/j/97357344293?pwd=dE9qT29ab3g1cEdONzIhFWFhiSVBIldz09>

In May we helped a couple of members register for our event in August.

In June we are going to look at our email signatures (or lack of email signature!) to see what should be there and how to fix it. Please join us! Expert marketing people are invited to join us! Hope to see you there.

Each month we focus on what our attendees need. We are here to help anyone who needs information or assistance with all thing's technology. Some months we spend some time focusing on specific topics.

We are available to assist you at other times, besides the first Wednesday of the month, just let us know what you need!

We welcome our newest members and encourage you to join us or contact us if you need assistance setting up your profile on the website.

We are looking for NFBPWC members who are interested in stepping into a leadership role with our committee. We specifically need someone who is familiar with iPhone and tablets as sometimes helping someone with technical issues requires more understanding of that technology.

## Social Media Committee Report

By: Suzette Cotto, NFBPWC Social Media & Communications Chair

Once again, we have hard choices to make when it comes to business and travel. As COVID became less travel-restrictive, other variables happened in the world to change how much it costs to fuel our freedom. With gas approaching \$5 a gallon, we are once again feeling conflicted about whether to go, or not go. It's changing our plans once again.

Many of us have stayed steadfast and quietly functioning at full capacity in business. But, sadly, not everyone was so fortunate. Some of us had to change a lot to keep jobs or businesses. Some, had to say goodbye to a beloved career. It's been rough.

I think the most important thing I can say at this time in our organizational history is that we are so very lucky to have each other. No matter where we are in our walk, there is someone we can talk to, turn to, or share with. It's character growth for sure. Many of us don't know how to ask for help and so we don't. That isn't what NFBPWC is all about.

I've learned in the short year that I have been a part of NFBPWC that my voice carries strength. I can ask for help and someone will respond. You can ask me for help, and I will respond. It's an incredible dynamic that is only achieved between close friends, and not heard of in large organizations. But it exists here.

What can we do to help you? You have many free resources available to you as a member of NFBPWC. Explore them.

The biggest resource is our website, NFBPWC.org. It is FULL of information on all the things that are happening with NFBPWC. Lea-Ann Berst, our highly valued website developer has spent countless volunteer hours making the website an amazing experience. Make a point to visit and discover things in your local area, virtual events, and national events which are often online, or hybrid. No travel required! The site is so easy to navigate now. Thank you, Lea-Ann!

The second biggest resource is our social media. It's the pulse of our organization. Are you following us on Facebook, LinkedIn and Twitter? Make a point to do this so positive, relevant, encouraging, and life-changing messages find your news feed on purpose!

Be encouraged. *We are* the change we want to see in the world. NFBPWC is the gateway to a positive and productive professional life. Follow our social feeds below

If you'd like to share something about your local organization, committee, or have valuable professional wisdom to disperse, email your media or blog submission inquiry to me at [PR@nfbpwc.org](mailto:PR@nfbpwc.org)

We are - #NFBPWC4Change

## Engage with NFBPWC on Social Media



Organization Page:

<https://www.facebook.com/NatlFedBPWC/>



[https://www.youtube.com/channel/UC2l\\_ciXLyvbu1dbBOsV9Tg](https://www.youtube.com/channel/UC2l_ciXLyvbu1dbBOsV9Tg)



Group Page

<https://www.facebook.com/NatlFedBPWC/>



<https://twitter.com/nfbpwc>



Organization Page

<https://www.linkedin.com/company/nfbpwc>



[https://www.instagram.com/nfbpwc\\_usa/](https://www.instagram.com/nfbpwc_usa/)

## June Highlights in US Women's History

Celebrate LGBTQ Pride Month.

- June 1, 1993 – Connie Chung becomes the second woman to co-anchor the evening news, 17 years after Barbara Walters became the first in 1976
- June 9, 1949 – Georgia Neese Clark confirmed as the first woman treasurer of the United States
- June 10, 1963 – Equal Pay Act enacted: “To prohibit discrimination on account of sex in the payment of wages by employers engaged in commerce or in the production of goods for commerce.” (PL 88-38)
- June 11, 1913 – Women in Illinois celebrate passage of a state woman suffrage bill allowing women to vote in presidential elections
- June 17, 1873 – Susan B. Anthony’s trial starts for illegally voting in Rochester, New York, on November 5, 1872
- June 20, 1921 – Alice Robertson (R-Oklahoma) becomes the first woman to chair the House of Representatives
- June 21, 1997 – The Women’s National Basketball Association (WNBA) plays its first game
- June 23, 1972 – Title IX of the Education Amendments of 1972 is signed by President Nixon, one of the most important legislation initiatives passed for women and girls since women won the vote in 1920. This legislation guarantees equal access and equal opportunity for female and male students in almost all aspects of our educational systems
- June 25, 1903 – Marie Curie defends her doctoral thesis on radioactive substances at Université de la Sorbonne in Paris, becoming the first woman in France to receive a doctoral degree

(Source: <https://nationalwomenshistoryalliance.org/events/june/>)<mailto:socialmedia@nfbpwc.org>



## Website Committee Report

By: Lea-Ann W. Berst [website@NFBPWC.org](mailto:website@NFBPWC.org)  
 Website Special Committee Chair, NFBPWC 2020-2022

NFBPWC.ORG

YOU'RE INVITED



### Help improve BPW's web presence!

I'll be joining the North Carolina team on Thursday June 16 to talk about the website. We'll be learning, asking questions, and providing feedback.

BPW members from all over the U.S. are invited to attend!



[CLICK TO ATTEND](#)

## International Relations Chair Report

By: Sandra Thompson, NFBPWC's International Chair, [international@nfbpwc.org](mailto:international@nfbpwc.org)



Don't forget to mark your calendars for the Regional Meeting in St. Kitts in January 2023. Enjoy the following BPW International Newsletter containing lots of information.

## BPW International News – President Dr. Catherine Bosshart

By: Dr. Catherine Bosshart, BPW International President

(Source: BPW International Email Newsletter dated May 15, 2022)



Dear Presidents of BPW

Dear Members

This month, the first regional conference of our association in the triennium 2021-2024 will take place in the European region. BPW International is using this opportunity, in accordance with the resolution adopted by the International Board in Cairo 2017, to hold a Leaders' Summit on the further development of our association. I would be pleased to see as many European presidents and interested members as possible.

Other such events will take place at the other regional conferences to inform our Presidents about the Constitution of our association, to give them the opportunity to talk about their biggest challenges in their mandates and to jointly seek the best way forward. These events are intended to inspire and encourage the Presidents in the regions and also to familiarise them with the innovations at international level.

I look forward to seeing as many of you as possible at these training events. See you in Reykjavik!

Dr. Catherine Bosshart  
BPW International President

## BPW Topical - BPW International Help for Ukraine



### [> Donate now](#)

The goods from our transportation on 21 April 2022 to Chernihiv arrived at Julia's at the beginning of May. She unloaded the goods with a team of strong helpers and everything is now being distributed where it is needed. Julia was very grateful for the delivery. In the meantime we have received a new list of items that are urgently needed. We have already set to work again to organize what is needed, there are shortages everywhere. We thank all donors for their generosity.

The donation account is still open and every donation is more than welcome. Also welcome are projects with budgets from European countries that give refugees a jump-start with their careers. Please send them to the [President's Office](#).

[> Donate now](#) Thank you ❤️

[> Website](#)



## BPW International Leaders' Summit

### WELCOME to the LEADERS' SUMMIT

Dr. Catherine Boschart, International President, Anu Viiks, Regional Coordinator Europe, Jóhanna Kristín Tómasdóttir, President of BPW Reykjavik

### Members of the Executive Board

Chularat Israngkool Na Ayutthaya, 1<sup>st</sup> Vice President  
 Dr. Giuseppina Seidita, 2<sup>nd</sup> Vice President  
 Dr. Jenny Gulamani-Abdulla JD, Executive Secretary  
 Dr. Eufemia Ippolito, Finance Officer  
 Tomi Odunsi, Young BPW  
 Dr. Narudee Klengsiri, Regional Coordinator Asia Pacific  
 Diana Barragan, Regional Coordinator Latin America

### Presentation of program

Past International President Dr. Antoinette Rüegg

### Presentation of Participants

Name / country / BPW function / profession  
 My topic in which I'm most interested in  
 Parallel: Collecting and structuring questions

Results questionnaires – Topics Breakout Sessions  
 Organization of Breakout Session groups  
 (Leader takes flip chart sheet & marker)

### Breakout Sessions

### Presentation of Results of Breakout Sessions

Priorities and upcoming activities  
 of International Executive Board Members

Closure, Thanks

BPW International organizes its popular Leaders' Summits not only on the occasion of the CSW and the Congress, but also to coincide with the Regional Conferences, the first time being at the end of May in Reykjavik at the European Regional Conference.

Those who have registered have already received an invitation to the Leaders' Summit. If you registered later, please contact the [President's Office](#) so that we can send you the invitation.





April 28, 2022 - 16:00h CET

Jenny Gulamani-Abdulla JD, BPW International Executive Secretary 2021-2024

## Understanding BPW International's Constitution

### Understanding BPW International's Constitution

The webinar was held on 28 April 2022 with Jenny Gulamani-Abdulla, JD, BPW International Executive Secretary 2021-2024.

Subtitles could be added to the video on > [YouTube](#). In addition to the subtitles in English, subtitles in Italian were translated, revised and inserted. The other languages German, French and Spanish automatically perform translated subtitles.

## BPW International - News from the Exective Board UNESCO International Literacy Prizes 2022

### UNESCO International Literacy Prizes





The 2022 Call for Nominations is open until 10 June 2022

Find more information on our > [website](#). If you have a project and are interested in getting a nomination for the Prize, please contact > [President Catherine Bosshart](#).

## BPW International - Membership



### New Affiliate Club

**BPW Wouri, Cameroon, Africa**

President Nkwuli Bouambo Epse Ndoumbe Francoise Larissa

April 2022

> [Website News](#)

## BPW Australia - Obituary



*Source: BPW Australia Facebook Post of 5/27/2022*

It is with extreme sadness that BPW Australia announces that our beloved Judith Van Unen passed away last night. Judith van Unen was a past president of BPW Australia 2000-2004. She was a fighter and her decades of work influences national and international policies to empower women and promote gender equality. Her high integrity is well recognised, reflecting in repeated appointments for her to serve as Election Chair for BPW International General Assemblies for several trienniums.

Judith was awarded the BPW International Badge of Honor last year. This post cannot list all her advocacy of women over the years and BPWA will do this at a later date.

We last saw Judith at the BPWA Conference in Adelaide in April, where she was honoured. No arrangements are known, as yet. We will inform when known. Rest in Peace, lovely Lady.

# State Federation & Clubs News

## NFBPWC Arizona

### Executive Committee 2020:

Theresa Dolan                      President

For more information about this club, go to: <https://www.nfbpwc.org/Arizona>

## NFBPWC California Federation

### Executive Committee 2022-2023:

Bessie Hironimus	President
Maria Desousa	President-Elect
Lynn Wen	Treasurer
Katherine Winans	Secretary
Sandy Thompson	Parliamentarian
Lynn Brandstater	Immediate Past President

For more information about this club, go to: <https://www.nfbpwc.org/California> or <https://bpwcal.org/>

By: Lynn Brandstater, President, CFBPW California

Greetings to the National Executive Committee:

It is with great pride that I share with you the new leadership team for the California Federation for 2022-23 elected Saturday at our annual conference.

President: Bessie Hironimus

President Elect: Maria Desousa

Secretary: Katherine Winans

Treasurer: Lynn Wen

Sandy Thompson is continuing as Parliamentarian. The members passed a bylaws change eliminating the office of Vice President.

All of our members are so proud of President Bessie standing up to lead California forward. Her expertise regarding BPW at all levels will bring us great success. I am looking forward to a great year.



**THE CALIFORNIA FEDERATION OF BUSINESS AND PROFESSIONAL WOMEN  
JUNE 4th 2022 PROGRAM  
"TAKING ACTION!"**

**CONFIRMED SPEAKERS:**



**DAWNE WILLIAMS**

**BPW International Regional Coordinator  
for North America and the Caribbean**



**NEELIMA BASNET**

**Past BPW International Young BPW Chair**



**Dr. TRISH KNIGHT**

**National Mentoring Committee Chair  
Past National President, Author**



**FRANCESCA BURACK**

**BPW International Development, Training  
and Employment Standing Committee Chair**



**TRUDY WALDROOP**

**Past State President, Membership Committee Chair**

**...and a LIFELONG LEADERSHIP AND LEARNING PRESENTATION**

**JOIN US, FREE EVENT!      Saturday June 4th, 9a.m. - noon**

**Register by emailing: [jkw@jbis.com](mailto:jkw@jbis.com)**

**Zoom link: <https://us02web.zoom.us/j/88907547732?pwd=VmVhejArNGk4T3dUUWFaU1dyOW9Jdz09>**

## NFBPWC Colorado Federation

### Executive Committee 2021-2023:

Evie Hudak	President
Sharon Simmons	1 <sup>st</sup> Vice President
Linda Sue Shirkey	2 <sup>nd</sup> Vice President
Sara Bastani	Secretary
Cynthia Wieme	Treasurer



For more information about this club, go to: <https://www.BPWColorado.org>

By: Evie Hudak, President, NFBPWC Colorado

Everyone is welcome to join BPW Colorado for our Annual Convention on Saturday, **June 25**. You can [register](#) for just the business meeting or for both parts of the two-part event, which will be as follows:

- **The Business Meeting will be in the morning** (8:45 a.m. to 12:00 p.m.) **via Zoom**. Part of this meeting will include the first part of our Celebration of Women (when those honored by our chapters during the pandemic will speak to us). We will also be considering some Bylaws amendments, particularly one to move our fiscal year a month later to begin in July rather than June.
- **The Social Event will occur in-person in the afternoon** (3:00-6:00 p.m.) at [Bonacquisti Winery](#). At this event, we will do the induction of new officers, present the certificates to those honored in our Celebration of Women, give our Young BPW members an opportunity to speak to us, do a candle-lighting ceremony, and enjoy food and drinks.

With the adjournment of the 2022 session of the State General Assembly on May 11, the Legislative Bills Subcommittee completed its work, taking positions on a total of 92 bills that aligned with our Advocacy Platform. Here are the key bills we supported (which passed):

#### Economic Equity & Justice -

- Child Care Support Programs (SB22-213)
- Early Childhood Educator Tax Credit (HB22-1010)
- Pay Equity Study (HB22-1196)
- Protections for Mobile Home Park Residents (HB22-1287)
- Updates to Employment Discrimination Laws (HB22-1367)
- Statewide Equity Office (HB22-1397)

#### Health Equity & Justice -

- Sales Tax Exemption for Essential Hygiene Products (HB22-1055)
- Family and Medical Leave Insurance Fund (HB22-1133)
- Reproductive Health Equity Act (HB22-1279)

#### Human Rights -

- Continue Domestic Violence Fatality Review Board (SB22-100)
- Vote Without Fear Act (HB22-1086)
- Waste Diversion and Circular Economy Development Center (HB22-1159)
- Prohibit Sexual Act Without Consent (HB22-1169)
- Public Protections From Toxic Air Contaminants (HB22-1244)
- Producer Responsibility for Recycling (HB22-1355)



## NFBPWC South Florida

### Executive Committee 2021-2023:

President	Liz Benham
Vice President Advocacy	Marianne Miccoli
Vice President Membership	Mariela Borrello
Treasurer	Paulina Kucharska
Secretary	Mary Antoine
Immediate Past President	Susan Gingerich

For more information about this club, go to: <https://www.nfbpwc.org/Florida>

By: Elizabeth Benham, President, NFBPWC South Florida

## NFBPWC La Grange-Chicago

### Executive Committee:

Kathleen Ray	President
Barbara Miller	Secretary
Barbara Yong	Treasurer

For more information about this club, go to: <https://www.nfbpwc.org/LaGrange-Chicago>

By: Kathleen Ray, LaGrange-Chicago BPW

Our local club treasurer, Mary Lou Lowrey, after many years of dedicated service, resigned February 19.

Member Barb Yong has taken her place.

## NFBPWC Michigan

### Executive Committee 2021-2022:

Shirley Zeller	President
Susan Oser	Vice President, Membership
Amy Courter	Vice President, Advocacy
OPEN	Secretary
Susan Murphy	Treasurer

By: Shirley Zeller, President, NFBPWC Michigan

BPW/Michigan, the Legacy organization, celebrated their 100 +2 (delayed by COVID) anniversary on Friday, May 13. The celebration was held in the State Capital rotunda with about 60 people in attendance. Senator Debbie

Stabenow brought remarks as well as State Representative Jim Haadsma (a BPW member in Albion, MI). Both brought greetings from their respective chambers. This celebration had been postponed twice due to COVID so it was a real celebration when we actually made it happen.

At the end of the festivities, a picture with all of the attendees was taken on the Capital steps under a banner signifying BPW/MI's 100<sup>th</sup> anniversary. There was also a drone taking pictures of the event. I'll include a picture next issue.



SENATOR STABENOW

The celebration was followed by the annual BPW convention, also held in Lansing. President Amy Courter did a great job with both the celebration and the convention. During the convention, the power point by Kathy Kelly was presented encouraging members to think about joining NFBPWC and even thinking about the legacy organization belonging as a group. (Marsha Ribner-Cady (NC) was a guest at the events and presented the power point, as I had lost my voice, and no one could hear me.) One member will be joining our Affiliates, as a result. Others expressed interest.



PRESIDENT AMY COURTER AND  
SENATOR STABENOW



ON THE CAPITAL STEPS

## NFBPWC New York City

### Executive Committee:

Nermin K. Ahmad  
Devika Gopal Agge  
Nesli Cakiroglu  
Djenabou Bah  
Voyka Soto  
Francesca Burack  
Emily VanVleck

President  
1<sup>st</sup> VP Membership  
2<sup>nd</sup> VP Advocacy  
3<sup>rd</sup> VP Programs  
Secretary  
Immediate Past President  
Young BPW Board Member

For more information about this club, go to: [www.NFBPWC-NYC.org](http://www.NFBPWC-NYC.org) or become involved on our social media site, [nfbpwc.ning.com](http://nfbpwc.ning.com).



By: Nermin K. Ahmad, President, NFBPWC New York City

## NFBPWC North Carolina

### Executive Committee:

Marsha Riibner-Cady	President	<a href="mailto:nfbpwcnc@gmail.com">nfbpwcnc@gmail.com</a>
Barbara Bozeman	NFBPWC-EC Liaison	
Lea-Ann Berst	NFBPWC-NC Webpage Master and Facebook	
Varnell Kinnin	SDG/ Advocacy	
Jo Naylor	Secretary and Bylaws Chair	



For more information about this club, go to: <https://www.nfbpwc.org/NorthCarolina>

By: Marsha Riibner-Cady, President, NFBPWC North Carolina

We invite everyone to attend our meetings, the third Thursday of the month at 8:00 pm Eastern by clicking on the link here:

<https://us06web.zoom.us/j/83070332328?pwd=bjExWnBYVGx5YThBdDNzNG5FNzkyUT09>

Meeting ID: 830 7033 2328

Passcode: 612268

or contact Marsha at (252) 423-0819 (text is okay) for details or [nfbpwcnc@gmail.com](mailto:nfbpwcnc@gmail.com)

At our May 19 meeting we decided to assist the NFBPWC webmaster in reviewing the NFBPWC.ORG website on June 16.

Barbara will be our speaker for our July 21 meeting.

I had the opportunity to attend the MI BPW 100+2 celebration on May 13. It was an awesome event. I'm so happy I got to meet in person so many people I had only "met" on Zoom. It was wonderful to see so many others from the 2015 and 2016 WPEA meeting again! Thank you for allowing me to take part in your celebration.

Safe travels to our members who are literally wandering the globe. We currently have members in Italy, PA/NY, WV/MD, NB, and MI. We also have one member who is undergoing treatment for hip pain. We wish all safe travels and health.

Don't forget to wish the fathers and father figures in your life a Happy Father's Day.



## A Visit to the Women's Rights History Museum, Seneca Falls, NY

By: Barbara Bozeman, NFBPWC/NC



The Women's Rights Historical National Park bridges the gap between Wesleyan Chapel, site of the first convention for Women's Rights in 1848 and the Women's Rights Museum. On the waterfall feature, the Declaration of Sentiment is carved, with an open field of grass to settle for a visit. (My visit to the chapel can be read in the secretary's article for this month.)



The museum itself, is a beautiful historic building, with two floors overflowing with exhibits.

Entering the museum, you are greeted by a gallery of bronze figures. The exhibit is called "First Wave" by sculptor, Lloyd Lillie. The statues are life-size versions of the five women who organized the first Women's Rights Convention and some of the men who came out to support them.

Elizabeth Cady Stanton, a relative of our club president, Marsha Riibner-Cady, is the lady on the right.

A staircase, seen in the upper right corner of this image. It is lined with quotes and images of women throughout our history. How appropriate that their inspirations, struggles and humor lift us up as the staircase carries us to the upper exhibit area.





The Clothes Talk Exhibit gives us the grace to show a bit of humor. The card in the second image poses the question: "Are things very different today?"





I enjoyed my visit to the Women's Rights Museum and Seneca Falls. I hope in your travels, you find yourself there to experience all there is and more!

Personally, I am looking forward to my next visit.

## Camping, Corning and George Bailey

By: Barbara Bozeman, NFBPWC/NC

Those who know me well, know I am a Sister. Not just a BPW Sister, but a Sister with a number. I'm a member of a group called "Sisters on the Fly" – I am Sister #8523.



I have a vintage camper named "Lil," pulled by a truck called "Pearl" and I go on adventures with my sister friends.

This month, I headed north to Watkins Glen, NY for "Waterfalls, Wander and Wine at Watkins."

Being so close to Seneca Falls, a trip to the Women's Rights History Museum was a must! Information about that portion of the trip can be found elsewhere in the magazine.



### CAMPING:

Four days with fifty sisters was full of laughter, support, a little rain and just fabulous fun! Brand new sisters who had never camped before were supported by us old hands, new skills were learned, friendships renewed and made, and yes, one merit badge earned by some of us. These women come from all walks of life and all stages of life.





Lil was adorned with my own version of a Victory Garden. Blooming Flowers of NFBPWC, ERA, and Votes for Women graced the lattice top with my Sister banner. I included patriotic edging and my US Air Force flag for Armed Forces Day, which was on the 21<sup>st</sup>.

Sisters camp in all shapes and sizes! From homemade wood teardrops to tents, campers and modified vans and everything in between.





The Sister Motto is “We have more fun than anyone” and it’s true! Just ask Joyce, who was celebrating her 80<sup>th</sup> birthday with us. She got such a surprise at the morning coffee clutch.



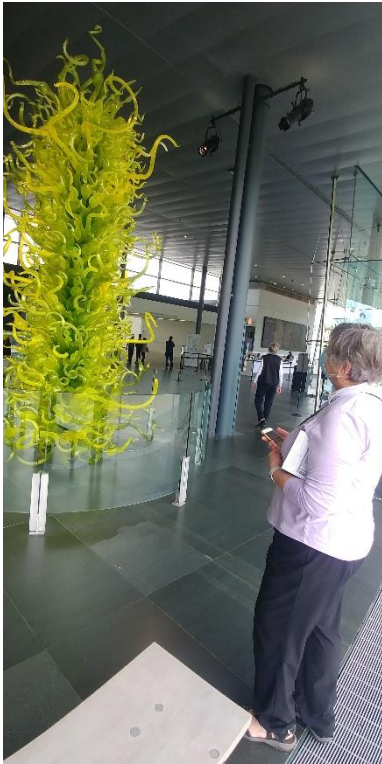
Six Sisters stayed over for one more night.

#### CORNING:

Corning is just a short drive from where we were staying. My new sister friend Beth and I opted out of the Wine Tour Scavenger Hunt and headed for the Corning Museum of Glass.

We enjoyed the exhibits in the museum tremendously – as well as watching the hot glass demonstrations. We were as intrigued by the science of glass making as much as the “pretties”.



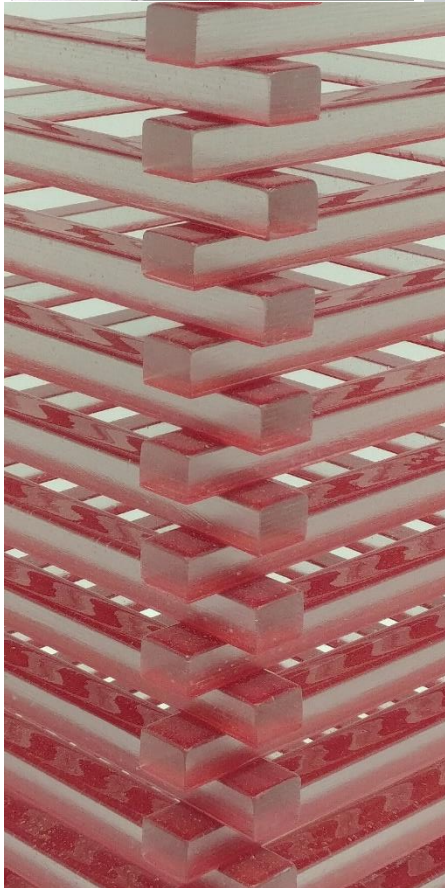


Beth is something of an aficionado of glass art. She recognized David Chihuly sculpture right away.

This piece is  
“Fern Green Tower.”









## GEORGE BAILEY

Who doesn't know the movie *It's a Wonderful Life*? The fictitious town of Bedford Falls was based on Seneca Falls, New York. The town has embraced its Hollywood connection. Many people come to Seneca Falls to see the bridge and the museum, yours truly included. Though the museum wasn't open, I did get to walk the bridge, and was so moved by an unexpected pull at my heart strings.

"Every time a bell rings, an angel gets his wings" is a well-known quote from the movie. Imagine my surprise when I saw so many bells hung on the railings the length of the bridge. Most adorned with someone's name – what a sweet and enduring tribute.



So that's a very short version of the tale of Camping, Corning and George Bailey.

What a wonderful journey this has been – and the adventures never end!

Makes me look forward to our adventure in California in August! See you all there!

## Pennsylvania Affiliate Chapter

### Executive Committee:

Nancy Werner	President
Cathy Collins	Vice-President
Nancy Thomas	Recording Secretary
Denice Robinson	Treasurer
Cathy Collins	Membership
Lilly Gioia	Legislation

For more information about this club, go to: <https://www.nfbpwc.org/Pennsylvania>



By: Nancy Werner, President, NFBPWC Pennsylvania

May has been a whirlwind of activity as we prepare for the upcoming BPW/PA Convention in Gettysburg on June 9 to the 12. Many of our members are either a State Chair, members of the PA BPW Foundation Board or have an assignment to help at the convention. We have not met in two years person to person in the Convention format. We are preparing NFBPWC materials to provide as handouts to the 137 registered members and guests. I have asked to be able to speak to the body about our NFBPWC and PA Affiliate Chapter and all the activities that we have engaged. We have expanded in many programs and projects during the past two years. (I'll ask for more time of the BPW/PA President.)

On June 5 we will have a Zoom meeting to get organized for this important event. We will also be discussing the NFBPWC Biennial Conference in early August. Know a PA Affiliate report needs to be composed and submitted and maybe an ad from us too.

Membership – Cathy Collins was able to attend the National meeting on May 2<sup>nd</sup> and 18<sup>th</sup>. We have a new member, Mary Stevens. She is a member of the BPWPA District One in the NW area of the State. However, she moved to Houston, Texas to be near her family a few years back. If we have Zoom, she is willing to be part of our group. So happy to have her with us.

I am still working with the L3, (LifeLong Leadership and Learning), I have attended the Facilitator Meeting on May 13 and plan to attend on the 28<sup>th</sup> with Kathy Telban, Jane Taff and the other L3 Facilitators. We completed the module descriptions. YEAH!

Our Internet Connection to Facebook has been a great asset for others to read, add to the page and to follow. Wealth of information is being shared across Pennsylvania as well as on our National level.

Looking forward to our BPW/PA Convention in a few weeks. Hope to share what is happening in our neck of the woods.



## Pennsylvania Advocacy Report

By: Lilly Gioia, BPW Pennsylvania Legislation (Advocacy) Chair

### WOMEN RALLY ACROSS THE NATION:

When a leaked Supreme Court draft opinion suggested the Court's conservative majority would overturn the landmark *Roe v. Wade* ruling, thousands of outraged Americans rallied in more than 450 cities and state capitols across the nation on May 14, 2022. According to an Associated Press report, Republican-led states are poised to enact tighter restrictions or halt abortions entirely should the Supreme Court overturn legal abortion protections in place for nearly 50 years. Thousands gathered at the Washington Monument to hear fiery speeches before marching to the Supreme Court, now surrounded by two layers of security fencing. From Pittsburgh to Los Angeles and Nashville to Lubbock, Texas, tens of thousands participated in events where chants of "Bans Off Our Bodies!" and "My Body, My Choice" rang out. The gatherings were largely peaceful, but in some cities there were tense confrontations between people on opposing sides of the issue. Polls show that most Americans want to preserve access to abortion—at least in early stages of pregnancy, but the Supreme Court appears poised to let states have the final say, according to an Associated Press report. If that happens, roughly half of states mostly in the South and Midwest, are expected to quickly ban abortion. A Chicago protestor, Amy Eshelman, said, "This has never been just about abortion. It's about control." In New York thousands gathered to march across the Brooklyn Bridge to a lower Manhattan rally. Speakers put the issue in stark terms, saying people will die if abortions are outlawed. The Philadelphia Inquirer reported on an impressive turn-out of protestors marching along Market Street to City Hall. Other PA rallies took place in Harrisburg, Pittsburgh and Wilkes Barre. In Los Angeles, high-profile lawyer Gloria Allred said, "I want you to vote as though your lives depend on it, because they do." Eighty-four year old Renee Channon told the New York Times, "It's hard to believe that we're still doing the same thing, but then, if you look at your history, you'll see that it took us almost 100 years to win the right to vote." Campaigning for women's rights since the 1970's when she first began protesting in support of the Equal Rights Amendment, Eshelman said she was demonstrating against what she called a "horrificing" leaked opinion. Writing for Slate's 5/5/22 issue, Dahlia Lithwick declared, "The results will be catastrophic for women...particularly for young women, poor women and Black women who will not have the time, resources or ability to travel out of state." Subsequently, Senate Democrats failed to advance legislation to guarantee abortion rights nationwide in the face of adamant Republican opposition and from West Virginia Senator Joe Manchin.

Visiting Harvard Law School Professor and author of a forthcoming Yale University Press book, "Dollars for Life: The Anti-Abortion Movement and the Fall of the Republican Party Establishment," Mary Ziegler, said, "If you think it's polarized now, you haven't seen anything yet." If the Supreme Court really discards *Roe* and *Planned Parenthood v. Casey*, the 1992 decision partly upholding it, we will have two wildly different abortion regimes in this country." About half the states are expected to mostly prohibit abortion. According to the Guttmacher Institute, in 11 states there won't even be exemptions for rape and incest. Penalties in the 11 states prohibiting abortion vary widely from hefty fines or the suspension of a medical license. Mandatory minimum jail sentences can come into effect. Doctors and others could face significant prison time for performing or helping with abortions post-*Roe*. Under the Texas trigger ban anyone who performs, induces or attempts an abortion where "an unborn child dies as a result of the offence," is guilty of a first-degree felony—punishable by up to life in prison and up to a \$10,000 fine. Punishments may extend beyond people who abort pregnancies to charges against people who experience miscarriages and still births, use drugs during pregnancy, use in-vitro fertilization, use emergency contraception or who have an IUD implanted. In states like Idaho, Missouri and Kentucky, legal language exists that could force patients to testify against their doctor or romantic partner who helped them access the procedure.

Very likely there will be interstate battles because there's so little precedent for disputes between states with different abortion laws. The Washington Post reported that Senator Joni Ernst (R/IA) plans to introduce a bill to ban abortion nationally after six weeks when many do not realize they are pregnant. "You think we hate each other now? Just wait until the new round of lawsuits start," Professor Ziegler told Politico for a 5/6/22 report.

REVERSING ROE WOULD HARM MILITARY READINESS:

According to a 5/4/22 Defense One report, some two dozen states are expected to quickly enact laws that put safe abortions out of reach to many U.S. troops. They did not join to live in that state that denies abortion. “They chose to volunteer to sacrifice themselves for their country, but they didn’t volunteer to sacrifice their reproductive rights,” said Rachael Van Landingham who served as a Lieutenant in the U.S. Air Force. “This is something that men in the military don’t have to sacrifice. Why should women?” The Supreme Court’s decision to end Roe v. Wade potentially ends access to end a pregnancy for military women at the same time that cases of sexual assault in the military are on the rise.

Van Landingham spoke about a female officer deployed to South Korea. At the time she discovered she was pregnant, her commander would not grant her two weeks to get a legal abortion in the U.S. since abortions were illegal in South Korea then. Van Landingham was ordered to accompany the officer to a substandard medical facility in Seoul to get a “back alley abortion.” “It was shocking to me that this is what we are doing to service members. No one cared...it was abhorrent,” said the former Air Force Judge Advocate who is now a Southwestern Law School professor. “This isn’t occurring in South Korea now. This is going to occur in Texas.” Advocates worry making abortion illegal so widely and quickly could reduce military readiness. They are calling on Congress and the Pentagon to ensure a service member in Texas still has legal access to an abortion. But if the Supreme Court draft decision becomes official, troops will need to get a leave of duty approved, travel to another state and potentially incur other expenses such as a hotel stay. The increased burden could prompt women to “take matters into their own hands” and either seek out unsafe abortions or try to terminate the pregnancy on their own. If a woman from California where abortion is expected to remain legal, joins the military and is stationed in Georgia, her access to reproductive health care will be limited by her decision to join the military.

18 PA ABORTION BILLS PENDING IN HARRISBURG:

Rep Kathy Rapp (R/Warren), Majority Chair of the House Health Committee said G.O.P. legislators are prepared to advance “some of the strongest pro-life legislation in the history of our Commonwealth.” Most of the anti-abortion bills remain dormant in committee, but the outcome of the Mississippi case now before the Supreme Court could spur movement in the Republican-controlled General Assembly. As co-chair of the Pro-Life Caucus, Rapp asserted strong support to restrict abortion in Pennsylvania, “regardless if this leaked preliminary U.S. Supreme Court ruling signals that Armageddon for Roe v. Wade is at hand.” Republican Rep. Donna Oberlander (R/Clarion) and Senator Judy Ward (R/Blair) proposed the constitutional amendment confirming that there is no right to an abortion or abortion funding within Pennsylvania’s Constitution. According to Amal Bass, Director of Policy and Advocacy at the Women’s Law Project, the amendments are particularly concerning because they actually declare “that the policy of Pennsylvania is to protect the life of unborn children from conception to birth.” Contraception, miscarriage management and infertility treatment all “could be in peril if we’re drawing the line at conception,” Bass said. Governor Tom Wolf has already vetoed several bills restricting abortion during his two terms in office.

Attorney General Josh Shapiro, 2022 Democrat candidate for Governor, would maintain Wolf’s position on abortion, but Senator Doug Mastriano, Republican candidate for Governor, supports abortion bans when evidence of a “fetal heartbeat” is detected. Other bills include removing a pre-natal Down syndrome diagnosis as a legitimate reason for abortion and restrictions on public funding for abortion providers. There is a bill requiring pain medication to be administered to a fetus when abortions are performed beyond 12 weeks. Still another bill would declare a woman a child-abuser should her use of alcohol or controlled substances be detected in a new born. Lancaster.com reports that Pennsylvania House Speaker Bryan Cutler “would personally support” legislation to outlaw ALL abortions. “I’ve always been pro-life,” Cutler said. “I would support the right of the State to regulate abortion....I personally believe that life begins at conception.” In an earlier interview with the Lancaster Patriot, a conservative news outlet, Cutler was asked if he would support legislation that outlaws ALL abortion, and not just weeks to regulate it or limit it. Cutler said, yes. “If we get the opportunity to pass such legislation, I do think it would pass....What we need is a different Governor,” he stated.

### UNITED STATES ARCHIVIST RETIRES WITHOUT PUBLISHING THE EQUAL RIGHTS AMENDMENT:

"Want to protect the right to abortion? Pass the E.R.A.!" was the quote from Columbia Law School Center for Gender & Sexuality Law, published by Women's E-News 5/5/22. But retiring United States Archivist David Ferriero's decision not to publish the E.R.A. as part of the Constitution, prompted litigation that will outlast his tenure. His successor, Debra Steidel-Wall, will inherit the dispute. According to a 4/29/22 Bloomberg BusinessWeek report, Steidel-Wall, the Deputy Archivist, will serve as "Acting" Archivist until President Biden appoints Ferriero's successor. She is a career record-keeping professional having worked at the National Archives since 1991. E.R.A. Coalition President & CEO Carol Jenkins, said, "We've always understood this to be a fight on every single front." Archivist Ferriero told C-SPAN on two occasions that Justice Ruth Bader Ginsburg advised him to "start over" when it comes to the E.R.A. A statement by E.R.A. Coalition, president emerita Jessica Neuwirth said, "David Ferriero's comments to the press on his failure to publish the Equal Rights Amendment were greatly disappointing as well as inappropriate. It is not the role of the Archivist to make a determination on the validity of the E.R.A. ratification, once it has met the requirements of the Constitution, which it has. There is no discretion in his function, which is purely ministerial, as the D.C. District Court recently affirmed in its ruling on the case brought by three Attorneys General against him for his failure to publish the E.R.A. It has never happened that a constitutional amendment passed two-thirds of Congress and ratified by three-quarters of the states has not been published. Mr. Ferriero's failure to fulfill his administrative responsibility will go down in history as an unwarranted obstruction to recognition of the E.R.A. as the 28<sup>th</sup> Amendment." Hundreds of legal scholars have made it quite clear that an arbitrary deadline cannot stand in the way of ratifying an amendment to the U.S. Constitution, Carol Jenkins said. "We remain optimistic the Court will agree and require the Archivist to publish it."

### WORKING MOMS ON THE JOB DURING THE PANDEMIC:

One group of mothers—college graduates with babies and toddlers—became significantly more likely to work for pay than they were before the pandemic, according to findings reported in the New York Times (5/11/22). Harvard economist and leading scholar of women and work, Claudia Golden, concluded that gender was not the main differentiator in who lost work during the pandemic. Education was. For women as well as men, those without college degrees left work at twice the rate of college graduates. A major reason was that jobs requiring college degrees were much more likely to be done at home, probably because remote work gave couples more flexibility, including more child care from fathers.

As of March 2022, slightly more mothers of school-age children were working than they were in the March before the pandemic, a study of women ages 20-52 found. Researchers said they attributed this to American women's attachment to the labor market. They have hard-earned careers, built over time and central to their identities. They are increasingly primary breadwinners for their families. "The real story of women during the pandemic is that they remained in the labor force. They stayed on their jobs, as much as they could, and persevered," Professor Golden's data showed. Still, they were stretched thin—and many still are. People are still getting COVID and for some others, the reopening of schools gave them a chance to pause and realize how overwhelmed they were.

Working mothers' resiliency does not mean the pandemic and recession were not extraordinarily difficult for them. In April 2020—with the economy and schools shut down—the share of mothers actively working with school-age children at home dropped 22% from the year before. Women shouldered most of the burden of child care. They also disproportionately held the jobs that were lost during lockdowns, like child and elder care or waitressing. Black women without college degrees were hardest hit. They were over-represented in service and caregiving jobs and also more likely to get COVID or care for someone who did. Professor Golden said the labor force participation rate for women 25-54 in the United States stalled in the early 1990's at about 75% and has not changed much since. Now with schools reopened, fathers began doing less at home, Professor Golden's data shows. Many mothers fear that their careers have stalled and they they're unqualified for raises or promotions because of their split attention the last two years. They have been torn between being a good parent and doing their own jobs, an issue that predated the pandemic, but has been magnified.

SUMMER READING IDEAS:

“The NO CLUB” – Linda Babcock, Brenda Peyser, Lisa Vesterlund, Laurie Weingart – Simon & Schuster – (5/22)  
 This is a long overdue manifesto on gender equality in the workplace, a practical playbook with tips you can put into action immediately. “The No Club” offers a timely solution to achieving equality at work, unburdening women’s careers from work that goes unrewarded. This book helps working women say “no” to office chores, such as organizing a colleague’s retirement gift, tasks that offer no career benefit. Beware of tasks taken on that are critical to making workplaces function, but offer no career benefit. Research found that women are both asked more frequently than men to do such tasks and then say yes more often. At one professional-services firm, the authors found the median woman spent about 200 more hours per year than the median man on dead-end work.

“POLICING THE WOMB—INVISIBLE WOMEN AND THE CRIMINALIZATION OF MOTHERHOOD” -- Michelle Goodwin, Cambridge University Press (2/20). Chancellor’s Professor University of California Irvine School of Law. Drawing on contributions by scholars, civil society activists, a new cohort of female legislators at the state and federal levels and judges committed to women’s equality, Goodwin concludes that a Reproductive Justice Bill of Rights is needed. Goodwin calls for a “Reproductive New Deal.” She emphasizes that the United States Constitution ONLY recognizes people “who are born.” The 14<sup>th</sup> Amendment makes very explicit that citizens of the United States are people who are BORN, not people who are “unborn.” Goodwin commented that today legislators have “sought to basically strip away any form of human dignity, privacy, autonomy and equality from anybody who has the potential to become pregnant. We are largely talking about women and girls.”

## NFBPWC El Paso Texas West

**Executive Committee:**

Gloria Flores                      President

Whether you are in the area and would like to attend, just contact Laura Jurado (El Paso West secretary) for the address at laurajuradoa@yahoo.com (don’t miss the ‘a’ after jurado). We’ll be delighted to see you!

## NFBPWC Houston

**Executive Committee:**

To be announced.

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Houston>



## NFBPWC Paso Del Norte

### Executive Committee:

Lourdes Reynes                      President

For more information about this club, go to: <https://www.nfbpwc.org/Texas-Paso-del-Norte>

## NFBPWC Virtual Club

### Executive Committee:

Daneene Monroe Rusnak    President  
*Vacant*                              Secretary  
Leona Phillips                      Interim Treasurer

For more information, you can visit the website at: <https://www.nfbpwc.org/Virtual>  
Or email: [nfbpwcvirtual@gmail.com](mailto:nfbpwcvirtual@gmail.com)

By: Daneene Monroe Rusnak  
President, NFBPWC Virtual Chapter

NFBPWC is looking for your submissions for the next Magazine.

Send your submissions to Michele Guarino at: [Michele@ASecondOffice.com](mailto:Michele@ASecondOffice.com)

Submission Deadline for the July Magazine is Thursday, June 23<sup>rd</sup> at 5:00 pm Mountain Time

*DISCLAIMER: We reserve the right to reject any submissions that are not in line with the mission statement of The National Federation of Business and Professional Women's Clubs.*

@VestaBlueStudio

## Advertising Opportunities with NFBPWC

The Executive Committee has approved the following Advertising Opportunities in the NFBPWC monthly e-Magazine. Your targeted audience ... women who support women.

If you are interested in advertising your business in our monthly e-Magazine, please follow the following procedure:

**DEADLINES FOR SUBMISSIONS OF ADVERTISING** are 2 weeks before the end of the month.

*As an example, if you wish to advertise in the upcoming March e-Magazine, you must send your submission and payment on or before February 14, 2021.*

1. Submit your digital image to the Executive Committee as an attachment to: [ec@nfbpwc.org](mailto:ec@nfbpwc.org)

**Format requirements:** Static images only in JPG or PNG format. NFBPWC reserves the right to refuse any advertising that does not conform to our mission statement.

2. Submit the appropriate payment amount using the pricing schedule below by Zelle, Venmo, or PayPal to: [treasurer@nfbpwc.org](mailto:treasurer@nfbpwc.org)

You can submit a check, but this may cause a delay in your advertisement being approved if payment is not received before the deadline submission date. Checks are made payable to: "NFBPWC" and mailed to Deborah Fischer/NFBPWC, 748 North Downing Street, Denver, CO 80218.

If you are paying by check, I would also suggest that you email the [treasurer@nfbpwc.org](mailto:treasurer@nfbpwc.org) to let her know that the check is being mailed.

3. You will receive a response by the Executive Committee after they have reviewed your submission.
4. If your submission is accepted by the Executive Committee, they will forward your submission to the Newsletter Chair ([newsletter@nfbpwc.org](mailto:newsletter@nfbpwc.org)) for publication in the next monthly newsletter.

Here is our pricing per month for current NFBPWC Members:

- Full page \$85
- Half page horizontal \$50
- Half page vertical \$50
- Quarter page \$25

Here is our pricing per month for Non-Members:

- Full page \$100
- Half page horizontal \$65
- Half page vertical \$65
- Quarter page \$40

## National Federation of Business and Professional Women's Club's (NFBPWC) Advocacy Platform 2020-2022

NFBPWC will employ several education, advocacy, monitoring and tracking strategies to meet the following priorities:

The Alice Paul Equal Rights Amendment shall stand first and foremost above all other items of the advocacy platform until Equal Rights have been guaranteed in the United States Constitution – i.e. “Equality of Rights under the law shall not be denied or abridged by the United States or by any State on account of sex.”

### Economic Equity and Justice

- Access to pay equity and retirement equity
- Access to education, training and promotional opportunities
- Access to equal opportunities in the workplace and corporate boards
- Access to women business enterprise procurement process
- Access to quality, affordable dependent care (child, elderly or disabled)
- Access to funding and capital for entrepreneurial activity
- Access to affordable and attainable housing

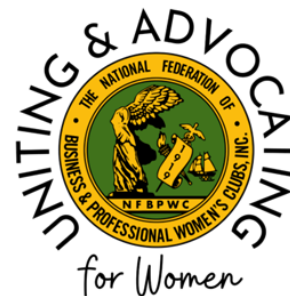
### Health Equity and Justice

- Access to affordable care
- Reproductive choice
- Paid sick leave
- Family and medical leave
- Equal research funding for women's and girl's health issues
- Health education funding for women's and girl's health issues
- Health education funding for women and girls
- Prevention of pregnancy and infant care discrimination in the workplace (reasonable accommodations for breast feeding/breast pumping and pregnancy related conditions)
- Ensure workplace safety
- Expansion of mental health coverage and services

### Human Rights – recognition that women's rights are human rights

- Passage of the Convention on the Elimination of All Forms of Discrimination Against Women (CEDAW)
- Ratification of the Equal Rights Amendment (ERA)
- Eradicate Domestic Violence and the Electronic and Physical stalking, sexual harassment, sexual abuse and discrimination
- Support universal background checks for all firearm purchases
- Reinstate the Violence Against Women Act
- Oppose human trafficking, sexual exploitation and slavery
- Equal education opportunity
- Support equal rights for LGBTQ+ persons
- Support equal treatment of and end discrimination against BIPOC (Black, Indigenous and People of Color), minority, and marginalized women
- Support policies and practices that promote environmental sustainability
- Support the endeavors of and improve conditions for military-affiliated women
- Support equitable treatment of any women who are arrested, detained or incarcerated.





Since 1919, the National Federation of Business and Professional Women Clubs, Inc. have been working to empower women through our mission to develop the professional, business and leadership potential of women at all levels.

The National Federation of Business and Professional Women's Clubs (NFBPWC) is a 501(c)(3), member-driven and member-led organization dedicated to empowering women to reach their full potential in the workplace, with equal participation in power and decision making roles.

We are an affiliate of the International Federation of Business and Professional Women, which spans across five regions and 100 countries throughout the world. BPW International has consultative status at the United Nations with members serving on various United Nations committees globally.

NFBPWC takes action to achieve women's equality in social, economic, community and legislative terms. By developing policy, collaborating on projects and advocacy, NFBPWC strives to obtain equal rights, equal pay, equal representation, equal opportunities and safety for women.

## Our NFBPWC Heritage



Dr. Lena Madesin Phillips,  
A Founder of NFBPWC;  
Founder of BPW International

*"Each woman, as a citizen, must bring to the national policy of her own country, the contribution of forward-looking and constructive thought followed by determined actions. Each woman must dedicate herself to protect and promote the interests of all other women in business and the professions."*

## Our Ambitions

### ***Equal participation of women and men in power and decision-making roles.***

- Take professional responsibility on all levels in the economy, politics and society.
- Think and act locally, nationally and globally.
- Engage in networking and mentoring programs.
- Continuous development of personal and professional skills through the Lifelong Leadership and Learning© Program.
- Develop the professional, business and leadership potential of all women.
- Work cooperatively with the United Nations and other national and international organizations.

## Incredible benefits available to leaders, members, and affiliate organizations for less than \$4\* per month per member!

### Benefits of Affiliation

- Dedicated Board of Directors working to achieve the mission and goals of NFBPWC while supporting a member-based organization.
- Connection to a network of hundreds of women nationally and over 30,000 women internationally in 100 countries.
- Opportunity to be part of an organization that has over 100 years of legacy and strength supporting it.
- Leadership opportunities locally, regionally, nationally, and globally.
- National support through a coordinated digital communication platform: social media, email, website, video conferencing, and monthly e-magazine.
- Opportunity to help envision and create our mutual goals for the next century.
- Connection with other leaders locally, nationally and globally.
- Dedicated Executive Committee with the goal of seeing the organization and its members succeed.
- Platforms and leaders that support membership growth and brainstorm for recruitment.
- Programming for members available digitally every month.
- Access to a national 501c3 parent organization and guidance in creating localized nonprofit status.
- Planned events for members that empower and inspire advocacy for women worldwide through education and information.
- Support and guidance for documents and procedures needed to run an effective, efficient, and thriving organization.

### Individual Benefits

- Cultivate worldwide friendships in one of the original women's networking organizations.
- Formal Lifetime Leadership and Learning (L3) personal and professional growth education programs.
- Formal Mentoring Program.
- Business networking opportunities to market and support your own business and professional services.
- Access to the Young BPW Program (age 18-35) that is supported both globally and nationally.
- Access to Student Membership opportunities.
- Business opportunities for partnering and procurement, nationally and globally.
- Member Spotlight in the e-magazine, website, and social media platforms.
- Members-Only Directory supporting members and their organizations.
- Participate in the United Nations System worldwide through the Commission on the Status of Women and other programs annually.
- Advocate for women's issues on a local, national and global level.
- Access to programming through digital platforms on a monthly basis.
- Invitation to attend the Biennial General Assembly for NFBPWC, the Triennial Congress for BPW International, Regional BPW International Conferences and the BPW International Leaders Summit.
- Informative monthly e-magazine that compiles our efforts across the globe and empowers members through education.

\*Membership dues are less than \$4 per month, per member for a total of \$45.75 each year (30€ to BPW International). This amount does not include dues to local organizations (club/chapter and affiliate/state), which are determined by each organization.

Please see specific organizations within NFBPWC for more information on their dues structure by visiting

[www.NFBPWC.ORG](http://www.NFBPWC.ORG)



## LADIES, YOUR HEALTH IS IMPORTANT!

The **Good Health Program** was designed to help NFBPWC members and their families save on costly health care and wellness expenses. Enjoy discounts on telemedicine, vision, dental, prescription drugs and more!



**Good Health Program** makes it easy to save money on the care you need. As a member, you can save 15% to 50% on your prescription medications along with vision care savings of 15% off contact lens exams. You'll also see dental savings of 20% to 50% off most dental procedures. Plus, as an added bonus, plan members will receive virtual access to round-the-clock doctors and mental health professionals. Sign up for the Good Health Program today and start saving!

### GOOD HEALTH PROGRAM FEATURES:



Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings and more



Direct access to state-licensed and fully credentialed doctors, via phone or video consultations



Save on eye exams, contact lens exams, glasses and more



Access to mental health assistance from licensed counselors via virtual or telephonic counseling sessions



Save on generic drugs and brand name prescriptions

See the reverse side for more plan information.



## What's Included in this plan?

### Telemedicine

DialCare Physician Access is a modern, easy-to-use telemedicine solution for non-emergency illnesses and general care. Members and their families have direct access to state-licensed and fully credentialed doctors, via phone or video consultations, to receive treatment and advice for common ailments, including colds, the flu, rashes and more.

### Mental Wellness

DialCare Mental Wellness is a program designed to provide safe, secure and private means of seeking mental health assistance from licensed counselors via virtual or telephonic counseling sessions.

**A consult fee of \$70.00 applies to all consults.**

### Dental Care

Save 20% to 50% on most dental procedures including routine oral exams, unlimited cleanings, and major work such as dentures, root canals, and crowns through one of the largest dental networks nationally with a focus on neighborhood dentists.

### Vision Care

VSP Vision Savings Pass is a discount vision program that offers savings on eye care and eyewear. Members receive Exclusive Member Extras and special offers in addition to access to discounts through trusted, private-practice VSP doctors on eye and contact lens exams, glasses, and sunglasses.

***This plan is not insurance.***

*Not available in WA.*

### Prescriptions

Members are entitled to prescription savings from 15% to 60% off the retail price of generic drugs and from 15% to 25% off the retail price of brand name drugs at over 62,000 participating pharmacies nationwide.

## Plan Options

 **Member Only**  
\$16.00 / month

 **Member + 1**  
\$20.00 / month

 **Member + Family**  
\$25.00 / month

Use Promo Code **NFB10** for 10% off retail rates.

To learn more about how you can get started today, visit  
**[nfbpwc.solutionssimplified.com](https://nfbpwc.solutionssimplified.com)** or call us at **(855) 335-2255**.

**Disclosures: THIS PLAN IS NOT INSURANCE and is not intended to replace health insurance.** This plan does not meet the minimum creditable coverage requirements under M.G.L. c.111M and 956 CMR 5.00. This plan is not a Qualified Health Plan under the Affordable Care Act. This is not a Medicare prescription drug plan. The range of discounts will vary depending on the type of provider and service. The plan does not pay providers directly. Plan members must pay for all services but will receive a discount from participating providers. The list of participating providers is at [nfbpwc.solutionssimplified.com](https://nfbpwc.solutionssimplified.com). A written list of participating providers is available upon request. You may cancel within the first 30 days after effective date or receipt of membership materials (whichever is later) and receive a full refund. Discount Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034; phone 800-441-0380. This plan is not available in Vermont or Washington.

